

# STARTERS

**SOUTHWEST EGGROLLS** Crispy wraps hand-rolled with fajita chicken, jack and cheddar cheeses, cilantro, smoked corn, black beans, tomatoes and jalapenos. Served with avocado ranch. **\$10**

**CRACKER BREADED MOZZARELLA** Sliced thick mozzarella cheese lightly breaded and deep-fried. Served with honey mustard and ranch. **\$8**

**ESPINACA QUESO** A favorite! Jalapeno jack cheese combined with fresh spinach, herbs and spices. Served with tortilla chips and salsa. **bowl \$8 / cup \$6 / Add taco meat for \$2**

**OKIE FRIES** Our seasoned french fries loaded with melted jack cheese and cheddar cheese and topped with honey pepper bacon bits. Served with aside of Ranch dressing. **\$10**

**FRIED PICKLE CHIPS** Pucker Up! Dill pickle chips battered and flash fried. Served with ranch dressing. **\$8**

**CHICKEN BITES** Hand breaded chicken bites served with a complement of three dipping sauces. **\$9**

**FRIED CALAMARI** European squid planks battered and fried to perfection and served with marinara sauce. **\$10**

**BRUSCHETTA** Fresh diced tomatoes mixed with virgin olive oil, salt and pepper on a toast point with feta cheese and a balsamic reduction. **\$8**

**TRIPLE OPTION** Fried pickles, okie fries, cracker breaded mozzarella, southwest egg rolls, espinaca queso. **pick 3 for \$14 pick 4 for \$15**

# SIDE DISHES

French Fries **\$2**

Potato Chips **\$2**

Tator Tots **\$2**

Okra **\$2**

Borracho Beans **\$2**

Mashed Potatoes **\$2**

Corn on the Cob **\$2**

Steamed Vegetables **\$2**

# SPECIALTY SIDES

Loaded Mashed Potatoes **\$4**

Sweet Potato Fries **\$4**

Fried Pickle Chips **\$4**

Mac and Cheese **\$4**

Spud **\$4**

Burgundy Mushrooms **\$4**

Onion Rings **\$4**

# SALADS, SOUPS AND SPUDS

**FRIED CHICKEN CLUB SALAD** Crisp greens, jack and cheddar cheeses, chopped bacon and tomatoes topped with crispy fried chicken. Served with choice of dressing. **\$11**

**LINDA'S CLASSIC SPINACH SALAD** Fresh spinach, grilled chicken, jack and cheddar cheese, mushrooms and red onion tossed in our classic Linda's dressing. Served with tomato wedges. **\$10**

**SAINT HELENA SPRING SALAD** A mix of romaine, spinach, iceberg and spring lettuce with chicken, apple, walnuts, cashews, pineapple, raisins, and chopped bacon tossed in a lemon chardonnay dressing and garnished with fresh strawberries. **\$12**

**FRESH VEGETABLE PLATE** 0.6 fat grams; with muffin 7.9 fat grams Piping hot steamed vegetables with our "world's best" honey mustard dressing. **\$9 / Add chicken \$3 / Add salmon for \$5**

**SALMON WEDGE\*** Fresh romaine hearts with chopped tomatoes, blue cheese crumbles, red onion, cracked black pepper, topped with grilled salmon and served with garlic parmesan dressing. **\$14 / Add \$2 to substitute top sirloin.**

**SOUTHWEST QUESADILLA SALAD** Fresh house greens, grilled fajita chicken, jack and cheddar cheese, black beans, diced tomatoes, and crunchy tortilla strips. Topped with a cheesy hot southwest quesadilla. Great with our homemade salsa, or your choice of dressing. **\$12**

**URB CHEF SALAD** Mixed Greens topped with ham, turkey, bacon, eggs, onions, jack and cheddar cheese, cherry tomatoes and served with your choice of dressing, dinner roll and cinnamon honey butter. **\$11**

**BLACKENED CHICKEN CAESAR** Crisp Romaine lettuce tossed in our creamy Caesar dressing, topped with blackened sliced chicken breast, croutons and Parmesan cheese. Served with our fresh made dinner roll and cinnamon honey butter. **\$12 / Add \$3 to substitute top sirloin**

**LITE FARE** Mixed Greens, fresh diced tomatoes and dressing with your choice of **Grilled Chicken Breast \$7 / Grilled Salmon \$9 / Top Sirloin \$12**

**Dinner or Caesar Salad / \$4 / With Entrée \$2**  
**Soup of the Day / Bowl \$6 / Cup \$4**

**URBAN COMBOS / any 2 \$10 / any 3 \$12**

House Salad • Caesar Salad • Loaded Spud • Bowl of Soup • 1/2 of our IU Club Sandwich • 1/2 of our Quesadilla • Specialty Spuds: Chicken Ranch, Mexi Spud and Chili Cheese Spud for an additional **\$2**

**Our homemade salad dressings:** Our House Special Garlic Parmesan Dressing, Buttermilk Ranch, Blue Cheese, Honey Mustard, Linda's Special Dressing, Balsamic Vinaigrette, Thousand Island, Lemon Caper Vinaigrette, Lemon Chardonnay, Lite Italian and Fat Free Ranch.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

# GIFT CERTIFICATES AVAILABLE

FIND US ONLINE AT [WWW.INTERURBAN.US](http://WWW.INTERURBAN.US)

We'd love to cater your next event, big or small, corporate or private. Please call 580.470.9393.



**DUNCAN**  
**580.470.9393**

## VISIT ALL OUR LOCATIONS

**Edmond • Yukon • Northwest OKC**  
**Norman • Ardmore • Chickasha**

