

Vocational Rehabilitation

Special points of interest:

Culture Group all welcome
Thursday Omak VR 4:30—
Dinner provided and some
supplies if needed—Dottie
422-7402

TAX Day April 18
EARTH DAY April 22

Resource Fair and tax
credit information

12 Tribes Casino April 11th
2-6PM & 12th 10-2PM
Jamiesonk@aiccinc.org

Job skills training 10AM
Tues and Thursday TANF
Office

Mon and Wed Government
building TANF 10 AM –
Daryl Toulou 634-2921

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Increasing Awareness About The Common Characteristics Of Autism

Whilst no two people with autism will have the same set of symptoms, there are common characteristics found in those with this complex disability. Briefly, these characteristics include:

Social Skills - people with autism have problems interacting with others; autistic children do not have adequate playing and talking skills. Mild symptoms on one end of the spectrum may be displayed through clumsy behavior, being out of sync with those around them and inappropriate or offensive comments being made. At the other end of the spectrum an autistic person may not be interested in others.

Empathy - empathy is the ability to recognize and understand the feelings of another person. People with autism find it harder to show empathy to others although they can be

taught to acknowledge the others feelings.

Physical Contact - in some cases, autistic people do not like physical contact such as hugs, tickling or physical play with others.

Sudden Changes To Their Environment - a sudden change in the surrounding environment may affect a person with autism. This could be a loud noise, a change in intensity of lighting or even a change in smell.

Speech - speech can be affected in people with autism. 'Echolalia' is a typical speech symptom in which the person repeats words and phrases that they hear. The speech tone of an autistic person may be monotonous. Where symptoms are more extreme the person may not speak.

Autism Is Widespread, Awareness About This Condition Is Not

In the United States, autism affects 1 in every 110 children. National Autism Awareness Month aims to make the public more aware about this widespread disability and the issues which arise in the autism community. As about 1 in 150 people in America have autism, the chances are that you know someone with this disability. A better informed public will be more empathetic and supportive towards people with autism.

HIRE A PERSON

WITH AUTISM TODAY



TERO Training Updates



PRACTICE
TRADITION,
BUILD THE
FUTURE, TRAIN
FOR
OPPORTUNITIES

TERO JOB DISPATCH

509-634-2729

Training Requests

Roberta Bearcub

509-634-2719

Current RFP listings

RFB | Inchelium Forestry excavator Scarification Bid Packet AS644
| [Map](#) | [Closing Date April 14, 2023 PDF](#)

RFB | San Poil Forestry has (2) Timber Marking Contracts up for bid | [Closing Date April 6, 2023 PDF](#)

RFQ | Beaded Feathers for College Graduates, Colville Tribes Higher Education Program | [Closing Date April 14, 2023 PDF](#)

RFQ | Beaded Gift for College Graduates, Colville Tribes Higher Education Program | [Closing Date April 14, 2023 PDF](#)

RFP | Fish Log Procurement (trees with attached root structure) | [Closing Date April 12, 2023 PDF](#)

Did you know...

If you haven't updated your TERO Application in the past 6-months, you may lose eligibility to be dispatched to a project. Please ensure that we have a current application on file so that we can contact you with job and/or training opportunities.

Contact TERO if interested in signing up for

HANDS on Carpentry
May 15-19

Hands on Drywall May 22-26

Applications to sign up can be found at Omak TERO/Voc Rehab office 1100 8th ave or 2nd floor Government Building TERO office Nespelem.

HIGHER EDUCATION

IF YOU ARE
PLANNING FOR A
YEAR, SOW RICE;
IF YOU ARE
PLANNING FOR A
DECADE, PLANT
TREES; IF YOU ARE
PLANNING FOR A
LIFETIME,
EDUCATE PEOPLE.
—CHINESE
PROVERB

DEADLINE DATES

1st term: Fall - August 1st
2nd term: Winter/Spring- December 1st
3rd term: Spring- February 1st
4th term: Summer- May 1st

**PO Box 150 Nespelem, WA
Lucy F. Covington Government Center**

Southwest Wing- 3rd Floor

(509) 634-2779 | Fax (509) 634-2790 | Toll Free 1-888-881-7684

**Monday - Thursday 7:00am -
5:30pm**



Basket Weaving
with
JULIE EDWARDS

ABOUT JULIE:
Julie is a Colville Tribal Member, who has been weaving for 9 years. She currently has a basket exhibit at the museum in Leavenworth. She has published a book titled "Weaving, Baskets & Stories" and spent a year as Joe Feddersen's apprentice.

