FITNESS ON THE FARM
Join Jane, our Microgreens Manager and fab fitness instructor for a holistic workout class on the roof! This class is a fusion of yoga and HIIT- a total body workout focused on strength-based bodyweight exercises. Shaped within a 45 minute all-levels practice, the beauty of nature will inspire us to connect to our breath, to root down and rise up, to notice the details and celebrate the expansive. BYO yoga mat, props and water.
Duration: 1 hour
Registration: starts at $500 per class (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50

ABOUT JANE SCRUGGS
Originally from Little Rock, AR Jane has spent the better part of the past decade diving into the world of horticulture and urban agriculture. After enrolling in the horticulture certificate program at the New York Botanic Garden, Jane couldn’t wait to get her hands in the dirt, so she started volunteering at the Edible Schoolyard. There she found a mentor and a space to test out everything she was learning in her classes at NYBG. Shortly thereafter, Jane took a position as an Americorps with New York Restoration Project where she gained invaluable knowledge of native plants and trees. But quickly Jane realized her true calling was in growing food and she worked a full season on an organic vegetable farm in NC. After completing the Farm School NYC certificate program, Jane found her way to us as a seasonal farm crew member and has since come on board as our Microgreens Manager and workshop instructor. In her spare time, Jane can be found volunteering at the Kelly Street Community Garden near her home in the South Bronx, growing food and giving it away to community members, doing yoga, or playing with her cat Chloe.

YOGA
Loosen up with Chelsea Moore, our favorite in-house yoga teacher! Shaped within a 60 minute all-levels practice, the beauty and wisdom of nature will inspire us to slow and find a deeper breath, to root down and rise up, to notice the details and celebrate the expansive. Class will begin with a brief centering, a collection of ourselves in breath and space, and will gently evolve into a flow of movement and meditation. In community, we’ll move, breathe and connect to our inner and outer landscapes.
Duration: 1 hour
Registration: starts at $750 per class (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50

ABOUT CHELSEA MOORE
Chelsea hails from Placerville, California, a small town at the base of the Sierra Foothills. She spent her youth chasing ladybugs in her family’s garden and splashing in the rivers of the deep forests of Northern California. When she became old enough to work, she found jobs in the fair industry, planning local non-profit agricultural and arts events. Chelsea moved east to study at Fordham University, and in between classes, she would make a beeline to the New York Botanical Garden, reveling in the beauty and fresh air. After a stint in corporate fashion, she began searching for a career that gave her the sense of community building she had felt working in fairs. When she’s not at the farm, sharing her passion for sustainable living with the thousands of visitors she hosts each season, she’s usually at the Greenpoint yoga studio she manages, studying to become a yoga instructor and spreading the gospel of holistic and sound healing.
NOT-SO-BASIC INDOOR PLANT 101

We believe that plants can help improve happiness and calm in your life, while brightening up your indoor spaces, which is especially important now that many of us are spending most of our time at home. So we’d like to help you grow your indoor plant knowledge! There are endless possibilities with indoor spaces. We’ve designed this workshop to walk you through the basics and not so basics to get you started on creating and maintaining your own thriving indoor plant paradise! Will Axelrod, our Head Gardener and indoor horticultural specialist, will teach you everything you need to know about soil, light and watering needs for your indoor garden. We will examine what conditions are favorable for different types of plants, their care requirements, and steps for addressing common challenges. We’ll also discuss varied propagation techniques from stem and leaf cuttings to division.
Let’s keep greening the city one windowsill at a time!

Duration: 2 hours
Registration: starts at $750 per class (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50

ABOUT WILL AXELROD
A born and bred New Yorker, Will believes greenery is as important to NYC’s culture as bagels and corner delis. At Skidmore College, he majored in finance hoping to become a slick wall street executive, but as the strain on the environment weighed on him, he found a job with a local landscaper and was immediately hooked. Since then he has worked for New York Restoration Project maintaining 15 community gardens in underserved neighborhoods in Brooklyn and Queens, as well as several for-profit landscape companies; versusing him in many styles of urban gardening. At Brooklyn Grange, Will is able to combine his passion for sustainability and ecologically minded landscaping while building a system that help his team feel fulfilled and grow. When he’s not gardening, you can find Will biking the loop in prospect park, sneaking food into Film Forum, or swimming on Rockaway Beach.

INTRO TO BEEKEEPING

Did you know that all of the worker bees are female? How can you tell a queen bee apart from the others? Have you ever wondered what honey bees do during the colder months? Get your answers to these questions and much more at the winter introduction to beekeeping with our in-house Beekeeper. It’ll leave you buzzing with excitement! Inside the warmth of our indoor loft classroom, Geraldine will provide you with a crash course in apiculture, walking participants through a brief history of beekeeping, the beekeeper’s calendar, and the special challenges of keeping bees in an urban setting. This workshop is perfect for those of you who are considering beekeeping for the first time and want to learn more before bee season is in full swing!

