(Ah-Sigh-EE) Açai Bowls & Smoothies

BOWLS

Very Berry \$9.00 BLEND açai, blueberry, strawberry, banana, almond milk TOPPINGS strawberries, blueberries, raspberries, banana, granola, coconut, honey

Nutty \$9.00

BLEND açai, blueberry, strawberry, banana, almond milk TOPPINGS banana, peanut butter, cacao nibs, granola, coconut, honey

Maui Wowie \$9.50

BLEND açai, pineapple, mango, blueberry, banana, lime, coconut water TOPPINGS pineapple, blueberries, goji berries, hemp & greens superfood cereal, flax seed, coconut, honey SMOOTHIES 160z-\$6 240z-\$8 Be Berry strawberries, blueberries, banana, almond milk Suggested Boost: Peanut Butter Mango #5 mango, pineapple, banana,

honey, orange juice Suggested Boost: Coconut

Playa Pitaya \$9.50

BLEND pitaya, mango, pineapple, banana, coconut water, apple juice TOPPINGS kiwi, mango, goji berries, coconut, granola

Eat, Drink, & Be Berry

COFFEE from ashlawn farm coffee

Hot Coffee 12oz - \$2.00 16oz- \$2.50 Iced Coffee (served over coffee ice cubes) ashlawn farm COFFEE

keeping the tradition

Purple Rain

açai, blueberries, mango, ginger, almond milk Suggested Boost: Flax Seeds

Pink Panther

pitaya, strawberry, mango, almond milk, apple juice Suggested Boost: Chia Seeds

Hartford Kaler

kale, pineapple, banana, coconut water Suggested Boost: Fresh Ginger

16oz - \$3.00

Nitro Cold Brew Straight Pour (12oz) \$4.00 Over Coffee Ice Cubes \$4.50

Flavor Shots .50¢



BOOST

your smoothie or bowl

Cacao \$1 Chia Seeds 50¢ Coconut 50¢ Flax Seeds 50¢ Fresh Ginger 50¢ Goji Berries 50¢ GF Granola 50¢ Guarana \$1 Hemp Seeds 50¢ Honey 50¢ Organic Pea Protein \$1 Pure Maple Syrup 50¢ Sunflower Seeds 50¢ Whey Protein \$1 Peanut Butter \$1