



# CRIS POPP

## SPEAKER FACILITATOR TRAINER

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**DEVELOPMENT**

Cris Popp is an experienced facilitator, trainer and speaker. He specialises in change management, innovation, resilience, communication and leadership. He is particularly interested in how advances in positive psychology can help create high-performing, collaborative and resilient workplaces. Beside his own consultancy Cris works with Melbourne Business School and the Australian Institute of Management to provide the best professional development programs in Australia.

He has used his skills to help groups resolve conflict, build team-work and make good decisions. Cris also delivers leadership, resilience, stress-management and wellbeing. He advises organisations on how they can make their change initiatives successful, and create a culture that is productive, innovative, engaging and low-stress.

Cris has worked in both the public and private sector including as a business change manager, innovation facilitator, editor, online project manager, ABC journalist, and copywriter. He completed his Masters on innovation and maintains a keen interest in workplace creativity. He's also part of a small start-up commercialising two new products to help sufferers of Alzheimer's' Dementia and Depression.

Cris' recent speaking appearances include: The Mind and its Potential; Happiness and Its Causes; Hargraves Innovation Conference; Sustainability Conference and others. His media mentions and interviews include ABC and Channel 10 news, BRW and the Financial Review. His clients include: ANZ, Honda, NatRoad, NAB, Victoria Police, LinFox, Deloitte, Australian Defence Force, Victoria University, CQU, Cardno-ACIL, Air Services Australia (ASA), IAG, ComCare, NIA, Holden, Lend Lease, Red Cross, Victorian Government (various departments), Worksafe, Oracle, local government, Sodexo, Entertainment Publications, Telstra, Roche, Clinect and Kordia.

Cris is passionate about helping participants reach their full potential and have a really enjoyable and worthwhile experience. He couples in-depth knowledge with practical workplace examples. He uses an engaging array of adult learning methods including Neuro-Linguistic Programming (NLP), Mind Maps®, lateral thinking, improvisation and decision-making techniques. A training session with Cris is energising, highly effective, great fun and guaranteed to be invaluable to participant and organisation alike.

*M.Ecom. (Deakin); B.Com. (Hons Innovation, Deakin); Cert IV (Assessment & Workplace Training, AAT); Grad Cert NLP (Inspirative); Dip.Arts (Professional Writing and Editing, RMIT); Dip.Mgt (FMI); Dip.Bus. (FLM in Advanced Group Facilitation, GIA).*