

Overview

THE NATURE OF LIFE

How to remain at Peace while living in the modern world

By Brian Gerard Schaefer

This book contains 7 distinct sections that develop and come together to give you the whole picture of the phenomenon we call life. I have deconstructed everything in life and defined all the elements that make up and determine our individual and collective realities. I do this so we can consciously align and connect with The Nature of Life, in order to experience and express our true potential and purpose. In doing so, we can come to truly know ourselves and each other, and realise the Peace life has to offer.

Section 1

ESTABLISHING THE FOUNDATION

Before commencing our exploration of the material, we establish a common Truth and Purpose by which we can all live and share. The purpose of this is to get everyone on the same page, with a common spiritual understanding, and acting deliberately with the same intention. Then we create a Universal Language to enable us to accurately communicate information regarding any and all topics. We continue by defining the different levels and types of knowledge, so we can understand where each individual is coming from within their communication. The remaining parts of this section defines the core principles that determine the nature of our experience of reality, as well as the wholistic model we are about to build.

Section 2

BUILDING THE WHOLISTIC MODEL

We begin with determining what it means to be wholistic, and then define all the components that govern our overall individual and shared experience and expression in reality. We start building the model by introducing all the factors that influence our mental state and physical condition. These factors outline our overall experience in life, and what is involved with healing and growing. We then look at all the factors relating to our overall expression in life. We continue by revealing the different levels of our being upon which we experience and express life. The next part defines all the factors that make up our collective experience and expression of life. We finish this section by integrating these core components of the model, which enables us to begin exploring all the different factors forming our reality.

Section 3

FORMING THE MATRIX

This section explains all the factors that govern the fluid nature of our consciousness, and explores the infinite diversity within our realities. We begin with defining the core elements that facilitate all forms of change and growth. This is followed by revealing the principles that determine what change and growth is possible. We continue with learning how to achieve and maintain balance, and then initiate and maintain growth. The next part clearly defines the different elements of consciousness that form the very core of our reality. We finish by looking at all the opposing factors that determine our ability to evolve. This section sets us up to start exploring the different forces at work within the various processes of life.

Section 4

THE DYNAMICS OF LIFE

This section looks at all the factors that determine the nature of the flow within our reality. We begin differentiating the forces determining the two basic states of being, and how we either evolve or regress. We then look at the factors that come together to form our core reality within consciousness. We continue by revealing the processes involved with attaining and maintaining a flow. We then break down all the influences that help or hinder our ability to remain empowered. Finally, we look at the factors that enable us to consciously evolve within our awareness. This prepares us to explore all the factors that determine our Potential.

Section 5

REALISING THE POTENTIAL

The fifth section brings to light all the factors involved with achieving our individual and collective potential. It highlights the principles that determine our ability to find and live the Truth. We begin with revealing the different laws that govern our state of being, as well as our ability to heal and grow. We then explore our ability to remain anchored in the Truth, which determines our level of dedication to change and growth. We continue by looking at how everything we have covered so far reflects in our character, personality, and perception of reality. We then relate this to the specific roles we play in the different areas of life. Having all these components completes the model for the matrix of our being, which enables us to take a mathematical look at all the factors that make us who and what we are. We then reveal the exact processes and factors that enable us to discover our current and future potential. We finish with the elements that allow us to fulfil our true potential. This prepares us to explore all the factors required to fulfil our Purpose.

Section 6

FULFILLING THE PURPOSE

This section explains that our purpose is to consciously evolve to the highest potential within all facets of our being, and share the fullness of that experience with everyone around us. We discern all the factors involved with evolution, and apply them to each of the core components of the material. We then explore the whole process of evolving within our individual and collective journeys. We follow this by looking at how our evolution determines our ability to grow in our level of awareness. We finish completing the model by looking at how the different stages of evolution govern our collective potential and purpose.

Section 7

THE COMPLETE NATURE OF LIFE

The final section brings all the material together into one complete model. We begin by condensing all the core components into a single table, which reveals where each component fits in relation to the whole. We then differentiate all the opposing factors within each component in one complete chart, which highlights the way we relate to each element of our life. We finish with two comprehensive flowcharts that show the infinite number of way in which we can connect all the components of the material. Together, these charts and tables give you the whole picture of the true Nature of Life.