



Far-reaching and effective approach

Parents as Teachers' high-quality, evidence-based, voluntary home visiting model targets families with pregnant women and **children from birth through kindergarten entry**, providing:

- Parenting education/family support, especially for vulnerable families
- Focus on parent-child interaction, development-centered parenting, and family well-being; on strengths, capabilities and skills; and on building protective factors within the family
- Four interrelated components:
 - > Personal visits
 - > Group connections for families
 - > Screenings
 - > Resource network



Impactful and proven outcomes

Independent evaluation, research and studies through the years demonstrate that Parents as Teachers makes a difference in the lives of children and families. Expected outcomes include:

- > Increased school readiness
- > Increased parent involvement in children's care and education
- > Early detection of developmental delays and health issues
- > Prevention of child abuse and neglect
- > Improved child health and development
- > Increased parental knowledge of their child's emerging development and age-appropriate child development

Studies also show that Parents as Teachers impacts child health outcomes including:

- > Increased child immunization rates
- > Lower body mass index rates
- > Higher birth weights
- > Improved family well-being
- > Increased family health literacy
- > Parent self-help development



The MIECHV program is designed to strengthen and improve programs and coordination of services for at-risk communities and to improve outcomes for those families. The Health Resources and Services Administration (HRSA) and the Administration for Children and Families (ACF) see home visiting as one of several strategies embedded in a quality early childhood system that promotes maternal, infant and early childhood health, safety and development, as well as strong parent-child relationships.