Dates: April 6th & April 13th
Time: 6:00 pm - 8:00 pm
Location: E&E Resource Center
Payment: Two classes for only \$40 (\$20 per class)
Must take both classes, limited to 12 students

Please contact Marilynn to reserve seats and get Julie's Paypal Info .
509-634-2791 | marilyn.turner.hed@colvilletribes.com

AVOIDING LABELS • E.g., "They are depressed, schizophrenic, a drunk, abuser, etc."

• People are more than their challenges



CONFEDERATED TRIBES OF THE COLVILLE
MT TOLMAN FIRE CENTER
P.O. BOX 188
KELLER, WASHINGTON 99140
PHONE: 509-634-3100
FAX: 509-634-3149

Below is the list of 2023 scheduled training information

UA's – required for all AD employees. Please bring picture ID to take the UA, and 2 pieces of ID for the employee paperwork. This will be held at Mt Tolman Fire Center on scheduled dates. If you are a student and not able to meet these times, contact MT Tolman for an appointment.

Mar 22nd 12:00 – 3:00
Apr 5th 12:00 – 3:00
Apr 19th 12:00 – 3:00
May 3rd 12:00 – 3:00
May 17th 12:00 – 3:00
June 31st 12:00 – 3:00

Pack Tests – Contact Fire Management Dispatch to be enrolled into CAS prior to day of pack tests for Moderate and Light test HSQ. All Self Certifications must be done within 45 days of your pack test. For Arduous testers baseline physical must be completed with a "Qualified" determination prior to participation. If you have had a Baseline or Periodic physical in 2021 or 2022 you only need to self-certify in order to be eligible for the pack test. Call MTFC Dispatch office X3105 if you need assistance.

Mar 23rd 0800 Seaton's Grove site
April 6th 0800 Seaton's Grove site
Apr 20th 0900 Inchelium test site
May 4th 0800 Seaton's Grove site
May 18th 0800 Seaton's Grove site
June 1st 0800 Seaton's Grove site

Refresher Course – This is now a 4-hour course, bring a light lunch or snack as it will go thru the lunch hour without a break. Please make sure you sign in, as this is your proof of attendance.

Mar 23rd 1200 MTFC Training Center
April 6th 1200 MTFC Training Center
Apr 20th 1200 Inchelium Forestry
May 5th 1200 MTFC Training Center
May 18th 1200 MTFC Training Center
June 1st 1200 MTFC Training Center

Basic Fire School –

Apr 3rd thru 7th 0830 Mt Tolman Training Center
June 12th thru June 16th 0830 Mt Tolman Training Center

"I think I know that I deserve better. And so I try for better. I'm never so put off that I would ever walk out of a place not having tried the best I could." — Maya Angelou

ALCOHOL AWARENESS MONTH -<https://sanpoilcenter.com/>

A big part of the work of Alcohol Awareness Month is to point out the stigma that still surrounds alcoholism and substance abuse in general. For many, denial is a common trait among those struggling with alcoholism or alcohol abuse.¹ They often underestimate the amount they drink, the duration of their drinking problem, the impact it has had on their life, or overestimate their ability to control their drinking or to quit.¹ Denial is also common among friends and family members who are uncomfortable acknowledging the gravity and reality of the situation.

YOU DON'T HAVE TO WAIT TO BE FORCED TO GO TO TREATMENT-CCT HAS THEIR OWN TREATMENT CENTER—TAKE THE FIRST STEP—YOU CAN DO THIS!! Help is only a phone call away: (509) 634-2050

Inpatient

Rehab

Clients are in beautiful housing that provides a nurturing environment that promotes personal well-being and recovery.

Traditional

Healing

Sustained healing through culture, spirit, traditions and heritage. Healing circles, drumming, sweating, canoe building, cultural arts & more.

