

Ginger Lemonade

<http://www.food.com/recipe/ginger-lemonade-164068>



Ingredients:

- 3 cups sugar (or to taste)
- 16 cups water (4 quarts)
- 4 cups fresh lemon juice (24 lemons)
- 12 -14 slices fresh gingerroot
- 2 lemons, sliced

Directions:

- 1 - Mix sugar water and gingerroot in an 8 quart heavy pan.
- 2 - Heat to boiling, stirring occasionally. Remove from heat and cool 15 minutes. Remove gingerroot.
- 3 - Pour sugar mixture into a pitcher or large glass or plastic container.
- 4 - Stir in lemon juice and refrigerate at least on hour until chilled.
- 5 - Serve over ice garnished with lemon slices.

Nutritional Facts for Ginger Lemonade

Serving Size: 1 (367 g)

Servings Per Recipe: 15

Amount Per Serving%

Daily Value Calories 175.3 Calories

from Fat 079%Total Fat 0.0 g0%

Saturated Fat 0.0 g0%Cholesterol 0.0

mg0%Sodium 6.3 mg0%Total Carbo-

hydrate 47.4 g15%Dietary Fiber 0.9

g3%Sugars 41.5 g166%Protein 0.4

g0%