

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>9:00 Zumba 10:00 Fit Over 50 10:45 Wii Jeopardy 1-5 AARP Safe Driver</p> <p>10-11:30 Sen. Leach Outreach</p> <p><i>Grilled Honey BBQ Chicken</i></p>	<p>2</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club</p> <p><i>Pizza Burger</i></p>	<p>3</p> <p>9:00 Zumba 10:00 Fit Over 50 10:00 Hear Again Now 10:45 Tap Dancing 10:45 Drumming 12:15 Sound Off 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along</p> <p><i>Baked Fish</i></p>	<p>4</p> <p>9:30 Board Games 10:30 Line Dancing 1:00 Pinochle Club 1:00 Wii Bowling</p> <p>9-1 Senior Expo at Harrah's Casino</p> <p><i>Chicken Salad Platter</i></p>
<p>7</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:00 Quilting 10:30 BP Screenings 10:45 MindMatters 12:30 Bridge Club 1:15 Gentle Yoga</p> <p><i>Taco Bar</i></p>	<p>8</p> <p>9:00 Zumba 10:00 Fit Over 50 10:15 Advisory Committee 1:00 Wii Bowling 2:00 Memory Café</p> <p><i>Rotini w/Turkey Bolognese</i></p>	<p>9</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:45 Aromatherapy 12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club</p> <p><i>Sweet & Sour Meatballs</i></p>	<p>10</p> <p>9:00 Zumba 10:00 Fit Over 50 10:45 Tap Dancing 10:45 Pizza and a Movie 12:15 Sound Off 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along</p> <p><i>Pizza</i></p>	<p>11</p> <p>9:30 Board Games 10:30 Line Dancing 1:00 Pinochle Club 1:00 Wii Bowling</p> <p><i>Stuffed Chicken</i></p>
<p>14</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:00 Quilting 10:30 BP Screenings 10:45 Preventing UTIs 12:30 Bridge Club 1:15 Gentle Yoga</p> <p><i>Pineapple Chicken Stirfry</i></p>	<p>15</p> <p>CENTER CLOSED Election Day</p>	<p>16</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:30 Readers' Club 12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club</p> <p><i>Crab Salad Platter</i></p>	<p>17</p> <p>9:00 Zumba 10:00 Fit Over 50 10:45 Tap Dancing 10:45 Managing Your BP 12:15 Sound Off 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along</p> <p><i>Baked Ziti w/Spinach</i></p>	<p>18</p> <p>9:30 Board Games 10:30 Line Dancing 11:30 Royal Brunch 1:00 Pinochle Club 1:00 Wii Bowling</p> <p><i>Breakfast for Lunch</i></p>
<p>21</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:00 Quilting 10:30 BP Screenings 12:30 Bridge Club 1:15 Gentle Yoga</p> <p><i>Turkey ala King</i></p>	<p>22</p> <p>9:00 Zumba 9:00 Apprise-Medicare 9:30 Veterans' Coffee Hour 10:00 Fit Over 50 10:30 Medicare Fraud 1:00 Wii Bowling 1:00 Memoir Writing Workshop</p> <p><i>Roast Beef Special</i></p>	<p>23</p> <p>9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:30 Kitchen Table Stories 12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club</p> <p><i>Breaded Chicken Strips</i></p>	<p>24</p> <p>9:00 Zumba 10:00 Fit Over 50 10:00 Crafts w/Katie 10:45 Tap Dancing 12:15 Sound Off 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along 6:30 Cookbook Club</p> <p><i>Meatloaf w/Mushroom Gravy</i></p>	<p>25</p> <p>9:30 Board Games 10:30 Line Dancing 1:00 Pinochle Club 1:00 Wii Bowling</p> <p><i>Crabcake and Mac & Cheese</i></p>
<p>28</p> <p>CENTER CLOSED Memorial Day</p>	<p>29</p> <p>9:00 Zumba 10:00 Fit Over 50 1:00 Wii Bowling</p> <p><i>Egg Salad Sandwich</i></p>	<p>30</p> <p>SENIOR HEALTH & FITNESS DAY 9:15 Breakfast for Brain 10:00 Silver Sneakers Functional Fitness 10:45 Fitness Celebration 12:15 Shop at Giant 12:30 Bridge Club 1:00 Writer's Club</p> <p><i>Grilled Honey BBQ Chicken</i></p>	<p>31</p> <p>MAIN LINE GIVES 9:00 Zumba 10:00 Fit Over 50 10:45 Tap Dancing 12:15 Sound Off 1:00 Pinochle Club 2:00 Sewing & Knitting 2:00 Tai Chi 6-8 Ukulele Strum and Sing Along</p> <p><i>Pizza Burger</i></p>	