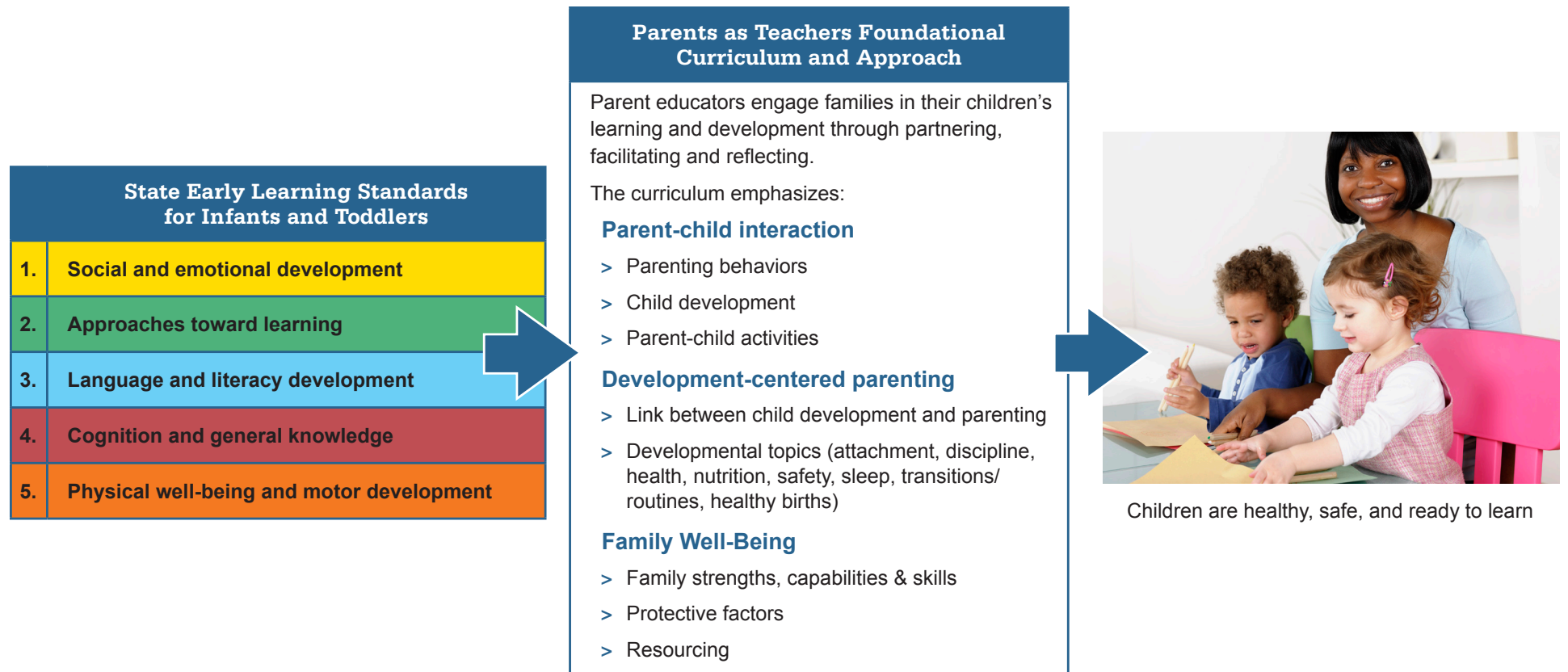


Parents as Teachers is Aligned with State Early Learning Standards

As states develop and implement their standards, it is important they are demonstrated to be aligned with other materials used in early care and educational settings, such as curricula¹. Early learning standards typically address all areas of early childhood development, but the labels used to articulate the areas of development vary by state. In the diagram below, five developmental domains commonly used in states' early learning standards are listed along with how they align with the PAT *Foundational Curriculum* in order to achieve positive outcomes for children. From the *Foundational*

Curriculum, PAT parent educators select Parent Educator Resources, Parent Handouts and Parent-Child Activities to promote development across these domains. On the following pages, a fillable form is provided to assist with creating an alignment between states' early learning standards and the PAT *Foundational Curriculum*. The form presents the parent educator resources, parent handouts and parent-child activity pages organized by developmental domain. State early learning standards for infants and toddlers can be typed directly into the left-hand column to create the alignment.



