

“I love this book and its philosophy of photography based on the Siegel Theory of Opposites. Len Bernstein’s career is an exceptional one, and within these pages you will find a master photographer and critic at work.” — **George Hobart, former Curator of Documentary Photographs, Library of Congress, Washington, DC**

“Len Bernstein’s photographs touch the one who looks at them directly in mind and sensitivity. They are the result of a great gentleness towards people and every form of life that he meets—gentleness that breeds poetry. He gets close to people, but at the *perfect distance*, which is a good and unusual quality in a photographer.” — **Anne Biroleau-Lemagny, Chief Curator, Bibliothèque nationale de France, Paris**

“Wonderfully inspiring images and words from the Aesthetic Realism point of view.” — **Graham Nash, co-founder of *Nash Editions* and *Crosby, Stills & Nash***

“This is the most heartfelt and intelligent book on life, relationship, and photography that I’ve ever seen. With Aesthetic Realism as his personal viewfinder, the author portrays in words and his photographs, a way of seeing and relating that is honest, intimate, and kind to the myriad subjects in his camera’s eye and the people in his life.” — **Robert Leverant, author of *Zen in the Art of Photography***

“I’m truly honored to have received this beautiful volume of photographs. I love it and wonder how the hell I was lucky enough to be sent it. Mr. Bernstein, you have introduced me to an approach to art, based on the Aesthetic Realism of Eli Siegel, that is way beyond anything I would have entertained. Thank you, thank you!” — **Ed Asner, seven-time Emmy Award-winning actor**

“It is clear that Len Bernstein is a connoisseur of human gesture and expression.” — **John Loengard, *LIFE* photographer and author of *Age of Silver: Encounters with Great Photographers***

“In Len Bernstein's book, *Photography, Life and the Opposites*, I found a perceptive humanist with a camera. These photographs visualize who Bernstein is and his photographic commentary reveals, in the most engaging of ways, the compelling ideas about the relationship of life to art this image creator learned from Aesthetic Realism.” — **Earl Dotter, photojournalist**

“Len Bernstein has clearly and expertly shown us, through words and photographs, in his book *Photography, Life, and the Opposites*, how to find, understand, and deeply express personal feelings in our photographs and in our lives. His methods, through the use of the concept of opposites and the practice of Aesthetic Realism, help us, as photographers or viewers, to see the camera’s subjects and our related life with deeper, more meaningful love and feeling. This opens us up to a much broader understanding of our true relationship to our immediate personal environment as well as our place in the mystery of human life on this planet.” — **Richard Garrod, photographer, educator, and author of *Visual Metaphors***

“Anyone who likes photography, from young amateur to seasoned professional, will love this book.” — ***Library Journal***

“This is a remarkable book; it will delight and deeply inform a general audience, but it also belongs in any comprehensive university curriculum.” — **From Pulitzer Prize winner Robert Coles’ Foreword to *Photography, Life, and the Opposites***