



Fall puns that will LEAF you smiling



# Vocational Rehabilitation

**Special points of interest:**

**Culture Group All welcome Thursday Omak VR 4:30— Dinner provided and some supplies if needed—Dottie 422-7402**

**Career Health Fair Nov 1st 530-730 pm WVC Omak 116 Apple Ave**

**Job skills training 10AM Tues and Thursday TANF Office Daryl Toulou**

**Mon and Wed Government building TANF 10 AM – Daryl Toulou 634-2921**

**Native American Heritage Month**

**National Veterans and Military Families Month**

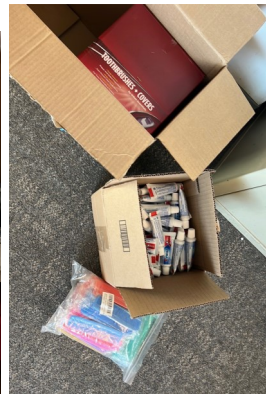
## Community Event—Donations for Hygiene items for community members choosing to go to treatment

**Thank you** CIHA community grant for generous contribution for our Hygiene kits. We also received numerous community members who donated monetary or supplies Stephanie Mead, Ali From Desautel Designs, Jeanette Lezard and Poweena Nason.

Many community members come to our department seeking hygiene items because they made the life changing decision to go to treatment. We are raising money to buy the

items such as soap, shampoo, conditioner, deodorant, toothpaste, toothbrush, cardboard tampons, razors, feminine pads, socks, underwear. Many that make the choice to go to treatment have only what they're wearing. Once we raise the money, we want to buy hygiene packages for male/female and have them readily available in each district. You can also donate items and drop them off at Nespelem,

Omak Voc Rehab office or Randy can pick up in Inch and Keller.



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# TERO Training Updates



**PRACTICE  
TRADITION,  
BUILD THE  
FUTURE, TRAIN  
FOR  
OPPORTUNITIES**

"NO SHADE,  
NO SHINE,  
NO BUTTERFLIES,  
NO BEES,  
NO FRUITS,  
NO FLOWERS,  
NO LEAVES,  
NO BIRDS—  
NOVEMBER!"  
—THOMAS HOOD

**TERO JOB  
DISPATCH**  
509-634-2729

**Training Requests**  
Roberta Bearcub  
509-634-2719

**Current RFP listings**  
RFP | COLVILLE TRIBAL FEDERAL CORPORATION (CTFC) FIXTURES FURNISHINGS & EQUIPMENT (FF&E) & OPERATING SUPPLIES & EQUIPMENT (OS&E) LAKE CHELAN CASINO HOTEL PROJECT | **Closing Date Nov 3, 2023 PDF**

RFP | Demolition of Club House, Pool, Garage & Shed, Former Golf Course, Office, Shop, and Dumpsite Cleanup Located at the 12 Tribes Lake Chelan Casino Manson, WA | **Closing Date Jan 2, 2024**

RFP | Omak TANF Roof Replacement | **Closing Date Nov 21, 2023 PDF**

RFP | Provide janitorial services at the Confederated Tribes of the Colville Reservation Resident Fish Hatchery | **Closing Date Nov 22, 2023 PDF**

November trainings in the works is heavy equipment Operators and First Aid/CPR

**Did you know...**  
**If you haven't updated your TERO Application in the past 6-months, you may lose eligibility to be dispatched to a project or to qualify for a training.** Please ensure that we have a current application on file so that we can contact you with job and/or training opportunities.

Applications to sign up can be found at Omak TERO/Voc Rehab office 1100 8th ave or 2nd floor Government Building TERO office Nespelem.

## HIGHER EDUCATION

**\*DEADLINE DATES\***  
1st term: Fall - August 1st  
2nd term: Winter/Spring- December 1st  
3rd term: Spring- February 1st



**How do astronomers propose?**  
They planet.

PO Box 150 Nespelem, WA  
Lucy F. Covington Government Center

Southwest Wing- 3rd Floor

(509) 634-2779 | Fax (509) 634-2790 | Toll Free 1-888-881-7684

Monday - Thursday  
7:00am - 5:30pm



### COLVILLE TRIBAL LIBRARIES PRESENTS

**TULE MAT CONSTRUCTION CLASS**  
Instructed by Morgan Moomaw

**Date:** Thursday, November 9th

**Time:** 6pm-8pm

**Location:** Nespelem Resource Center

8 Person Maximum \$20 per person

CALL TO REGISTER: 509-634-2791  
12 LAKES AVE. NESPELEM WA

FOLLOW US ON FACE BOOK  @CCTLIBRARIES



A disability is any condition of the body or mind (impairment) that makes it more difficult for the person with the condition to do certain activities (activity limitation) and interact with the world around them



# November

S	R	D	L	I	M	P	A	I	R	M	E	N	T
E	E	E	A	S	D	M	P	D	I	L	B	A	R
T	T	N	C	D	D	T	S	E	A	L	A	A	I
U	S	S	I	E	C	N	A	T	S	I	S	S	A
B	B	H	S	A	M	U	A	R	T	I	P	U	N
L	U	M	Y	F	I	N	Y	T	E	I	X	N	A
I	S	N	H	N	M	Y	T	E	R	A	U	I	U
N	N	E	P	E	Y	T	A	T	I	N	D	O	E
D	P	B	S	S	E	N	S	O	R	Y	H	L	C
N	O	I	S	S	E	R	P	E	D	R	D	A	I
E	E	S	D	N	C	P	P	T	S	D	A	S	I
S	M	S	I	T	U	A	I	U	D	I	A	M	M
S	S	O	R	N	O	I	T	A	T	U	P	M	A
A	M	B	U	L	A	T	O	R	Y	I	O	T	M

- ANXIETY
- DEPRESSION
- PHYSICAL
- DEAFNESS
- AUTISM
- BLINDNESS
- SENSORY
- ASSISTANCE
- PTSD
- AMBULATORY
- ADHD
- IMPAIRMENT
- AMPUTATION
- TRAUMA

Play this puzzle online at : <https://thewordsearch.com/puzzle/6285073/>



**Special Olympics**  
Washington



Let me win.  
But if I cannot win,  
let me be brave  
in the attempt.

