Fatherhood Resources, Links, and Organizations

Resources offered through Parents as Teachers

Focus on Fathering
This free, downloadable curriculum was developed for Strengthening Families™ and Fatherhood: Children of Fathers in the Criminal Justice System under the Innovation and Improvement Project grant from the Office of Head Start, Administration for Children, Youth and Families, U.S. Department of Health and Human Services.

Issues in Working with Teen Parents: A Curriculum for Professionals
This training is for all professionals who work with adolescent parents. It offers constructive insights into teen parents, their children, and the issues they face.

Money Matters: A Young Parent’s Workbook for Finances and the Future
This fact-filled workbook, written especially for teen parents, helps navigate the increasingly complex world of personal finances. Interactive worksheets help teens learn to create and stick to a budget, set financial goals, keep financial records, and take control of their finances. Real-life examples really bring this subject home for young parents.

Supporting Military Families
This CD provides resources and parent materials focused on issues faced by military parents and families, including relocation, deployment, reunification, and combat stress.

Working With Diverse Families
Being culturally aware, sensitive, and competent is a challenge which must be met by all professionals and programs wishing to develop or expand their services for families.

Young Dads, Young Moms
Strengthening Families™ Protective Factors woven throughout this curriculum includes resources and detailed group connection plans and activities to make it easy to engage young people. Dads receive special focus, not just in the plans but also in the materials for moms.

Organizations, programs, and tools

Conscious Fathering
This program from the Parent Trust for Washington Children provides men an opportunity to learn their newborn babies’ five basic needs and how to not only meet those needs but to anticipate them. Primarily a hospital-based program, it empowers new fathers to build a partnership with their babies’ moms in caring for and nurturing their children from the first day.

The Fatherhood Initiative of St. Louis
A St. Louis nonprofit that provides professional case management services and engages men to develop better and healthier lifestyles.
Father Friendly Check-Up™
A free tool from the National Fatherhood Initiative designed to help programs determine just how father-friendly their organization is and assess the degree to which their operation encourages father involvement in the activities and programs it offers.

Fathers’ Support Center, St. Louis
An organization that strives to create positive outcomes for children and families by helping fathers become responsible parents committed to cohesive family relationships.

National Center for Fathering
A scientific and education organization that provides practical, research-based training and resources that equip men for virtually every fathering situation.

National Latino Fatherhood and Family Institute
A California-based institute that helps fathers of all ages develop strong, active roles in the lives of their children, while concurrently addressing the very painful aspects of child abuse, domestic violence, gang violence, school failure, illiteracy, teen pregnancy, and other related issues through research, training, and direct service.

National Responsible Fatherhood Clearinghouse
A service that captures information about policies, priorities, trends, research findings, promising practices, and emerging lessons from the field and helps key audiences translate that knowledge into policies and practices that make a difference for fathers, children, families, and communities.

Native American Fatherhood and Families Association
A nonprofit dedicated to teaching fathers and mothers responsible leadership qualities to help strengthen the institutions of family and community. Its approach, based on a culturally rich model, inspires and motivates fathers and mothers to devote their best efforts to teaching and raising their children.

Realizing the Promise of Home Visitation: Addressing Domestic Violence and Child Maltreatment
A guide for policymakers published by Futures Without Violence (formerly the Family Violence Prevention Fund).

Strong Fathers – Strong Families
A training, technical assistance, and facilitation organization working to improve the educational environment so that men may become more involved in the lives of their children.

Women in Fatherhood
A nonprofit for women with direct or indirect professional involvement in the responsible fatherhood field, with a mission to contribute to and advocate for family and community well-being through the support of positive father involvement and healthy family relationships.
Online resources for fathers

All Pro Dads
An online resource where dads can find encouragement, ideas, information, and videos that help them establish family as a top priority in their lives.

Boot Camp for New Dads
A father-to-father, community-based workshop that inspires and equips men of different economic levels, ages, and cultures to become confidently engaged with their infants, support their partners, and personally navigate their transformation into fathers.

Fathers Forum Online
A source of online resource, including a Yahoo group, for expectant and new fathers.

Fathers Network
Accurate and up-to-date resources for raising children with special needs from the Washington State Fathers Network.

National Fatherhood Initiative
Programs and resources that equip and educate fathers in order to improve the well-being of children by increasing the proportion of children growing up with involved, responsible, and committed fathers.

Books for fathers

Championship Fathering by Carey Casey

The Heart of a Father: How Dads Can Shape the Destiny of America by Ken Canfield

The 7 Secrets of Effective Fathers: Becoming the Father Your Children Need by Ken Canfield

Father for Life: A Journey of Joy, Challenge, and Change by Armin A. Brott

Fatherhood by Bill Cosby

A Father’s Legacy: Your Life Story in Your Own Words by J. Countryman