¹ Retrieved October 14, 2013 from www.earlylearningguidelines-standards.org/issue.php?iid=8.

State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Social and Emotional Development

General Developmental Information

- Child Development Chart (PH)
- Looking at Development (7 PERs, one for every phase)
- Differences and Delays in Development (PER)
- Understanding Differences in Development (PH)
- Fine SMILE (PH)

Domain-Specific Handouts & Resources

- Social-Emotional Development: 8 to 14 Months (PER)
- Social Emotional Development: 24-36 Months (PER)
- Parent-Child Interaction (1 PER, 1 PH)
- Infant Massage (1 PER, 2 PHs)
- Sensory Systems (1 PER, 2 PHs)
- Crying (1 PER, 2 PHs)
- Attachment (2 PERs, 3 PHs)
- Discipline (3 PERs, 7 PHs)
- Child Stress (2 PERs, 2 PHs)
- Temperament (1 PER, 2 PHs)
- Supporting Prenatal Attachment (PER)
- Prenatal Attachment (PH)
- Attachment and Brain Development (PER)
- Your Baby's/Child's Social-Emotional Development (8 PHs)
- Understanding Stranger and Separation Anxiety (PH)
- Nurturing Self-Esteem (PER)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Social and Emotional Development

Domain-Specific Handouts & Resources

- Your Child’s Developing Self-Esteem (PH)
- Understanding Negativism (PER)
- When “No” is Your Child’s Favorite Word (PH)
- When Your Child Says “I’m Scared” (PH)
- The Importance of Pretend Play (PER)
- Pretend Play With Your Child (PER)
- The Value of Play (PER)
- Young Sibling Relationships (PER)
- It’s MINE! (PH)
- Nurturing Self-Esteem (PER)
- Your Child’s Developing Self-Esteem (PH)
- Teaching Children to Solve Problems (PER)
- Helping Your Child Learn to Solve Problems (PH)
- Using Books to Explore Your Child’s Emotions (PH)
- Parenting Behaviors (PER)
- Developmental Topics: Transitions/Routines (Toolkit)
- Developmental Topics: Discipline (Toolkit)

Relevant Parent-Child Activity Pages

- What Do Babies Do? Understanding Reflexes and Responding to Needs
- Infant Massage: Getting in Touch
- Hush, Little Baby: Holding and Soothing
- In Sync With Massage: Communicating and Responding
- I Am Special: Stretching and Relaxing

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Social and Emotional Development

Relevant Parent-Child Activity Pages

- Yoga: Stretching, Relaxing, and Connecting
- Baby Games: Anticipating, Interacting, and Taking Turns
- Sensory Box: Filling, Sharing, Pouring, and Exploring
- Poor Jacob: Imitating and Caring
- Pretend Picnic: Imagining and Showing Understanding
- Train Ride: Pretending and Lining Up
- Take Care: Imitating and Caring
- Pretend Play: Dressing Up and Acting Out Stories
- Bears With Feelings: Pretending and Talking About Emotions
- Turn-Taking Tub: Giving and Playing
- Caregiving Routines: Trusting and Comforting
- People Pictures: Talking About Feelings and Fears
- Family Traditions: Communicating, Creating, and Sharing

Approaches Toward Learning

General Developmental Information

- Child Development Chart (PH)
- Fine SMILE (PH)
- Looking at Development (7 PERs)
- Differences and Delays in Development (PER)
- Understanding Differences in Development (PH)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Approaches Toward Learning

Domain-Specific Handouts & Resources

- Baby Signs (1 PER, 1 PH)
- Parenting Behaviors (Toolkit)
- Parenting Behaviors (1 PER, 1 PH)
- Your Baby’s Experiments With Cause and Effect (PH)
- Play (2 PERs, 3 PHs)
- Making the Most of Toys (PER)
- Choosing Age-Appropriate Toys for Babies (PH)
- Choosing Age-Appropriate Toys for Toddlers (PH)
- Puzzle Play (PH)
- Playing With Blocks (PER)
- Your Child Loves to Play With Blocks (PH)
- Understanding Temper Tantrums (PER)
- Taming a Temper Tantrum (PH)
- Handling Frustration Before a Tantrum Starts (PH)
- Helping Your Baby Learn to Feed Himself (PH)
- Outdoors (1 PER, 1 PH)
- Child Stress (2 PERs, 2 PHs)
- Temperament (1 PER, 2 PHs)
- What Is Special About This Age? (8 PHs)
- Your Baby’s/Child’s Social-Emotional Development (8 PHs)
- Nurturing Self-Esteem (PER)
- Your Child’s Developing Self-Esteem (PH)
- Social-Emotional Development (3 PERs)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Approaches Toward Learning

