

Minimum \$30 for Ramsey and surrounding towns

Minimum \$50 out of the area



If you are reading this from our website, please make sure it is the correct date.

201.825.8020 fax 201.825.0090

Daily Specials for Friday June 16, 2017

Soups and sides: WE ALWAYS HAVE CHICKEN CHILI \$4.95

Soups \$4.95: Chicken Veg / Split pea / Lentil / Broccoli cheddar / Sm Kale or Sicilian salad \$4.95
Beet mandarin salad & candied walnuts \$4.95 / Egg salad with shredded lettuce on wheat toast \$4.95
Rice ball \$3.95 / Grilled American, and pepperjack cheese on wheat bread \$4.95 / black bean and rice cake \$3.95 / Turkey pot pie \$8.95 / Fennel slaw \$3.95 / Mac and cheese \$4.95 / Tabbouleh \$3.95

Salads

- E. Goat Cheese Salad \$9.95 Add Grilled Chicken \$12.95
- F. Cilantro pasta salad: Cavatelli, cilantro pesto, roasted carrots, roasted cauliflower, pistachio nuts, and grilled chicken served warm \$10.95
- G. Tender shrimp, sweet mangos, ripe avocados, a little jalapeno, cilantro, and lemon vinaigrette served over mixed greens \$12.95
- H. Sesame encrusted salmon, Thai cucumber salad (with peanuts), and Asian noodle salad over mixed greens with sesame dressing on the side \$12.95
- I. Chicken BLT wedge salad –grilled chicken, crumbed crisp bacon, sliced grape tomatoes, and sliced hardboiled eggs served on iceberg wedges with bleu cheese dressing \$12.95
- J. Lemon parmesan chicken, roasted red peppers and shaved parmesan Reggiano over baby arugula with lemon vinaigrette on the side \$10.95
- K. South Beach chicken pistachio salad over romaine with lemon vinaigrette \$9.95

Sandwiches and wraps:

- L. Fresh turkey, pecans, dried cranberries, shredded lettuce, and cranberry mayo wrap \$7.95
- M. Tilapia francese with lemon sauce on a focaccia \$7.95
- N. Chicken sausage, peppers, onions, and melted provolone on a hero \$7.95
- O. Roast beef, spinach dip, and shredded lettuce on a toasted round roll \$6.95
- P. Honey turkey, brie, arugula, toasted almonds, and raspberry vinaigrette on a focaccia \$8.95
- Q. Roast beef, sautéed onions, and melted brie on a garlic toasted hero \$7.95
- R. Flank steak, bacon, melted pepper jack and chipotle ranch quesadilla \$9.95
- S. Prosciutto, capicola, provolone, shredded lettuce, and oil and vinegar on a hero \$8.95
- T. Turkey, ripe avocado, black bean/corn salsa, shredded lettuce, & ranch in a wheat wrap \$9.95
- U. Buffalo chicken burger, bacon, fresh mozzarella, lettuce, and chipotle ranch on a roll \$9.95
- V. Spinach feta chicken burger, lettuce, tomatoes, and tzatziki sauce in a warmed pita \$6.95
- W. Shaved smoked ham, sauerkraut, melted swiss, and mustard on a toasted 7-grain hero \$7.95
- X. Turkey, bacon, avocado, romaine and Dijon mayo on a toasted 7-grain hero \$8.95
- Y. Italian combo with lettuce, tomatoes, and balsamic vinaigrette \$8.95

Entrees: *ORDER OUR ENTREES COLD TO TAKE HOME FOR DINNER*****

- Z. Cheese ravioli with a meatball \$8.95 or chicken marsala dinner \$10.95

Desserts: Fruit salad \$3.95 Carrot cake \$4.95 Banana pudding \$4.95 Coconut Cake \$3.95
Chocolate covered pretzels 3 for \$3.95 Watermelon cup \$2.95