

Bryan Hapka D.C.

ACTIVE SPINE & SPORT THERAPY

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www.activespineandsport.com

EDUCATION

- **Parker University College of Chiropractic**, Dallas, Texas
 - Doctor of Chiropractic (August 2008)
- **St. Olaf College**, Northfield, Minnesota
 - Bachelor of Arts, Exercise Science (May 2005)

POST GRADUATE CERTIFICATIONS AND TRAINING

- *RockTape — Functional Movement Taping Level 1 and Level 2*
- *Selective Functional Movement Assessment – Advanced SFMA*
Functional Movement Systems, Inc.
- *Selective Functional Movement Assessment – Certification Course*
Functional Movement Systems, Inc.
- *The McKenzie Method of Mechanical Diagnosis and Treatment*
– Part A: Lumbar Spine
The McKenzie Institute USA
- *The McKenzie Method of Mechanical Diagnosis and Treatment*
– Part B: Cervical and Thoracic Spine
The McKenzie Institute USA
- *FAKTR – Functional and Kinetic Treatment with Rehab Course*
- *Neurokinetic Therapy Level 1 Certified - NKT*
Neurokinetic Therapy TM
- Certified in Active Release Techniques: Full Body - ART
Active Release Techniques, Inc.
- Titleist Performance Institute - Level 2 Medical Professional
Titleist Performance Institute, Oceanside, CA
- Basic 100 Hour Postgraduate Certification - AK
International College of Applied Kinesiology

PRACTICE EXPERIENCE

- **Active Spine & Sport Therapy** - Fort Worth, Texas
 - Chiropractic Physician/Sports Practitioner (February 2014 – Current) Complete Musculoskeletal/Sports Injury Care and Rehabilitative Training
- **Premier Chiropractic of Southlake** - Southlake, Texas
 - Chiropractic Physician/Sports Practitioner (May 2012 – February 2014) Complete Musculoskeletal/Sports Injury Care and Rehabilitative Training
- **Active Spine & Sport Therapy** - Fort Worth, Texas
 - Chiropractic Physician/Sports Practitioner (January 2011 – May 2012) Complete Musculoskeletal/Sports Injury Care and Rehabilitative Training

- **Trophy Club Chiropractic – Trophy Club, Texas**
 - Associate Chiropractic Physician (June 2010 – December 2010). Performed chiropractic adjustments, modalities, physical examinations, rehab exercises and provided nutritional counseling as well as supplementation.
- **Hapka Chiropractic – Trophy Club, Texas**
 - Chiropractic Physician/Owner (January 2009 – May 2010) Opened solo private practice to gain procedural, insurance, business and treatment experience. Performed chiropractic adjustments, modalities, physical examinations, rehab exercises, provided nutritional counseling as well as supplementation and performed all front office procedures.
- **Parker College of Chiropractic Outpatient Clinic - Dallas, Texas**
 - Chiropractic Intern (September 2007 – August 2008) Comprehensive outpatient health care and treatment of the public: physical examination, radiological procedures and studies, laboratory diagnosis, neurological and orthopedic evaluation, spine and joint manipulation, myofascial release, rehabilitation, and physiotherapeutic modalities
- **Parker College of Chiropractic Student Clinic - Dallas, Texas**
 - Chiropractic Student Intern (April 2007 – August 2007) Treatment of students, faculty, and their families. Patient care included diagnosis, treatment, and patient management: physical examination, radiological studies, neurological and orthopedic evaluation, spine and joint manipulation, and physiotherapeutic modalities

