


St. Bede Academy October 2017 Value Menu

Monday	Tuesday	Wednesday	Thursday	Friday
October 2 Rotini with Meatballs & Marinara Sauce Garlic Toast 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 3 Double Dog with all the trimmings Seasoned Spiral-Cut French Fries 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 4 Bruins Chicken & Mashed Potato Bowl with Corn and Shredded Cheese Dinner Roll 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 5 BBQ Chicken Sandwich Sweet Corn 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 6 PIZZA HUT DAY! Choose any 2 6oz Juice or Milk Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
October 9 COLUMBUS DAY NO SCHOOL	October 10 Buttered Parmesan Noodles with 1 Bosco Stick 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 11 Beef Burrito Bowl with Rice, Corn Cinnamon Churro 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 12 Italian Beef on a French Roll Scalloped Potatoes 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 13 PIZZA HUT DAY! Choose any 2 6oz Juice or Milk Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
October 16 Chicken Parmigiana Sandwich with Marinara & Mozzarella Cheese 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 17 NO LUNCH SERVICE	October 18 NO LUNCH SERVICE	October 19 Tyson Chicken Drumstick Mashed Potatoes 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 20 NO LUNCH SERVICE
October 23 Beef & Cheese Nachos Cinnamon Churro Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 24 Handcrafted Mac & Cheese Breadstick 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 25 Soft Beef Tacos Seasoned Rice Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 26 Rotini with Meatsauce Garlic Toast 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 27 PIZZA HUT DAY! 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
October 30 Chicken Tenders Mashed Potatoes 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	October 31 BBQ Rib Sandwich Sweet Corn 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips			Soup is On!

Additional Ala Carte Offered Daily

Salad Bar-Create Your Own
 Soup of the Day
 Grab N Go Specialty Wraps and Sandwiches
 Peanut Butter & Jelly Sandwich
 Hummus & Pita Bread
 Vegetable Plate with Ranch
 Apple Slices with Homemade Dip
 Fresh Fruit Cups (seasonal)
 Fresh Fruit & Yogurt Parfait
 Assorted Bottle Drinks
 Fresh Baked Chocolate Chip Cookies (Wednesdays)
 Variety of Snacks
 Ala carte items are sold separately and not included in the Value Meal

Value Meal \$ 3.95

Includes the featured menu of the day, choice of 2 of the sides listed and choice of 6oz Juice or Milk

Additional Entrees available daily with Value Meal

Hamburger
Chicken Sandwich
(Regular or Spicy)