



<p>Lunch: Cheeseburger or BBQ Rib Sandwich, French Fries, Applesauce, and Graham Crackers.</p> <p>On the Salad Bar: Mixed Greens, Fruit and Vegetables.</p> <p>Alternate Lunch Option: Sunbutter Sandwich.</p> <p>Monday's Breakfast: Toasted Bagel, Cottage Cheese, Fruit & Juice.</p>	<p style="text-align: center;">Thought of the Day</p> <p style="text-align: center;">"It isn't the mountains ahead to climb that wear you out; it's the pebble in your shoe."</p> <p style="text-align: center;">-Muhammad Ali</p>	<p style="text-align: center;">Upcoming Events</p> <p>Today: <u>JV Girls, Fresh/Soph Boys Basketball</u> at Regina, starting @ 4:30. Dismiss @ 1:35, depart @ 1:45. <u>JV/V Boys Basketball</u> at Regina, starting @ 6:00. Dismiss @ 2:50, depart @ 3:00.</p> <p>Saturday: <u>NEIBA Honor Jazz Band</u> <u>Robotics Meet</u> at Central Clinton HS, from 8:00am - 4:00pm. <u>Varsity Wrestling Tournament</u> at Northeast HS, starting @ 9:30am. Depart @ 6:45am.</p>
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There will be a Middle School Student Council meeting on Thursday, January 11th during Comet Time in the library.

Any juniors or seniors interested in getting their CNA see Mr. Jess. Classes will start March 12th.

There is a brief meeting today at 3:00 for all students in Early Bird PE. Any questions, please see Mr. Recker or Mr. Knake.