CONTINUING EDUCATION/SEMINARS ATTENDED

- **RockTape – Functional Movement Taping; Level 1 and Level 2**
 - Arlington, TX – 16 hrs, May 2016
- **McKenzie Method of Mechanical Diagnosis and Treatment Part A: Lumbar Spine**
 - St. David's Hospital Rehab Center –Austin, TX – 26hrs, 2015
- **McKenzie Method of Mechanical Diagnosis and Treatment Part B: Cervical and Thoracic Spine**
 - St. David's Hospital Rehab Center –Austin, TX – 26 hrs, 2015
- **FAKTR – Functional and Kinetic Treatment with Rehab**
 - Colleyville, TX – 16 hrs, 2015
- **SFMA – Advanced Certification**
 - Selective Functional Movement Assessment Level 2 Certification Course –Carlsbad, CA –16 hrs, 2014

- **SFMA – Basic Certification**
 - Selective Functional Movement Assessment Level 1 Certification Course – St.Louis, MO – 16 hrs, 2014
- **Titleist Performance Institute Level 2 Medical Professional**
 - Level 2 Online Course – October 2014
- **Neurokinetic Therapy**
 - Neurokinetic Therapy Level 1 Certification Course – Austin, TX – 15 hrs, 2013
- **Active Release Techniques (ART) Soft Tissue Management System Certification**
 - Active Release Techniques Online Recertification – May 2013
 - Active Release Techniques for the Lower Extremity and Practical Examination – *Austin, TX – 18 hours, 2012*
 - Active Release Techniques for the Lower Extremity and Practical Examination – *Jersey City, NJ – 24 hours, 2011, 2012*
 - Active Release Techniques for the Upper Extremity and Practical Examination – *Kansas City, MO - 24 hours, 2011*
 - Active Release Techniques for the Spine and Practical Examination – Austin, TX – 21 hours, 2011
- **Applied Kinesiology Basic Certification 100 Hour– *International College of Applied Kinesiology – Dallas, Texas***
 - September 2007 – June 2008, Dr. Evan Mladenoff, DC, DICAB
- **Titleist Performance Institute Level 1 Certified**
 - Level 1 Certification, Greg Rose, DC, Titleist Performance Institute Minneapolis, MN; August 2008, - 16 Hours
- **Tour D' Laser - *Erchonia Laser Healthcare, Dallas, TX***
 - Jeffery Spencer, DC, MA, CCSP, February 2010, - 12 hours
- **Principles & Practice of Nutritional Intervention**
 - Stuart White, DC, DACBN, CCN; October 2009, Standard Process of North Texas, -16 hours
- **A Comprehensive Approach to a Successful Nutritional Practice**
 - Curt Hamilton, CCN; Keith Kimberlin, DC; Janelle Perkins, DC; September 2008, -8 Hours
- **Basic Life Support (BLS) Certification – *American Heart Association***
 - *Justin Izzo, Addison Fire Dept. – Roanoke, TX, 2010 – Renewal*

Lectures and Presentations

- Prevention and Maintenance of Common Running Injuries
Luke's Locker Saturday Marathon Training Group – April 2015 and August 2016.
- Crossfit Full Body Injury Prevention and General Mobility Concepts
Crossfit Chisolm Trail—April 2015
- Shoulder Function and Mobility/Stability Concepts for the Crossfit athlete
Crossfit Chisolm Trail—June 2015
- Crossfit Full Body Injury Prevention and General Mobility Concepts
Crossfit IronHorse—June 2015
- *Shoulder Function and Mobility/Stability Concepts for the Crossfit athlete*
Crossfit IronHorse—August 2015
- *Hip/Knee Function and Mobility Concepts for the Crossfit athlete*
Crossfit IronHorse—October 2015
- *Running Injury Concepts and Workshop*
Luke's Locker – Monthly on Saturday Mornings

Awards and Accolades

- **Best Sports Rehab Clinic: South Region** awarded to Active Spine and Sport Therapy – Competitor Magazine 2007, 2008, 2009, 2011, 2012, 2013, 2014 and 2015

ASSOCIATIONS/AFFILIATIONS

- Titleist Performance Institute
- Active Release Techniques Inc.
- Neurokinetic Therapy ®
- Functional Movement Systems Inc.
- RockTape- Certified Medical Provider