

DRINKS

coffee

	s	m	l
black	4.0	4.5	5.0
white	4.0	4.5	5.0
soy/almond	plus 50c		
decaf	plus 1.0		
iced coffee/chocolate			6.9

tea

wide range of hand plucked teadrop teas			
pot or takeway			4.5

besa juices

orange	300ml	4.0
pineapple	300ml	4.0
apple & strawberry	300ml	4.0

san pellegrino

sparkling/still	250ml	4.0
chinotto	375ml	4.0
limonata	375ml	4.0
rosso	375ml	4.0

why not take a seat and enjoy a cheeky beer or glass of vino... you know you want to...

mensa SALADS

our salad ingredients are locally sourced and grown with love.

step #1 – choose your salad

- garden** – leafy greens. tomato. cucumber & other garden deliciousness
- vegetable** – a selection of roasted seasonal vegies
- pulse** – beans, chickpeas, quinoa, mint & other nutritious delights
- mensa special** – ask us what chef has created today

step #2 – choose your protein

- chicken
- tuna
- prosciutto

salad 8.9
+ protein 11.9

mensa WRAPS

our wraps are made using caputo flour. the most superior on the market.

step #1 – choose your wrap

- hummus.** pickled red onion. baby spinach. capsicum
- sautéed mushrooms.** rocket. fetta. artichoke
- baby spinach.** pesto. tomato. grilled zucchini
- mensa special** – find out about todays wrap magic

step #2 – choose your protein

- chicken
- tuna
- prosciutto

wrap 8.5
+ protein 11

BREKKY

bircher muesli - infused with chai & apple. served with blueberries 8.9

brekkie wrap – scrambled eggs. pancetta. baby spinach. tomato relish 8.9

MORE SAVOURIES

mensa soup - with crusty bread. check the blackboard 8.9

mensa pasta – ask us for today's pasta special 12.9

SOME SWEETS

anna's treats- a selection of tasty cookies, cakes & baked goodies 3.0 - 6.0

pastries - a variety of crossiants & other pastries 7.9

mensa

www.pranzo.com.au



pranzorestaurant
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