

Laguna Woods Village Local Origination Saturday, 7/15/2017		
Time	Show	Duration
12:00 AM	Message Board	7:55
7:55 AM	Susan Tuttle Fitness Start your day with Susan Tuttle.	0:35
8:30 AM	Consumer Science Consumer news and notes.	0:30
9:00 AM	Senior Living Lynn Brennan covers topics of interest to the senior community and the general public. A program of questions and answers of interest for those 50+.	0:30
9:30 AM	Wellness in the Woods Host Leslie Carretti interviews doctors, discusses healthy eating and healthy living.	0:30
10:00 AM	Tai Chi A must try meditation in motion.	0:30
10:30 AM	Camera Club The Laguna Woods Village Camera Club promotes the art of amateur photography and related arts. This month meet foster cat Missy and see her story.	0:30
11:00 AM	Trading Post Pat Garden & Sheila Bialka will show you some deals that you don't want to miss. The best bargains in the Village are all in this half hour show.	0:30
11:30 AM	Golf Tips Improve your score!	0:30
12:00 PM	Club Talk Tony Barr interviews Laguna Woods Village Community Club members.	0:30
12:30 PM	Message Board	0:30
1:00 PM	Community Civic Association A recent CCA Meeting.	2:10
3:10 PM	Message Board	8:50

Laguna Woods Village Local Origination Sunday, 7/16/2017		
Time	Show	Duration
12:00 AM	Message Board	7:55
7:55 AM	Susan Tuttle Fitness Start your day with Susan Tuttle.	0:35

8:30 AM	California's Water With Huell Howser.	1:00
9:30 AM	Trout "California's Gold" Huell travels to the high sierras on horseback to see how trout are dropped from an airplane into High Sierra Mountain lakes – a spectacular sight.	0:30
10:00 AM	Tai Chi A must try meditation in motion	0:30
10:30 AM	Camera Club The Laguna Woods Village Camera Club promotes the art of amateur photography and related arts. This month meet foster cat Missy and see her story.	0:30
11:00 AM	Trading Post The best bargains in the Village	0:30
11:30 AM	Woody Brown Of Wind and Waves A legend in the worlds of surfing, sailing and soaring.	1:03
12:33 PM	Message Board	11:27

Laguna Woods Village Local Origination Saturday, 7/22/2017		
Time	Show	Duration
12:00 AM	Message Board	7:55
7:55 AM	Susan Tuttle Fitness Start your day with Susan Tuttle.	0:35
8:30 AM	Consumer Science Consumer news and notes.	0:30
9:00 AM	Senior Living Lynn Brennan covers topics of interest to the senior community and the general public. A program of questions and answers of interest for those 50+.	0:30
9:30 AM	Club Talk Host Tony Barr interview community club members.	0:30
10:00 AM	Tai Chi A must try meditation in motion.	0:30
10:30 AM	Write Now Join the Writers Club as they discuss writing and books.	0:30

11:00 AM	Trading Post Pat Garden & Sheila Bialka will show you some deals that you don't want to miss. The best bargains in the Village are all in this half hour show.	0:30
11:30 AM	Social Security Today Update on Medicare and Social Security with Jeffrey Rodriguez.	0:30
12:00 PM	Message Board	4:00
4:00 PM	Message Board	8:00

Laguna Woods Village Local Origination Sunday, 7/23/2017		
Time	Show	Duration
12:00 AM	Message Board	7:55
7:55 AM	Susan Tuttle Fitness Start your day with Susan Tuttle.	0:35
8:30 AM	California's Water With Huell Howser.	1:00
9:30 AM	Consumer Science News and notes for consumers.	0:30
10:00 AM	Tai Chi	0:30
10:30 AM	Write Now Join the Writers Club as they discuss writing and books.	0:30
11:00 AM	Trading Post The best bargains in the Village	0:30
11:30 AM	Message Board	1:00
12:30 PM	Kaiser Steel "California's Gold" Huell meets retired workers of Kaiser Steel in Fontana. The mill supplied Kaiser Shipyards during WW II.	1:00
1:30 PM	Message Board	10:30

Laguna Woods Village Local Origination Saturday, 7/29/2017		
Time	Show	Duration
12:00 AM	Message Board	7:55
7:55 AM	Susan Tuttle Fitness Start your day with Susan Tuttle.	0:35
8:30 AM	Consumer Science Consumer news and notes.	0:30

9:00 AM	Senior Living Lynn Brennan covers topics of interest to the senior community and the general public. A program of questions and answers of interest for those 50+.	0:30
9:30 AM	Write Now Join the Writers Club as they discuss writing and books.	0:30
10:00 AM	Tai Chi A must try meditation in motion.	0:30
10:30 AM	Camera Club The Laguna Woods Village Camera Club promotes the art of amateur photography and related arts. This month meet foster cat Missy and see her story.	0:30
11:00 AM	Trading Post Pat Garden & Sheila Bialka will show you some deals that you don't want to miss. The best bargains in the Village are all in this half hour show.	0:30
11:30 AM	Golf Tips Improve your score!	0:30
12:00 PM	Message Board	2:30
2:30 PM	Sunshine Musical Pre-Show	1:00
3:30 PM	Message Board	8:30

Laguna Woods Village Local Origination Sunday, 7/30/2017		
Time	Show	Duration
12:00 AM	Message Board	7:55
7:55 AM	Susan Tuttle Fitness Start your day with Susan Tuttle.	0:35
8:30 AM	California's Water With Huell Howser.	1:00
9:30 AM	Consumer Science News and notes for consumers.	0:30
10:00 AM	Tai Chi A must try meditation in motion	0:30
10:30 AM	Write Now Join the Writers Club as they discuss writing and books.	0:30
11:00 AM	Trading Post The best bargains in the Village	0:30
11:30 AM	Message Board	1:00

12:30 PM	Road Trip to San Juan Capistrano "California's Gold" Huell road trips to historic San Juan Capistrano. After a personal tour of the Mission, he explores Los Rios Historic District.	1:00
1:30 PM	Message Board	10:30