



<p><b>Lunch:</b> Chicken Nuggets, Mashed Potatoes w/ Gravy, Dinner Roll, and Raisel Sour Raisins.</p> <p><b>On the Salad Bar:</b> Mixed Greens, Fruit and Vegetables.</p> <p><b>Alternate Lunch Option:</b> Combo Sandwich.</p> <p><b>Friday's Breakfast:</b> Donut, Fruit &amp; Juice.</p>	<p style="text-align: center;"><b>Thought of the Day</b></p> <p style="text-align: center;">“There’s nothing wrong with fear; the only mistake is to let it stop you in your tracks.”</p> <p style="text-align: center;">-Twyla Tharp</p>	<p style="text-align: center;"><b>Upcoming Events</b></p> <p><b>Today:</b>  <u>Varsity Boys Bowling:</u> Home vs. Isaac Newton Christian Academy, starting @ 4:00.  <u>7th grade Boys Basketball:</u> Home vs. Monticello, starting @ 4:15.  <u>8th grade Boys Basketball</u> at Monticello, starting @ 4:15. Dismiss @ 2:30, depart @ 2:40.  <u>Varsity Wrestling</u> at Regina, starting @ 5:30. Dismiss @ 1:50, depart @ 2:00.</p> <p><b>Friday:</b>  <u>HS B/G Basketball</u> at West Branch, starting @ 4:30. JV dismiss @ 1:50, depart @ 2:00. Varsity depart @ 3:30.</p> <p><b>Saturday:</b>  Marion JH Honor Band  <u>Varsity Wrestling Tournament</u> at Midland, starting @ 10:00am. Depart @ 6:45am.  <u>HS B/G Basketball</u> at Easton Valley-Miles Building, starting @ 12:00pm. Depart @ 10:50am. <i>**St. John’s Lutheran Church in Preston will be hosting a Soup &amp; Sandwich supper from 3:00-7:00 at the church.**</i></p>
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Attention High School Students: Our Student Council joined with Northeast Student Council will be hosting a Dance Marathon on Friday, February 9th at Northeast High School. The event will start at 6:00 and go until 11:00. All high school students are encouraged to attend. Shirt orders can be found in the commons and are due by the end of the day Monday, January 22. Forms can be turned into Mr. Anderson. Check your email for more details. If you have any questions see Jacob Till.

Anyone interested in going out for softball, there is an open gym sign up in Mrs. Michels room. This is for grades 8-12.

There will be a Middle School Student Council meeting today in the library during Comet Time.

Today is the last day to change your schedule for this semester. See Mr. Jess before 3:20.

Any juniors or seniors interested in getting their CNA see Mr. Jess. Classes will start March 12th.

There will be a Connections Meeting today during 2nd period. All members report to Mr. Casel's room.