



# ACE STUDENT WORKSHOPS

ACHIEVEMENT AND COMMITMENT TO EXCELLENCE

## for STUDENTS



## 1-DAY ACE Workshop

The 1-Day ACE Workshop is a dynamic interactive program where students have the opportunity to connect with both their peers and the adults they work with at school through both fun and meaningful structured activities.

### Purpose:

- To build positive relationships, trust, and connections (*student-to-student, student-to-teachers*) that will be a foundation for ongoing healthy school relationships and school success
- To develop greater self-esteem, self-motivation, and wise decision-making skills

### Key Elements:

- Building Connections - student to student; teachers to students
- 3Rs - **Respect** (self and others),  
**Resiliency** (skills for self-esteem and wise decision-making),  
**Responsibility**
- Creating a more Positive School Climate

### Format:

- Interactive one-day workshop for approximately 100 students\*\*
- Within each workshop, the larger group is divided into “resource groups” (*of 7-10 students and one adult*) for structured teambuilding and experiential activities. There will be also whole group activities.

*\*\*Can be more or less depending upon venue and adult-to-student ratios*

### Teachers' & Adults' Roles and Responsibilities:

- General Supervision - help prepare room & workshop sessions, supervise & assist with break, lunch, arriving & departing, and bus coverage, if applicable
- Resource Group Leaders - active, positive role modeling & coaching
- Active participation & involvement

Since 1987, EduCare's programs have been offered to more than 40,000 students in schools, school districts, and youth serving agencies worldwide. Its youth development programs, professional development trainings, and parent workshops have been widely cited as outstanding models for innovative and self-sustaining change.