Jaemin is an Author, Tedx speaker and life coach. He is the founder of the Insecurity Project and specialises in helping ambitious people experience deep change so that they are able to overcome internal limitations and have the life they desire.

He is widely recognised as one of Australia’s leading life coaches and one of the trusted voices globally in dealing with personal insecurity.

He is also the voice behind the popular ‘One minute coach’ radio segment featured on stations all around Australia. He is also the author of “Elegantly simple solutions to complex people problems”, and soon to be released “Deep change – experience deep change so that they are able to show up at their best where it matters most.”
THE INSECURITY PROJECT
The project is aimed at ending the unnecessary suffering caused by unaddressed insecurity by providing a clear, complete and intelligent solution to this universal problem.

PODCAST - THE ONE MINUTE COACH
Short, sharp, and powerful personal development content that is not just adding to the noise.

BOOK - ELEGANTLY SIMPLE SOLUTIONS TO COMPLEX PEOPLE PROBLEMS
Jaemin Frazer has spent years helping people with ‘complex’ problems. This book is the culmination of his observations and discoveries around patterns of human behaviour and the core issues that drive dysfunction.

TEDx
Description here
SPEAKING TOPICS

- How to gain an unfair advantage in any area of life
- Entrepreneurs at their best where it matters most
- To solve the purpose problem, you have to solve the insecurity problem first (TEDx)
- The 7 essential practices for overcoming insecurity
- Why self discipline is massively overrated
- Deep change, how to improve the quality of your life for good

BRANDS JAEMIN HAS WORKED WITH

![Dent](Dent.png)  ![W](W.png)  ![ANZ](ANZ.png)  ![RSM](RSM.png)

![bec](bec.png)  ![Australian Institute of Project Management](AIPM.png)

JAEMIN HAS BEEN FEATURED ON THESE PODCASTS

- The Property Couch
- The Wellness Couch
- The Next 100 Days
- The Business of Podcasting
- Flying Solo Podcast

WWW.JAEM INFRAZER.COM
“Jaemin’s presentation at the Dent Global ambassadors retreat had a powerful impact on everyone in the room. He delivered profound, heartfelt insights from personal experience. His passion for his craft and genuine desire to help others move past their insecurities so they can truly make an impact in the world, is second to none.

I truly admire Jaemin and cannot recommend him highly enough.”
- Zara D’Cotta, doTERRA Leader, Founder & Speaker

“Jaemin is a very gifted and powerful speaker. It is instantly clear that he speaks out of a depth of knowledge and experience that is incredibly rare in the personal development space. His content is sharp and dynamic and definitely flows out of the overflow of his own journey. He is definitely smoking what he is selling!”
- Mike Clark, DENT Global leader, Author, Entrepreneur

For the record, Jaemin has transformed my life through the coaching process. What he offers is world class. He has equipped me with the tools and frameworks necessary to not only deal with my own insecurity and make effective and lasting change, but also how to relate better to others and show up at life at my best in the areas that matter.
- Bryce Holdaway, Podcast Host, Author & Partner at Empower Wealth