-Special Olympics athlete oath

Okanogan County Program

**Okanogan County Special Olympics** >



**Missing & Murdered  
INDIGENOUS  
WOMEN & PEOPLE+  
SUMMIT**  
November 1st-2nd, 2023

Northern Quest Resort & Casino  
Airway Heights  
Washington

Washington State  
Missing & Murdered  
Indigenous Women  
and People Task Force

Register Now: <https://www.miwahp.org/>

HOSTED BY:

Spokane County  
Washington State  
Kalispel  
Idaho  
Columbia



CCT TRIBAL HEALTH  
presents...  
NOV. 6  
**LUNCHTIME  
LAUGHS**

Featuring  
*Sober  
Native  
Comedians*

**MYLO SMITH**

**DONOVAN  
ARCHAMBULT**

**LUCY COVINGTON  
GOVERNMENT  
CENTER  
NESPELEM**  
FROM 11AM-1PM  
IN THE AUDITORIUM

Adults only, please. Not appropriate for children.  
Call Kori Jackson at (509) 634-2092 with any questions.

**OCCUPATION  
EXPLORATION**

Presented by: NORTH CENTRAL WASHINGTON  
NORTH CENTRAL WASHINGTON  
CONFLUENCE  
HEALTH

**CONFLUENCE HEALTH**  
Wednesday, November 1st | 5:30pm - 7:30pm  
Wenatchee Valley College | 116 Apple Ave W, Omak (Mary Henrie Friendship Hall)

Skilled health care workers are in high demand and these staffing shortages continues to rise. Join **Confluence Health** professionals and WVC faculty for an evening of hands-on career exploration in various allied health fields.

**EXPLORE THESE EXCITING CAREER OPPORTUNITIES:**

- MEDICAL ASSISTANT (MA)**
- REGISTERED NURSE (RN)**
- MEDICAL LAB TECH (MLT)**
- PHARMACY TECHNICIAN**

While Medical Assistants and Registered Nurses provide direct patient care, Medical Lab Technicians and Pharmacy Technicians specialize in behind the scene skills and procedures that contribute to a patient's overall holistic care. Come see if one of these careers might be a fit for you!

Light snacks and refreshments included. Space is limited, so please RSVP.

**REGISTER NOW!**

REGISTRATION REQUIRED:  
BIT.LY/OCCUPATION-EXPLORATION

Free to attend; limited space  
All students welcome, grades 6-12 and college from any school

You are never too old to play in the leaves

OurMindfulLife.com

## REGISTER FOR VIRTUAL HIRE-A-VET JOB FAIR

The state's Employment Security Department in conjunction with WorkSource employment centers is helping host a virtual job fair for veterans, transitioning service members, and their spouses from 10 a.m. to 2 p.m. on November 7. YES VETS is a statewide, multi-partner effort to encourage hiring of U.S. military veterans. Nearly 100 participating employers will be a part of the online job fair. Register at: <https://tinyurl.com/4wm5kydr>

## VOCATIONAL REHABILITATION

### Our Mission:

The Colville Tribal Vocational Rehabilitation Program provide culturally appropriate Vocational rehabilitation services to federally recognized tribal members with disabilities. Individuals who have a functional limitation and need assistance obtaining, maintaining, or regaining employment. Services are custom designed to fit each individuals needs.

- ◆ 21 Colville Street  
NESPELEM 634-2733
- ◆ 1100 8th Avenue  
OMAK 422-7578

### Who is Eligible:

If you want to go to work and your answer is yes to the following statements, you may be eligible:

- ◆ Do you reside on or near the boundaries of the Colville Indian reservation?
- ◆ Are you an enrolled member of a federally recognized tribe?
- ◆ Do you have a physical or mental impairment that results in a substantial impediment to employment?
- ◆ Are you willing to work on a plan that will help you find suitable employment?

## ROCK YOUR MOCS

2023 RYM Event Dates: November 12th – 18th

**Why November?** November is National Native American Heritage Month

**Why a week?** The event was increased to a week creating more event opportunity days, especially for schools, people who work Monday – Friday, and people organizing events.

**Do we have to wear our Mocs the whole week?** Nope, choose a day or days, or the whole week

**Is there a main day?** The original day will always be **November 15th**

**Why:** A positive opportunity to be united and celebrate tribal individuality by wearing moccasins. We honor our ancestors, and indigenous peoples worldwide, during Rock Your Mocs events and commemorate National Native American Heritage Month

**Where:** Where ever you may be! Wherever your day takes you!

**How to join in:** Wear your moccasins or Turquoise Awareness Ribbon

**Internet:** Take a photo or make a video and then post!

**Hashtag:** Always use the hashtag #ROCKYOURMOCS with your social media post (Facebook, Twitter, TikTok, Snapchat, Instagram etc.)

**#RockYourMocs:** Type #RockYourMocs in the browser or social media app "search bar" to see people Rocking their Mocs worldwide!

