

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sunday at the Center</p> <p>Trivia Tournament</p> <p>November 19 from 1:00 PM to 4:00 PM</p> <p>\$10 per person includes refreshments</p>		<p>1</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness</p> <p>10:30 2018 Medicare Enrollment Update</p> <p>12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club</p> <p><i>Stuffed Seasoned Baked Fish</i></p>	<p>2</p> <p>9:00 Zumba 10:00 Fit Over 50 10:00 Hear Again Now 10:45 Daylesford Crossing 12:15 Sound Off 12:30 WISE 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along</p> <p><i>Beef Chili</i></p>	<p>3</p> <p>9:30 Board Games 10:30 Line Dancing 1:00 Pinochle Club 1:00 Wii Bowling</p> <p><i>Spinach & Cheddar Omelet</i></p>
<p>6</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:00 Quilting 10:30 BP Screenings 10:45 Respiratory Illnesses 12:30 Bridge Club 1:00 Refresher Bridge 1:15 Gentle Yoga</p> <p><i>Roast Beef Hoagie</i></p>	<p>7</p> <p>CENTER CLOSED Election Day</p>	<p>8</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:00 Sen. Leach Outreach 12:00 Eastern University Students 12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club 6:30 Cookbook Club</p> <p><i>Tuna Noodle Casserole</i></p>	<p>9</p> <p>9:00 Zumba 9:00 Part D Plan Consultations 10:00 Fit Over 50 12:15 Sound Off 12:30 WISE 12:30 Memory Cafe 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along</p> <p><i>Asian Chicken Salad</i></p>	<p>10</p> <p>9:30 Board Games 10:30 Line Dancing 11:30 Brunch 1:00 Pinochle Club 1:00 Wii Bowling</p> <p><i>Breakfast for Lunch</i></p>
<p>13</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:00 Quilting 10:30 BP Screenings 10:45 Decluttering 12:30 Bridge Club 1:00 Refresher Bridge 1:15 Gentle Yoga</p> <p><i>BBQ Chicken Thighs</i></p>	<p>14</p> <p>9:00 Zumba 10:00 Fit Over 50 10:15 Advisory Committee 10:45 Tap Dancing Class 11:00 Flu Clinic 1:00 Memoir Workshop 1:00 Wii Bowling 6:00 RHS Thanksgiving</p> <p><i>Shepherd's Pie</i></p>	<p>15</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:30 Readers' Club 12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club 2-7 Talbots Fundraiser</p> <p><i>Tuna Salad</i></p>	<p>16</p> <p>9:00 Zumba 10:00 Crafts w/Katie 10:00 Fit Over 50 12:15 Sound Off 12:30 WISE 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along</p> <p><i>Beef Stroganoff</i></p>	<p>17</p> <p>9:30 Board Games 10:30 Line Dancing 1:00 Pinochle Club 1:00 Wii Bowling</p> <p><i>Vegetable Lasagna</i></p>
<p>20</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:00 Quilting 10:30 BP Screenings 12:30 Bridge Club 1:00 Refresher Bridge 1:15 Gentle Yoga</p> <p><i>Grilled Chicken Fricasse</i></p>	<p>21</p> <p>9:00 Zumba 9:00 Apprise-Medicare 9:30 Veterans' Coffee Hour 10:00 Fit Over 50 10:45 Tap Dancing Class 11:30 Thanksgiving Luncheon 1:00 Wii Bowling</p> <p><i>Thanksgiving Meal</i></p>	<p>22</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:30 Kitchen Table Stories 12:15 Shop at Giant</p> <p>CENTER CLOSING AT 1PM</p> <p><i>Meatball Sandwich</i></p>	<p>23</p> <p>CENTER CLOSED Happy Thanksgiving!</p>	<p>24</p> <p>CENTER CLOSED</p>
<p>27</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:00 Quilting 10:30 BP Screenings 12:30 Bridge Club 1:00 Refresher Bridge 1:15 Gentle Yoga</p> <p><i>Lemon Rosemary Baked Fish</i></p>	<p>28</p> <p>9:00 Zumba 10:00 Fit Over 50 10:45 Tap Dancing Class 10:45 Pizza and a Movie 1:00 Wii Bowling 1:30 Deck the Halls</p> <p><i>PIZZA</i></p>	<p>29</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 12:00 Eastern University Students 12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club</p> <p><i>Beef Chili</i></p>	<p>30</p> <p>9:00 Zumba 10:00 Fit Over 50 12:15 Sound Off 12:30 Memory Cafe 12:30 WISE 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along</p> <p><i>Spinach & Cheddar Omelet</i></p>	