

Video 3: Your One and Only

Facilitator Notes

You can use these notes to get an idea of the theme of this discussion or use it as a script with your group.

Here, Kyle examines the costs associated with being fans and followers. Although fans ooze enthusiasm, spend money, and dedicate time to their team of choice, there is little cost to being a fan. Followers, however, are asked to sacrifice everything. Jesus wasn't vague about this point; he let his disciples know that they had to be ready to deny themselves and take up their cross daily to follow him. In other words, they had to be prepared for whatever lied ahead – no matter the cost – to follow Jesus. And there's no escape plan. Fans can always walk away and find a new team to root for when things don't go their way. Followers risk it all to pursue a relationship with Jesus Christ.

Opening Activity

Supplies Needed: a large writing surface, markers

Sometimes, as a teenager, I'm sure you can feel pretty torn. There are so many things that you're involved with. You're on sports teams and in classrooms, you have families and friend groups, you've got instructors and coaches and mentors and ministers and parents who are all giving you instructions. And in every circle, you've got different expectations and rules and purposes. So, as we begin tonight, we're going to list the different circles that you're a part of. Grab a marker and lets blitz this board (or wall, poster board, sidewalk, etc.) with all the groups that you're involved in. You'll have 4 or 5 minutes to write.

When the time is up, take a moment to walk through some of the items the students listed. If you end up with an overwhelming mass of clutter, that's not a bad thing. Students need to see and feel the weight of all the groups competing with Jesus for their devotion. As well, the list can be used later to help illustrate the areas that Jesus wants to take priority over, and be Lord throughout.

Discussion Questions

- What are some of the things you've learned so far from the last few videos and discussions?
- How would you feel if you had been in a serious dating relationship with someone, and later found out they were also seeing other people?
- How do you think Jesus feels when we only give him some parts of our life, but live for ourselves in others?

Read Luke 14:25-33 together.

- In your own words, summarize what we just read.
- What point is Jesus trying to make? Do you think he really wants for us to hate our families? Why or why not?
- How does your family feel about you getting to know Jesus more?
- According to verse 33, what is required to be a disciple of Jesus?
- In the video, Kyle mentioned that we sometimes give God a dresser drawer in our lives, but Jesus wants to be the dresser that all the drawers fit into. What does that mean?
- Are there drawers in your dresser that you haven't let Jesus take over? Which one(s)?
- Take a minute to think of the thing that's competing with Jesus in your life. We constantly have to make the choice of whether that thing will take priority in our lives. Several examples were mentioned in the video:
 - I choose Jesus over money
 - I choose Jesus over career goals
 - I choose Jesus over getting drunk
 - I choose Jesus over looking at porn
 - I choose Jesus over my freedom
 - I choose Jesus over what other people might think of me

Fill in the blank for yourself. I need to choose Jesus over . . .

Jesus never produced a commercial, trying to persuade people to buy into him. He didn't resort to gimmicks in order to keep people following in his footsteps. Jesus was very clear that following him came at a price. Perhaps we've gotten so focused on the things we get out of our relationship with Him, that we have forgotten all that he's asked for us to give toward it. Jesus said that if we want to be his disciples, we have to surrender everything. And that's a pretty hard thing to do. But he's worth it. A relationship with Jesus is worth any price, no matter how severe.

Closing Challenges

- This week, think about the analogy of the dresser drawers. There are

probably some drawers that you haven't let Jesus into. Consider the cost of what Jesus asks of you. If you're ready and willing to pay the price, pray and ask for God to make obvious the areas of your life in which you're not letting him have control. Then, ask for the Holy Spirit's help in surrendering those areas to him. Make it your goal for God to have control over every area in your mind, heart, and everyday life.

- Write or type in a journal each day this week. Start each entry with "I choose Jesus over..." and fill in the blank. Use this as a prayer to God or a tangible way to display your inner surrender of these areas to Jesus.