

## Devotion for May 23, 2018

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How should we respond to God for all that he does for us?

Psalm 106:1 Give thanks to the LORD, for he is good, for his mercy endures forever.

There's a good chance that passage above is familiar to you. The translation might be little different, but very possibly, you have used those words as the common table prayer before a meal.

Before a meal is a perfect time to use those words, or similar ones, to express thankfulness to God that you and your family have something to eat. You know that it is God you gave you both the ability and the opportunity to put food on the table.

But that's only one of the many times to thank God for all he has done! Some have found it useful to highlight four areas of life to give thanks to God. One is taking care of your body. That includes things like exercise, diet, and sleep. You do those things to give thanks to God so that you can be healthy and ready to serve in another area: your talents. God has given each person talents and abilities with which you can show your thankfulness by developing and deploying your skills to serve other people. God has also given you resources, like money, to use to support the spreading of his Word (often accomplished through offerings to your local congregation) and helping those in need. Finally, God has also given you time which you can use to work, pray, volunteer, and evangelize. That's a lot of ways to give thanks to God for food, family, friends, and most importantly, faith in Jesus as your Savior from sin who opened the doors of heaven for you.