

REGISTRATION OPTIONS

Please, mark your choices!

Session I: June 5-9

Full Week (Half or School Day)

10am-12:30pm, \$175/\$200nm

12:30pm-3pm, \$175/\$200nm

10am-3pm, \$285/\$310nm

Individual Days (Half or School Day)

10am-12:30pm, \$40/\$45nm

12:30pm-3pm, \$40/\$45nm

10am-3pm, \$65/\$70nm

Total Number of Individual Days: _____

Dates (Please, List): _____

Session II: August 7,8,9

Individual Days (Half or School Day)

10am-12:30pm, \$40/\$45nm

12:30pm-3pm, \$40/\$45nm

10am-3pm, \$65/\$70nm

Total Number of Individual Days: _____

Dates (Please, List): _____

nm = Non-Member Rate

Additional Family members
receive a \$25 discount per week of
School Day Training.

Blackbelts receive 50% off
Day Training Rates,
not to be combined with other
discounts.

Registration and Payment

Enrollment is subject to availability and is on a first-come, first-served basis. ABK reserves the right to close registration or extend the deadline depending upon enrollment.

Please, register early to avoid the waiting list, as space is limited.

Day Training fees are not refundable.

Day Training is open to non-ABK students, your siblings and friends are welcome to sign up!

If you need any additional information about the program, please contact us:

America's Best Karate
of Danville

phone# (925) 838-3820

email: info@abkdan.com

321 Hartz Ave, Suite 4

Danville, CA 94526



MARTIAL ARTS ACADEMY

DANVILLE, CA

EST. 1993

SUMMER
DAY
TRAINING
2017

June 5-June 9
August 7,8,9



Our Goal

Day Training aims to provide a fun and safe environment for children of all ages to begin learning or supplement their martial arts skills.

The summer day training allows participants to have a very personal experience with their instructors and peers, a quality time, filled with games and activities aimed at improving physical and mental skills. While working on teamwork and personal accountability, students will strengthen their discipline and self esteem.

The summer day training is a motivational and valuable experience for students aged 4 to 14.

PARTICIPANTS RECEIVE CLASS CREDITS!

Each day of Summer Day Training will be marked as a class credit on your PT card.

Activities

Daily activities will include Curriculum Training, fun Martial Art Games, Self-Defense classes, Martial Arts History and Culture. Learning about foreign cultures and their contribution to the Martial Arts helps students better understand the Arts' origins and philosophy.

Special games will emphasize martial arts skills including balance, timing, speed and conditioning. We create an environment which fosters social growth, teaches leadership skills for advanced belts and helps students learn martial skills for testing preparation and for life.

What to Bring

Active students are expected to wear comfortable clothing and belt - a uniform tshirt and pants are preferred.

We require full day campers to bring a healthy lunch and plenty of water.

After lunch, we provide a quiet time when campers can read and relax, therefore bringing a book is required.

Registration Form

Student Name: _____

Sex: Female _____ Male _____

Age: _____

Current Belt Rank: _____

Parent Name: _____

Address: _____

Cell Phone () _____

Email _____

Emergency Contact & Phone Number:

Physician's Name & Phone Number:

Special Medical or Other Notes:

I hereby authorize the staff of ABK of Danville to act for me according to their best judgement in any emergency requiring medical attention, and hereby waive liability for any injuries or illness incurred while participating in activities at ABK of Danville. I authorize ABK of Danville to publish photographs taken of myself or the participant for use in print, online and video-based marketing materials, as well as other company publications and I understand that I will not receive any financial compensation. I hereby release and hold harmless from any reasonable expectation of privacy or confidentiality associated with the images specified above. I have read and understood the terms and conditions outlined in this brochure, including the cancellation policy.

Date: _____

Signature: _____

Print Name: _____

(Parent or Guardian)

