LEARN TO STUDY USING...
Interleaving

SWITCH BETWEEN IDEAS
WHILE YOU STUDY

HOW TO DO IT

Switch between ideas
during a study session.
Don’t study one
idea for too long.

Go back over the ideas
again in different
orders to strengthen
your understanding.

Make links between
different ideas as you
switch between them.

learningscientists.org

Six Strategies for Effective Learning Bookmarks

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