Domain-Specific Handouts & Resources

- Motor Development (3 PERs)
- Your Baby's/Child's Motor Development (8 PHs)
- Fine Motor Skills From 8 to 14 Months (PH)
- Discovering, Understanding, Experimenting, Adjusting (PH)
- The Role of Small Muscles in Learning (PER)
- The Role of Large Muscles in Learning (PER)
- Drawing and Writing (PH)
- Helping Your Child Learn to Cut (PH)
- Dressing Games (PH)
- Problem Solving (PER) Domain-Specific Handouts & Resources
- Teaching Children to Solve Problems (PER)
- Helping Your Child Learn to Solve Problems (PH)

Relevant Parent-Child Activity Pages

- Face to Face Talking: Looking and Communicating
- Face Pattern: Visual Tracking and Focusing
- Infant Massage: Getting in Touch and Calming
- Tracking Toy: Watching and Learning
- Grab It: Using Eyes and Hands Together, Grabbing and Batting
- Find the Toy: Seeking and Hiding
- Baby Games: Anticipating, Interacting and Taking Turns
- Unwrapping a Toy: Being Curious and Exploring
- Using Fingers: Picking up and Observing Objects
- Promoting Walking: Pushing and Cruising

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Approaches Toward Learning

Relevant Parent-Child Activity Pages

- Imitation Play: Leading and Following
- Pretend Picnic: Imagining and Showing Understanding
- Blocks: Talking about Building
- Dressing Teddy: Putting on Clothes and Pretending

Language and Literacy Development

General Developmental Information

- Child Development Chart (PH)
- Fine SMILE (PH)
- Looking at Development (7 PERs)
- Differences and Delays in Development (PER)
- Understanding Differences in Development (PH)

Domain-Specific Handouts & Resources

- Baby Signs (1 PER, 1 PH)
- Books (2 PERs, 7 PHs)
- Music (1 PER, 2 PHs)
- Rhymes and Songs (2 PERs, 6 PHs)
- Hearing (2 PERs, 3 PHs)
- What Is Special About This Age? all phases (8 PHs)
- Your Baby Is Learning to Communicate (PH)
- Babbling (PH)
- Language Development During the Middle of the First Year (PER)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Language and Literacy Development

Domain-Specific Handouts & Resources

- Language Development: 8 to 14 Months (PER)
- Language Development in Infants (PER)
- Language in the Second Year of Life (PER)
- Language in the Third Year of Life: 24 to 36 Months (PER)
- Birth to 1½ Months: Your Baby’s Language Development (PH)
- 1½ to 3½ Months: Your Baby’s Language Development (PH)
- 3½ to 5½ Months: Your Baby’s Language Development (PH)
- 5½ to 8 Months: Your Baby’s Language Development (PH)
- 8 to 14 Months: Your Baby’s Language Development (PH)
- What to Expect When Your Baby Talks to You (PH)
- Different Approaches to Language Learning (PH)
- Words Your Child Understands (PH)
- Your Child’s First Words (PH)
- 14 to 24 Months: Your Child’s Language Development (PH)
- 24 to 36 Months: Your Child’s Language Development (PH)
- Developing Speech Sounds (PH)
- Speech Development and Common Problems (PER)
- Early Identification of Speech-Language Disorders (PH)
- Bilingual Families: A Special Advantage (PER)
- Bilingual Toddlers (PH)
- Your Toddler Knows Two Languages (PH)
- Bilingualism Support in Early Care and Education Programs (PER)
- Bilingualism (2 PERs, 5 PHs)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Language and Literacy Development

