

# St. Bede Academy

## August/September 2017

# Value Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		<b>August 16</b> Chicken Tenders Mashed Potatoes 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>August 17</b> Beef Tacos Seasoned Rice 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>August 18</b> <b>PIZZA HUT DAY!</b> 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
<b>August 21</b> Pasta with Marinara Sauce Garlic Bread 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>August 22</b> <b>Double Dog Day with all the "fixins"</b> Spiral Cut Fries 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>August 23</b> <b>BRUINS</b> Popcorn Chicken & Mashed Potato Bowl With Corn & Cheese 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup/Chips Fresh Fruit/Cupped Fruit	<b>August 24</b> <b>SCHOOL SPIRIT</b> <b>BBQ</b>	<b>August 25</b> <b>PIZZA HUT DAY!</b> 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
<b>August 28</b> Salisbury Steak Mashed Potatoes 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>August 29</b> <b>2 Bosco Sticks with Marinara Sauce</b> Baby Carrots/Ranch 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>August 30</b> Greek-Style Chicken Rice Pilaf 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup Baked Chips	<b>August 31</b> Corn Dog Tater Tots 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup Baked Chips	<b>September 1</b> <b>PIZZA HUT DAY!</b> 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
<b>September 4</b> <b>HAPPY LABOR DAY</b>	<b>September 5</b> <b>Meatball Sub with Marinara &amp; Mozzarella</b> 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup Baked Chips	<b>September 6</b> Chicken Tenders Mashed Potatoes 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>September 7</b> Parmesan Buttered Noodles with Grilled Chicken Strips 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup Baked Chips	<b>September 8</b> <b>PIZZA HUT DAY!</b> 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
<b>September 11</b> Speciality Dill Chicken Sandwich Waffle Cut Fries 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>September 12</b> <b>Beef Burrito Bowl – Rice- Beans</b> Garnish 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>September 13</b> Rotini with Marinara Garlic Toast 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>September 14</b> <b>Breakfast for Lunch</b> French Toast Sticks/Syrup Hash Browns Sausage Patty 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>September 15</b> <b>PIZZA HUT DAY!</b> 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
<b>September 18</b> Teriyaki Chicken Seasoned Rice 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup Baked Chips	<b>September 19</b> <b>Handcrafted Macaroni &amp; Cheese</b> Dinner Roll 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup <b>Baked Chips</b>	<b>September 20</b> <b>Beef &amp; Cheese Nachos</b> Cinnamon Churro 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup Baked Chips	<b>September 21</b> <b>Shredded BBQ Chicken Sandwich on a Bun</b> Sweet Corn 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup <b>Baked Chips</b>	<b>September 22</b> <b>PIZZA HUT DAY!</b> 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
<b>September 25</b> <b>Fish Fillet Sandwich with Cheese &amp; Tartar Sauce</b> Parsley Redskin Potatoes 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup Baked Chips	<b>September 26</b> <b>Chicken &amp; Pasta with Homemade Alfredo Sauce &amp; Garlic Bread</b> 6oz Juice or Milk <b>Choose any 2</b> Pudding Cup Fresh Fruit/Fruit Cup Baked Chips	<b>September 27</b> <b>BBQ Rib Sandwich</b> Sweet Corn 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>September 28</b> <b>Oven "Fried" Chicken Drumstick</b> Scalloped Potatoes 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	<b>September 29</b> <b>PIZZA HUT DAY!</b> 6oz Juice or Milk <b>Choose any 2</b> Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips

### Additional Ala Carte Offered Daily

- Create your own Salad Bar
- Grab N Go Specialty Wraps & Sandwiches
- Peanut Butter & Jelly Sandwich
- Hummus & Pita Bread
- Vegetable Plate with Ranch
- Apple Slices with Homemade Dip
- Fresh Fruit Cups
- Yogurt Parfait
- Pudding Parfait
- Assorted Bottle Drinks
- Fresh Baked Chocolate Chip Cookies (Wednesdays Only)
- Variety of Snacks

A la Carte items are sold separately and not included in the Value Meal

### VALUE MEAL \$ 3.95

INCLUDES THE FEATURED MENU OF THE DAY, CHOICE OF 2 OF THE SIDES LISTED AND CHOICE OF 6 OZ JUICE OR MILK

ADDITIONAL ENTREES AVAILABLE DAILY WITH VALUE MEAL

HAMBURGER  
CHICKEN SANDWICH  
(REGULAR OR SPICY)