

Book by August 15 for \$50 savings!



YOGA in PARIS

Osi Mizrahi

Certified Anusara yoga instructor & Shambhala meditation guide

Elinor Griffith

French speaking guide and foodie

Daily Yoga
Fab Restaurants
Cooking Class
Cruise on Seine

October 5 - 10,
2010
(Tuesday - Sunday)



Bring a Girl (or Guy) Friend ... included:

Airport group transfers to/from
Left Bank Hotel *** room/tax, double with single beds
Breakfast daily
Yoga Daily at Centre de Yoga du Marais + meditation in the
Luxembourg Gardens
Museum pass (2 days), Bus/Subway pass (5 days) & River
Cruise on the Seine
Dinners at Chez L'Ami Jean and Le Bon St. Pourcain
Cooking Lesson/Dinner with Charlotte Puckette, author of
The Ethnic Paris Cookbook

*Restaurants and cooking class may be substituted for
same quality*

Cost: \$1700, per person
(\$500 downpayment to
reserve spot; balance due by
August 22 -- with \$50 off
final price if paid by 8/15.

For details, see registration.

Questions: **Osi** 914-450-6424 (www.osiprana.com) or **Elinor** ElinorAGriffith@aol.com (www.elinorgriffith.com)