Relevant Parent-Child Activity Pages

- Book sharing on all Activity Pages
- Your Baby Can Hear: Listening to the Family
- Face-to-Face Talking: Communicating and Looking
- Talk About: Listening and Connecting
- Hush, Little Baby: Holding and Soothing
- In Sync With Massage: Communicating and Responding
- Accordion Book: Communicating and Responding
- Hearing Games: Listening and Speaking
- Nursery Rhymes: Listening and Feeling Rhythm
- Hi and Bye: Listening and Learning
- Baby Games: Anticipating, Interacting, and Taking Turns
- Caregiving Routines: Talking and Playing
- Sing a Song: Learning Rhyme, Rhythm, and Movement
- Zip-Top Bag Book: Reading Together
- Roller Book: Learning Words and Moving
- Book of Sounds: Relating Sounds to Objects
- Note Card Book: Using Small Muscles and Telling Stories
- Parallel Talk and Self Talk: Listening and Learning New Words
- How Do I Sound? Talking and Taking Turns in Conversation
- Drawing and Writing: Making Marks and Learning About Language
- Learning Fingerplays: Imitating and Listening
- Word Book: Learning Language and Enjoying Reading Together
- People Pictures: Talking About Feelings and Fears

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Language and Literacy Development

Relevant Parent-Child Activity Pages

- Play Sets: Talking, Creating and Imagining
- Rhyme and Rhythm: Bouncing, Clapping, and Marching
- Book Walk: Talking About Pictures, Words, and Meanings
- Motivating Learning: Praising Actions, Boosting Confidence, and Sharing Ideas

Cognition and General Knowledge

General Developmental Information

- Child Development Chart (PH)
- Fine SMILE (PH)
- Looking at Development (7 PERs)
- Differences and Delays in Development (PER)
- Understanding Differences in Development (PH)
- Developmental Topics (2 PERs, 2 PHs)

Domain-Specific Handouts & Resources

- Books (2 PERs, 7 PHs)
- Games (1 PER, 5 PHs)
- Music (1 PER, 2 PHs)
- Parent-Child Interaction (1 PER, 1 PH)
- Parenting Behaviors (1 PER, 1 PH)
- Play (2 PERs, 3 PHs)
- Rhymes and Songs (2 PERs, 6 PHs)
- Toys (2 PERs, 6 PHs)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Cognition and General Knowledge

Domain-Specific Handouts & Resources

- Sleep (5 PERs, 7 PHs)
- Child Stress (2 PERs, 2 PHs)
- Toilet Learning (1 PER, 2 PHs)
- 24 to 36 Months: What Is Special About This Age? (PH)
- Intellectual Development: Birth to 8 Months (PH)
- Birth to 1 ½ Months: Your Child’s Intellectual Development (PH)
- 1 ½ to 3 ½ Months: Your Child’s Intellectual Development (PH)
- 3 ½ to 5 ½ Months: Your Child’s Intellectual Development (PH)
- 5 ½ to 8 Months: Your Child’s Intellectual Development (PH)
- 8 to 14 Months: Your Child’s Intellectual Development (PH)
- 14 to 24 Months: Your Child’s Intellectual Development (PH)
- 24 to 36 Months: Your Child’s Intellectual Development (PH)
- Protecting Your Child From Lead (PH)
- Beginning to Understand Number Concepts (PER)
- Beginning to Count (PH)
- Let’s Learn Colors (PH)
- Thinking Skills: Dynamic Systems of Attention, Memory, and Strategies (PER)
- Thinking Skills: Matching, Sorting, and Classifying (PH)
- More Thinking Skills: Learning the Rules (PH)
- 3 Years: What Is Special About This Age? (PH)
- 3 Years: Your Child’s Intellectual Development (PH)
- Brain Development (2 PERs, 3 PHs)• Are You Helping Your Child Too Much? (PH)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Cognition and General Knowledge

Domain-Specific Handouts & Resources

- Bilingual Families: A Special Advantage (PER)
- Bilingual Toddlers (PH)
- Your Toddler Knows Two Languages (PH)
- Bilingualism Support in Early Care and Education Programs (PER)
- Sexuality Awareness (1 PER, 1 PH)
- Media (2 PERs, 4 PHs)
- Teaching Children to Solve Problems (PER)
- Helping Your Child Learn to Solve Problems (PH)
- Supporting Parents With Intellectual Disabilities (PER)
- Talking to Your Child About Your Disability (PH)

