



Trigon Productions

«Capture the Energy of the New Moon»

Come join Feng Shui expert **Kristi Stangeland** for a New Moon Meditation in Zurich

New Moons are a great time to set intentions for things you'd like to create, develop, cultivate, make manifest. There are many ways to initiate this communion with the Universe from lighting a candle to elaborate rituals. What matters is that you're committing yourself to your vision, and are open to receiving guidance, healing and support from Spirit.

It's a good idea to spend some time reflecting in the days leading up to the new Moon. Knowing exactly what you want to draw into your life is not always easy. Part of preparing for the new Moon is making sure you are clear about your intentions. Sometimes it's a quality you'd like to cultivate like forgiveness, courage -- other times it's a more specific request like a promotion at work or new place to live.

We will begin with an incense purification exercise designed to help us reflect on our past, present and future. Then we will move into a special meditation that will help us capture the energy and potential of the new moon and new beginnings.

More about Kristi: <http://fscfengshuiconsulting.com>



Date: **March 8th, 2016**

Time: **19.00 – 20.30 h**

Location:

**Wegacketstrasse 28
8041 Zürich**

Cost: **35 CHF**

Register online at
www.trigonproductions.ch
and pay at the door.
Places are limited.



WHY?

This is an opportunity to start anew and refresh your dreams and desires. It is a time of magic!

Have any of your goals gone from bright to dim? Now is the time to support them with the new moon energy.