Multidisciplinary Approach

Chemical dependency is complex and requires a multidisciplinary approach to treating co-occurring medical & mental health disorders.



PEACEMAKERS GROUP— FREE FOR ANYONE NEEDING HELP

The Peacemaker Circle works with community members in focused based talking circles. Our intent is to help you heal from your experiences, past or present. Whether it's divorce, custody issues, domestic violence, drug addiction, or different forms of abuse.

THE OMAK LOCATION IS IN THE TERO/ VOC REHAB BUILDING

VERY PRIVATE AND RESPECTFUL

Yvonne Misiaszek

Peacemaker Circle Program manager | Office (509) 634-2075 | Cell (509) 978-9047 |

Phillip Hudson Sr. | Peacemaker Specialist Office (509) 634-2071 | Cell (509) 634-6405 |

Mailing Address: P.O. Box 150, Nespelem, WA, 99155

Physical Address: 7 Lakes St., Nespelem, WA, 99155

Fax: (509) 634-2045



*Washington State Bonding Program

Some businesses require employees who handle cash or valuables to be bonded. The Employment Security Department provides bonds to individuals who have been denied coverage by a private carrier due to a conviction history, bad credit, drug use or insufficient work experience. To learn more, contact WorkSource, visit the Employment Security Department website or call 800-339-3981.

TRANSITION FROM HIGH SCHOOL TO COLLEGE AND YOU WERE ON AN IEP OR 504

When a student with disabilities transitions from high school to a post-secondary educational program, their educational rights change. High schools are required to help students be successful in their education, whereas post-secondary programs are required to ensure access to the materials through reasonable accommodations. An Individualized Education Program (IEP) ends when a student leaves secondary education. The protections of the Americans with Disabilities Act (ADA) and of Section 504 of the Rehabilitation Act of 1973 are ongoing throughout the lifespan.

In postsecondary education, it is the responsibility of the student to disclose their need for accommodations to the campus disability office. While disclosure is not mandatory, a student must disclose their disability-related needs to qualify for accommodations.

How to Request Accommodations from a Post-Secondary Program

1. Begin by locating the campus disability services office on the school website. Type “disability” into the search bar. Often, the first result will be the office that provides accommodation for students with disabilities.
2. Call the office to make an appointment and request any forms you can complete beforehand and how to obtain them (e.g. by mail, or downloading from the school website). Make your appointment before the

start of classes. It may take 6-8 weeks to process your request, so start early to have accommodations in place by the time you need them. Note that some accommodations, such as Braille or interpreter services, may take more time than others to arrange.

3. Documentation submitted to the college should provide clear evidence of need and demonstrate a history of use of the accommodations requested. If providing a psycho-educational evaluation as documentation, most campus disability offices require a dated evaluation within the last three years. While a high school IEP or 504 plan does not “transfer” to the postsecondary program, the disability office may use them as guidance in determining appropriate accommodations. **Collect and check the documentation of what you need:**

- Most recent Individualized Education Program (IEP)
- Most recent 504 plan, Accommodations Plan, or Service Plan
- Most recent educational evaluations
- Diagnosis and/or treatment plan
- Doctor’s notes, including suggested accommodations
- Make copies of the completed request forms for your home file

Remember to check the school website for any disability-specific or need-specific documentation requirements. For example, a student may be required to provide the results of a hearing assessment with expected progression or stability of the hearing loss, when requesting accommodations for a hearing disability.

- Meet with the disability office staff to request and discuss accommodations. Complete the How to Decide on a Post-Secondary Program worksheet to help you prepare for this meeting, including organizing your questions and concerns. Write down any additional questions to help you remember during the meeting.
- When you receive written notice of the decision regarding your eligibility for accommodations and the list of approved accommodations, make enough copies to share with your instructors and keep a copy with you in class, in the event of a substitute instructor. Put the original in your home file for safekeeping.
- If accommodations become ineffective or you are not receiving approved accommodations, contact the disability services office immediately for assistance.

All accommodations are provided on a case-by-case basis. If your request for accommodations is denied, contact the disability services office to determine the process for appeal and equitable resolution.