



The triumphant Team Australia who recently competed at the recent 2016 World Championships in Malmo, Sweden. (Photo Credit – CG Sports Photography)



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Skipping Australia

March 2017

2017 National Championships

Get ready, its almost here!

The 2017 National Rope Skipping Championships is fast approaching! Lock 16-18 September 2017 into your calendars with the venue being the Carrara Indoor Sports Stadium at Broadbeach Road, Nerang, Gold Coast, QLD. Skipping Queensland will host the event.

The Program of Events is planned to be distributed a month prior to the event. There is lots of parking, accommodation and events in the surrounding areas. Clubs please provide us with where you are staying and Skipping Australia will investigate if we are in a position to assist with transportation to and from the venue and accommodation locations.

Invite your friends and family to come and support us, we will have a coffee vendor on both days so there will be lots to see.

SA New Contact

We have established new ways to make contact with the committee, please use the following;

- President@skippingaustralia.org.au
- Vicepresident@skippingaustralia.org.au
- Treasurer@skippingaustralia.org.au
- Secretary@skippingaustralia.org.au
- Admin@skippingaustralia.org.au
- Music@skippingaustralia.org.au

These account are up and running now, so please feel free to use them

New SA Rules!

As discussed as an agenda item at our recent AGM, SA needed to conduct a holistic review of our Rules to ensure compliance and alignment with FISAC. This activity, with representation from our expanded Rules Sub Committee, has now completed and the document is in final review before being published for all Clubs and Groups. The document will be posted to our Website and sent to all Club contacts. Please find the time to read this document and be aware of its contents; it has taken hundreds of combined hours to review and update it!

2018 World Championships -

As advised via our Facebook communication in December 2016, Skipping Australia has sadly withdrawn its bid to host the 2018 FISAC IRSF World Championships in Sydney when we could not find suitable accommodation and venue packages for the price FISAC was expecting. We spent hundreds of hours with FISAC and Committee members trying to make the numbers work; it appears that Australia is a high cost country!

At the time of writing, FISAC is still negotiating with several countries for the right to host the 2018 WC, and it is hoped an announcement will be provided within the next few months.

National Recognition

National Sporting Organisation

After lots of background work over many years, Skipping Australia has submitted our bid to the Australian Sports Commission (ASC) to be recognised as a National Sporting Organisation (NSO). This will allow SA to be recognised as a sport in Australia and brings with it opportunity for grants, public funding, professional pathways, stronger governance and assistance programs, and wider recognition in Australia sports community.

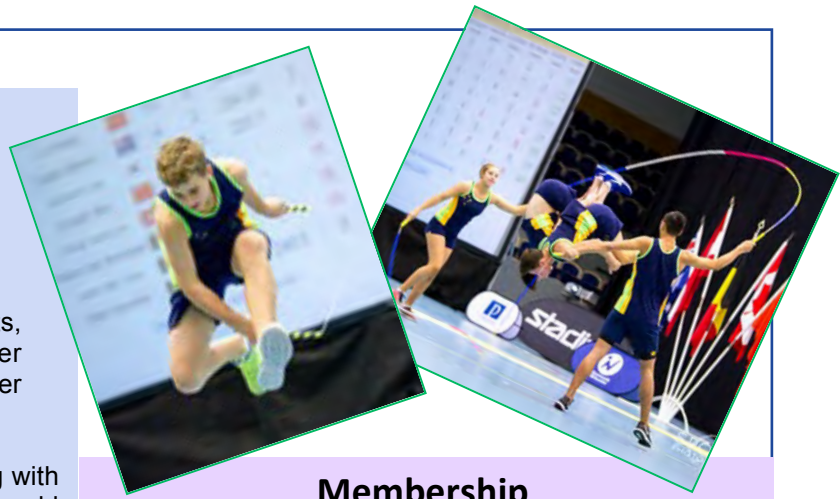
We have met the minimum criteria, and are negotiating with ASC for a few final details. With a little luck, we should have an outcome in time for the Nationals, where we can plan our next 5 years of growth as a recognised Australian Sports.

Heart Foundation Agreement

Skipping Australia and Heart Foundation (Jump Rope for Heart - JRFH) have been working in collaboration and share a common interest in promoting and growing the sport of Rope Skipping in Australia as well as improved health in the community. The aim of our collaboration is to promote the JRFH Program and the sport of Rope Skipping. Further, we are re-establishing an agreement for sharing between the two organisations (Heart Foundation Demonstration Teams and Skipping Australia athletes) and providing an ability to cross promote other Heart Foundation projects.

Club News....

Please send us your news...it could feature in the next Newsletter...what is happening in your state or club? Please feel free to suggest what YOU would like to see in the newsletter!



Membership

The annual membership process will be sent out in the coming weeks with SA committee making contact with all Clubs; please look out for the documents ready for submission back to the Committee.

Website and Facebook

Our Website and FB have been growing.... please join us on these channels as we try and keep you updated on all things occurring in YOUR skipping community. If you see something, please tag to our FB site; I'm sure everyone would like to see your contribution

Club Insurances

As discussed at the 2016 AGM, Skipping Australia has updated all insurance for all Clubs, Associations and School Groups (if required) for a number of policies to meet our obligations. The PLI has been increased to \$20m this year. For copies of the policies for your use, please make contact with the Treasurer or other committee member.

Learning and Development Pathway

After discussing for many years, in late 2016, Skipping Australia through the fine work of Carolyn Barker and CAM coaches and skippers finalised the electronic skills development package targeted at development for officials, athletes, volunteers and coaches. The package catalogues over 350+ individual rope-skipping skills, from Level 1 to 6, and includes them in a PowerPoint presentation to aid in growth and development of Skipping Australia members.

The package showcases an internationally credentialed skipper demonstrating the individual skill from front and back and in slow motion with coaching comments incorporated. The package allows the individual to see how the trick is performed to aid in learning and development. In addition to an incredible learning opportunity for the athlete, this also permits Coaches, officials and volunteers to develop skills in coaching each trick; officials and volunteers to develop skills in analysing, judging and evaluating the skills.

The catalogue of skills was aimed at individuals, pairs, teams and group routines and also includes specialist tricks, skill grouping, rope releases and judging criterion. As skipping is a fast paced activity, the opportunity to monitor the skills in slow motion and evaluate the best method to learn, coach, assess and score the combined skills provides athletes, coaches and officials with a tremendous opportunity for growth in our sport.

Australia, as one of over 30 member countries in FISAC-IRSF, is one of a few to have developed such an important skills development toolset and this competitive advantage is expected to ensure Australia maintains its world positioning at the very top of the Rope Skipping nations.

For your Club/School copy, please email admin@skippingaustralia.org.au We are installing a process to ensure we protect and update this precious resource and this will be explained when you register your interest.

