

YOGA in PARIS

Osi Mizrahi

Certified Anusara yoga instructor & Shambhala meditation guide

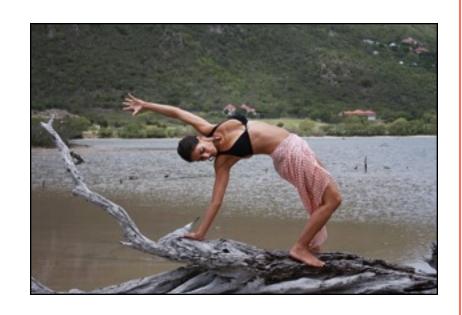
Elinor Griffith

French speaking guide and foodie

Daily Yoga
Fab Restaurants
Cooking Class
Cruise on Seine

October 5 - 10, 2010

(Tuesday - Sunday)



Bring a Girl (or Guy) Friend ... included:

Airport group transfers to/from

Left Bank Hotel *** room/tax, double with single beds Breakfast daily

Yoga Daily at Centre de Yoga du Marais + meditation in the Luxembourg Gardens

Museum pass (2 days), Bus/Subway pass (5 days) & River Cruise on the Seine

Dinners at Chez L'Ami Jean and Le Bon St. Pourcain Cooking Lesson/Dinner with Charlotte Puckette, author of *The Ethnic Paris Cookbook*

Restaurants and cooking class may be substituted for same quality

Cost: \$1700, per person (\$500 downpayment to reserve spot; balance due by August 22 -- with \$50 off final price if paid by 8/15.

For details, see registration.

Questions: Osi 914-450-6424 (www.osiprana.com) or Elinor ElinorAGriffith@aol.com (www.elinorgriffith.com)