Duration: 2 hours
Registration: starts at $750 per class (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50

ABOUT GERALDINE SIMONIS
2019 will be Geraldine’s fourth season in the hives. In addition to her work with Brooklyn Grange, Geraldine has been assisting her friend and mentor Tom Wilk of Wilk Apiaries, maintaining hives throughout Queens. Geraldine is an active member of the NYC beekeeping community, dedicated to furthering research and awareness of urban bees. She is a voracious reader and committed learner, which is critical in the urban beekeeping environment, where new challenges, developments and findings are revealed each year. When she doesn’t have her hands in a hive, she can be found exploring the city’s parks and waterways or at a local brewery, connecting with her Belgian roots.
A CONSCIOUS KITCHEN

Green your kitchen, learn how to reduce waste and get more bang for your buck from your purchases with Brooklyn Grange co-founder, Anastasia Cole Plakias. Reducing the carbon footprint of your home begins in the kitchen! In this workshop, we’ll walk through how to assess your home kitchen for opportunities to minimize waste, saving you money and opening up a world of delicious possibilities. We’ll go beyond the usual carrot top pesto, so you come away with concrete ideas for how you can realistically make practical changes to your day-to-day habits that will have a meaningful impact on the amount of waste you generate, and change the way you think about what’s in your fridge.

Duration: 2 hours
Registration: starts at $750 per class (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50

ABOUT ANASTASIA COLE PLAKIAS

A passionate and outspoken crusader for urban agriculture, Anastasia spent several years working in corporate hospitality before her desire to make a more meaningful contribution to the food system led her to co-found Brooklyn Grange Rooftop Farm. As COO, her focus is on operating the business with a deep commitment to its triple bottom line mission, and creating strong and meaningful connections between the farm and the communities it serves. In 2011, Anastasia co-founded the farm’s non-profit sister organization, City Growers. She is the author of the award-winning book, The Farm on the Roof: What Brooklyn Grange Taught us About Entrepreneurship, Community, and Growing a Sustainable Business. A native New Yorker, Anastasia is dedicated to making the city that raised her a greener and more sustainable place to live.

PLANNING AN URBAN VEGETABLE GARDEN

Director of our Design/Build Department, Cecelia de Corral teaches you how to grow the most veggies from your small city plots! It’s time to get your plans together for that garden you’ve been dreaming of! Cecelia will take you through the early decisions to make, so you’ll have all of your ducks in a row as the days start getting longer and warmer. Will you need to do some construction? The class will start with discussing different types of planting boxes, and ways to work around different opportunities, sun exposures, etc. Then we’ll briefly discuss soil, potting mix, and fertility, seeds to start stocking up on, and the best places to purchase what you need. Next we’ll discuss planting schedules, timing for different crops and crop varieties. Each attendee will make a diagram of their own plots, and share with like-minded urban gardeners. We’ll discuss different layout strategies, best ways to plan for the cycles of the season, how to succession plant, and get the most flavor, quality, and fun from your garden this summer!

Duration: 2 hours
Registration: starts at $750 per class (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50

ABOUT CECELIA DE CORRAL

Following the receipt of her BFA at Parsons New School for Design, Cecilia “Ceci” de Corral worked for several non-profit organizations, and, fueled by a passion for arts and education, co-founded Arts in Parts, an education hub geared towards reinvigorating community youth post-Hurricane Sandy. Her search for ways to incorporate food independence in the community led her to Brooklyn Grange in 2014 and she has since grown to become the Director of our Design/Build department. By partnering with local growers, her designs aim to include as many native plants as possible, creating beautiful and healthy landscapes. The work plays an active role in educating the community on not only the benefits of green roofs, but also the importance of activating spaces with non-invasive plant species that may serve wildlife for years to come. Ceci oversees the amazing team that manages all off-site, client-based projects, from green roof construction, to indoor plant installations, to the maintenance of various sites across our city and the BG OSHA certification. She has co-taught Green Roof Ecology at The New School annually since 2016, facilitating conversations around local plant and wildlife communities. When she’s not onsite she can be found baking bread or quilting.
VIRTUAL FARM TOUR

Led by one of our dynamic, knowledgeable guides, our Virtual Tour of our Brooklyn Navy Yard location offers an overview of Brooklyn Grange with time built in for Q&A. This experience captures the many sights, sounds, and motions of the farm. Perfect for curious community members, those interested from abroad, college and graduate-level student groups, and/or enthusiastic green thumbs! It’s the closest thing to an in-person visit—by the end you can almost smell the basil!

Duration: 1 hour 15 minutes
Registration: starts at $250  (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50

VIRTUAL FARM TOUR WITH 30 MIN FOUNDER Q&A

Led by one of our dynamic, knowledgeable guides, this tour offers an overview of Brooklyn Grange with extra time built in for Q&A with one of the three founders. Depending on the group’s specific interests, Anastasia, Ben, or Gwen will lead the group in a post-tour conversation to answer questions pertaining to subjects like our business model, the agricultural peculiarities of growing atop a building, or green roof design. Perfect for those who are interested in a specific aspect of Brooklyn Grange or just want a deeper dive into the operations.

Duration: 1 hour 45 minutes
Registration: starts at $350  (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50

VIRTUAL FOUNDER’S PRESENTATION

A Founder’s Presentation provides an intimate, first-person account of our vibrant rooftop farming business. Learn about the installation process of our farms, examine what it takes to operate a healthy commercial urban farming business model, and explore the social and environmental benefits of rooftop farming. Be sure to let us know if there’s an area of the business or industry at which you’d like to take a deeper look, such as the agricultural particulars of growing plants in engineered media, how green roofs are changing the urban landscape, or the challenges of balancing a triple bottom line.

Duration: 2 hours
Registration: starts at $750  (sliding scale for nonprofits and grassroots organizers)
Capacity: up to 50