

InStyle

Just Us Girls

VICTORIA BECKHAM GETS REAL



#BXNCJDM *****CAR-RT LOT**C-006
#2207 2703 030#IN 30TNOO D DEC17
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InStyle

the buzz

Natural
Never Looked
So Good



SOUTHERN COMFORT

The coolest girls in Nashville use this all-purpose organic salve created by locals Jen Auerbach and Adriel Denae. Clary Collection Balm (\$21/4 oz.; clarycollection.com) has only six ingredients, including wildflower beeswax.



STEAM CLEAN

Linger in the shower for just a minute longer. Steam amplifies the brightening effects of Aveeno Positively Radiant 60 Second In-Shower Facial (\$7; target.com) by softening pores for a deeper cleanse.

PEACE MAKERS

Uma founder Shrankla Holecck has drawn on the ancient Hindu practice of Ayurveda, which promotes inner balance, for her new line of soothing oils (\$49-\$175; uma oils.com). Clinically proven ingredients deliver calming benefits.



Liftoff

If you've never used the words "exfoliation" and "fun" in the same sentence, you haven't tried the Body Shop Drops of Youth Liquid Peel (\$25; thebodyshop-usa.com). Based on technology popularized in South Korea, the gel formula balls up when massaged on the face, taking dead skin cells with it. It's a gentle alternative to physical exfoliants—and instantly gratifying to boot.



NEW

Special K Nourish[®] Bites

FIND THEM IN THE SNACK BAR AISLE