

## **General Counseling**

We offer a wide variety of counseling services to people of all ages with drug or alcohol, mental health, or upsetting life problems. These services can help with problems such as depression, family conflicts, anxiety, phobias, substance abuse, relationships, and adjustment to difficult life situations like grief and loss. Our experienced qualified staff are trained to deal with the most difficult problems with professionalism, sensitivity, and strict confidentiality.

## **Crisis**

No one plans for a crisis or emergency. They happen. We are here to help you. During regular office hours call or stop by and someone will help support you. If you require a mental health or chemical dependency screening, we will schedule one and make referrals to other community support agencies when needed. Call (509) 634-2610 or 1-800-573-9343 (Eastern WA only). A qualified therapist/counselor will assist you in accessing what services you need with caring concern.

## **Behavioral Health Program Mental Health And Chemical Dependency**

*Office Hours  
Monday—Friday  
7:30 am—4:00 pm*

### **Nespelem**

*Main Office (509) 634-2610  
Fax (509) 634-2607  
Toll Free 1-800-573-9343*

### **Omak Mental Health**

*Main Office (509) 422-7437  
Fax (509) 422-7470  
Toll Free 1-800-573-9343*

### **Omak Chemical Dependency**

*Main Office (509) 422-7410  
Fax (509) 422-7436  
Toll Free 1-800-573-9343*

### **Inchelium Mental Health**

*Main Office (509) 722-7070  
Fax (509) 722-7088  
Toll Free 1-800-573-9343*

### **Inchelium Chemical Dependency**

*Main Office (509) 722-7068  
Fax (509) 722-7071  
Toll Free 1-800-573-9343*

## **Basic Services Provided By Chemical Dependency**

- \* Information and Referrals
- \* Evaluations/Screening
- \* Individual Therapy
- \* Group Therapy
  - \* DUI
  - \* ADIS
- \* Intensive Outpatient
- \* Culturally Relevant Treatment
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## **Basic Services Provided By Mental Health**

- \* Information and Referrals
- \* Evaluations/Screening
- \* Individual Therapy
- \* Group Therapy
- \* Family Counseling
- \* Couples Counseling
- \* Psychiatric/Medication Management
- \* Culturally Relevant Treatment

### **Who Can Do A Referral?**

*Anyone can—friends, relatives, schools, personnel, courts, and other programs. To do a referral please call (509) 634-2610 or 1-800-573-9343.*

*If you are worried about a loved one, family, or a friend and you believe they need help, call us or bring them in. We are a team who deeply cares about our people and our communities. We are a team of experts on Mental Health issues. We have contacts to resources that can help with finding solutions to problems.*



**Colville Confederated Tribes  
Behavioral Health Program  
PO Box 150  
Nespelem, WA 99155  
Main (509) 634-2610  
Fax (509) 634-2607  
Toll Free 1-800-573-9343**

### **Tribal Behavioral Health \*Our Mission\***

*We are here to provide supporting services to Enhance the quality of life of individuals, families, and communities. Our supportive services include assistance in development of a treatment plan to promote clean, healthy lifestyles, by treating each individual with dignity, respect and acceptance of their unique needs. Our final objective is to create a foundation to build upon that will allow self-sufficiency in creating a balance in all aspects of life and living with physical, spiritual, emotional, and cultural growth.*



*Tribal Behavioral Health Program is an Indian Health Services contract to the Confederated Tribes of the Colville Reservation for the delivery of mental health to Native Peoples and chemical dependency services to Native Peoples of Federally Recognized Tribes.*