2021 ACCOMPLISHMENTS

11 complex cases referred

15 stoma reversals to address backlog

1 maintenance of plumbing system completed at Kabudula Community Hospital

160 general surgeries

14 Kabudula Community Hospital staff given hands-on training

194 adolescents living with HIV and their guardians reached through Hope at Home

7 surgical camps

5 oxygen cylinders refilled

1,000+ clients served
PROGRAM OVERVIEW

SURGICAL CARE

We conduct surgical camps, staffed by local medical professionals, to connect patients with care.

PATIENT SPONSORSHIP

We cover the costs and handle the coordination of care for patients with complex cases.

CAMP HOPE

Camp Hope provides a fun, supportive environment for youth living with HIV.

THANK YOU TO OUR PARTNERS

Malawi Ministry of Health
Kamuzu Central Hospital
Lilongwe District Health Office
Kabudula Community Hospital
The global COVID-19 pandemic devastated an already overburdened health system in Malawi. Apart from the disease burden of COVID itself, other aspects of the health system suffered due to movement restrictions and funding cuts. Regular public health programs were canceled, some donor countries withdrew support, and organizations were heavily affected by COVID. During 2021, AHA focused on initiatives aimed at helping the health system catch up after COVID setbacks, such as addressing surgical backlogs and expanding access to treatment in rural areas.

*numbers impacted by COVID-19

### OUR MISSION

Improving access to quality health services, education & resources through community-driven initiatives in Malawi.

### OUR STRATEGY

- Provide specialty surgical services
- Remove barriers to care
- Train & support healthcare workers
- Invest in the community
PATIENT DEMOGRAPHICS

- 122 adults
- 5 children
- 12 teens
- 12 elderly
- 120 pre-booked
- 40 walk-in
- 76 female
- 84 male

the Kabudula Community Hospital Team
COMPANY OBJECTIVES

10% INCREASE

PROGRAM STATISTICS

WHERE DO PATIENTS COME FROM?
45% Kabudula catchment area
43% Kabudula community
12% Outside catchment area

TYPES OF PROCEDURES
123 mass removals
13 hernia repairs
12 hydrocelectomies
7 thyroidectomies
2 vaginal polyp removals
1 extra finger removal
1 hemorrhoid
1 parotid cyst excision

HANDS-ON TRAINEES
6 Theater Nurses
3 Clinical Officers
3 Theater Attendants
2 Anesthetists
Melesia is an eight year old child who had a large abdominal mass causing her health to deteriorate. Neither her parents nor doctors knew the best course of action. AHA paid for a CT scan which provided more detailed information to surgeons so they could develop the best treatment plan. The mass was removed in May 2021 and biopsy results came back noncancerous. Melesia is home and doing well.

Melesia's care cost $750.

David and Coleta are two children who suffered from eye masses that required multiple surgeries. Both completed their treatment plans in January 2021. Since then, they both returned to school and their families appreciate the ongoing support they received through our sponsorship program.

Coleta's care cost $580.

David's care cost $250.

Liznet had a large goiter which was making it difficult for her to breathe, swallow, complete her daily activities, and take care of her children. Believing her condition was the result of witchcraft, Liznet's husband left her a single mother. After many months of thyroid medication and testing in preparation for surgery, she had the goiter removed in April 2021. Liznet has made a full recovery, started her own business, and become a leader in her community farming cooperative. She frequently visits AHA and refers other patients to the organization.

Liznet's care cost $625.
"I AM VERY THANKFUL FOR THE PROGRAM'S HELP"

-Kabudula patient

"Being a student, I have been experiencing a hard time at school due to pain because of this problem. I believe now I will be able to work without any challenge at school and home as well."

-hernia patient

"Having this problem for more than six years is untellable. I have experienced a lot of challenges, especially when I am doing household chores because of the weakness of my right hand being. I am very happy to receive this kind of treatment because I will be able to do work without any problem or challenge."

-Kabudula patient
2022 PREVIEW

- Strengthen partnership with Ministry of Health and Lilongwe District Health Office, both of which have committed to increasing their material support for AHA programming.
- Host additional surgical camps in partnership with Kamuzu Central Hospital and Kabudula Community Hospital.
- Continue patient sponsorship for those with complicated cases that require referrals.
- New trainings for Kabudula Community Hospital staff to develop local capacity and minimize need for referrals.
- Assess and secure maintenance of all operating tables at Kamuzu Central Hospital to ensure all are usable.

ANNOUNCEMENT

In 2021, AHA hosted its last Camp Hope-related activities. AHA will continue our focus on providing direct health services to our partner communities and are pleased our Camp Hope partners will continue to host quality programming for youth living with HIV in Malawi.

ZIKOMO!

THANK YOU FOR YOUR CONTINUED SUPPORT!