Relevant Parent-Child Activity Pages

- Face Pattern: Visual tracking and focusing
- Tracking Toy: Tracking and Learning
- Find the Toy: Seeking and Hiding
- Balls in a Bowl: Understanding Cause and Effect and Words
- Flip Flap: Looking and Remembering
- Where's the Block: Looking for Hidden Objects
- Unwrapping a Toy: Being Curious and Exploring
- Chase the Can: Being Curious and Crawling
- Rainmaker: Experimenting and Touching
- Nesting Cans: Planning, Experimenting, Learning
- Puzzle Box: Gaining Self-confidence and Solving Problems
- Shape Sorter Box: Using Small Muscles and Trying Again

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Cognition and General Knowledge

Relevant Parent-Child Activity Pages

- Tennis Ball Puzzle: Dumping, Matching and Thinking
- Sorting: Noticing Differences and Pretending
- Counting: Learning Numbers and Understanding Small Quantities
- Finding Colors: Learning Words and Matching
- Two Halves Make a Whole: Matching and Solving Problems
- Make Your Own Snacks: Measuring, Stirring, Talking and Tasting

Physical Well-Being and Motor Development

General Developmental Information

- Child Development Chart (PH)
- Fine SMILE (PH)
- Looking at Development (7 PERs)
- Differences and Delays in Development (PER)
- Understanding Differences in Development (PH)

Domain-Specific Handouts & Resources

- Developmental Topics: Health (Toolkit)
- Developmental Topics: Nutrition (Toolkit)
- Developmental Topics: Safety (Toolkit)
- Developmental Topics: Sleep (Toolkit)
- Developmental Topics: Promoting Healthy Births (Toolkit)
- Medical Home (2 PERs, 8 PHs)
- Physical Fitness (1 PER, 2 PHs)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Physical Well-Being and Motor Development

Domain-Specific Handouts & Resources

- Vision (2 PERs, 3 PHs)
- Dental (1 PER, 2 PHs)
- Head Shape (1 PER, 1 PH)
- Breastfeeding (3 PERs, 10 PHs)
- Nutrition (1 PER, 6 PHs)
- Home Environment (3 PERs, 11 PHs)
- Outdoors (1 PER, 1 PH)
- Safe Sleep for Babies (PER)
- Safe Sleep for Your Baby (PH)
- Sleep and Development (PER)
- Sleep and Your Baby's Development (PH)
- Prenatal Nutrition (PER)
- Neurotoxins: Substances That Can Harm Your Unborn Baby (PH)
- What Is Special About This Age? (8 PHs)
- Your Baby's/Child's Motor Development (8 PHs)
- Supporting Motor Development in Babies (PH)
- Tummy Time (PH)
- Movement's Role in Learning: Perceptual Development (PER)
- Learning Through Movement (PH)
- Your Capable Baby (PH)
- Fine Motor Skills From 8 to 14 Months (PH)
- Helping Your Baby Crawl Around (PH)
- The Role of Large Muscles in Learning (PER)

PH = Parent Handout
PER = Parent Educator Resource



State Early Learning Standards



PAT Foundational Curriculum and Approach (June 2014)

Physical Well-Being and Motor Development

Domain-Specific Handouts & Resources

- The Role of Small Muscles in Learning (PER)
- Drawing and Writing (PH)
- Motor Development: 24 to 36 Months (PER)
- Helping Your Child Learn to Cut (PH)
- Dressing Games (PH)

Selected Parent-Child Activity Pages

- Tummy Time Cloth: Exercising and Seeing
- Infant Massage: Getting in Touch and Calming
- Tummy Time: Watching and Building Muscles
- Let's Roll: Reaching and Pushing
- Yoga: Stretching, Relaxing and Connecting
- Grasping & Controlling Arm and Shoulder Movements
- Shake Rattle Roll & Crawl: Building Small Muscles
- Down the Chute: Experimenting and Coordinating Movement
- Obstacle Course: Crawling Over and Around
- Push-Pull Toy: Walking Backwards, Pulling and Pushing
- Drumming Up Fun: Controlling Muscles and Emotions
- Yarn Ball Fun: Catching, Tossing and Rolling
- Bowling: Rolling, Aiming and Making Rules
- Sticky Paper Collage: Creating and Working on Eye-Hand Coordination
- Learning to Cut: Snipping and Strengthening

PH = Parent Handout
PER = Parent Educator Resource