


St Bede Academy February 2018

Value Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Value Meal \$ 3.95 Includes the featured menu of the day, choice of 2 of the sides listed and choice of 6oz Juice or Milk	Additional Entrees available daily with Value Meal Hamburger Chicken Sandwich (Regular or Spicy) ONLY FISH SANDWICH AVAILABLE ON ASH WEDNESDAY & FRIDAYS DURING LENT			February 1 Toasted Cheese Sandwich French Fries 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 2 EARLY DISMISSAL NO LUNCH
	February 5 BRUINS Popcorn Chicken Bowl with Mashed Potatoes 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 6 Double Dog Day Spiral-Cut French Fries 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 7 BBQ Rib Sandwich Corn 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 8 Pasta with Marinara Sauce & Garlic Bread 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 9 PIZZA HUT DAY! 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips
	February 12 Beef Tacos Spanish Rice 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 13 Oven-"Fried" Chicken Drumstick Mashed Potatoes 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 14 ASH WEDNESDAY Parmesan Buttered Noodles with a Bosco Stick 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 15 Cantonese-Style Chicken with Chinese Vegetables & Asian Rice Steamed Baby Carrots 6oz Juice or Milk Chinese New Year (Lunar New Year)	February 16 PIZZA HUT DAY! 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips Cheese Pizza Only
	February 19 PRESIDENTS DAY NO SCHOOL	February 20 Chicken Tenders Mashed Potatoes 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 21 Cheese Tortellini Garlic Breadstick 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 22 Buffalo Chicken Bites Celery/Carrots/Ranch 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 23 PIZZA HUT DAY! 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips Cheese Pizza Only
	February 26 Salisbury Steak Au gratin Potatoes 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 27 Mini Corn Dogs Spiral Fries 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	February 28 Beef Burrito Bowl with Rice, Corn Cinnamon Churro 6oz Juice or Milk Choose any 2 Fresh Fruit/Cupped Fruit Pudding Cup Baked Chips	Soup Served Daily 	

Let's Give Everyone a (Clean) Hand

Did you know that hands are the single most important way all types of infections are transmitted? Hand washing with warm water and soap is one of the best ways to combat the problem. Lather up for about as long as it takes to sing "Happy Birthday" twice. Rinse well and dry with a clean or disposable towel or air dryer. Help to prevent the spread of germs that make you sick.

Additional Ala Carte Offered Daily

- Home Made Soup of the Day
 - Create your own Salad Bar
 - Grab N Go Specialty Wraps and Sandwiches
 - Peanut Butter and Jelly Sandwich
 - Hummus & Pita Bread
 - Vegetable Plate with Ranch
 - Apple Slices with Homemade Dip
 - Fresh Fruit Cups
 - Yogurt Parfait
 - Pudding Parfait
 - Assorted Bottle Drinks
 - Fresh Baked Chocolate Chip Cookies (Wednesdays Only)
 - Variety of Snacks
- Ala Carte Menu items are not included in the Value Meal