



<p><b>Lunch:</b> Chicken Fajita, Roasted Onions and Peppers, Brown Rice, and Peaches.</p> <p><b>On the Salad Bar:</b> Mixed Greens, Fruit and Vegetables.</p> <p><b>Alternate Lunch Option:</b> Sunbutter Sandwich or Veggie Wrap.</p> <p><b>Monday's Breakfast:</b> Omelet Bar, Fruit &amp; Juice.</p>	<p style="text-align: center;"><b>Thought of the Day</b></p> <p style="text-align: center;">“I hated every minute of training, but I said, Don’t quit. Suffer now and live the rest of your life as a champion.”</p> <p style="text-align: center;">-Muhammad Ali</p>	<p style="text-align: center;"><b>Upcoming Events</b></p> <p><b>Today:</b>  <u>HS B/G Basketball</u> at West Branch, starting @ 4:30. JV dismiss @ 1:50, depart @ 2:00. Varsity depart @ 3:30.</p> <p><b>Saturday:</b>  Marion JH Honor Band  <u>Varsity Wrestling Tournament</u> at Midland, starting @ 10:00am. Depart @ 6:45am.  <u>HS B/G Basketball</u> at Easton Valley-Miles Building, starting @ 12:00pm. Depart @ 10:50am. <b>**St. John’s Lutheran Church in Preston will be hosting a Soup &amp; Sandwich supper from 3:00-7:00 at the church.**</b></p>
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Attention High School Students: Our Student Council joined with Northeast Student Council will be hosting a Dance Marathon on Friday, February 9th at Northeast High School. The event will start at 6:00 and go until 11:00. All high school students are encouraged to attend. Shirt orders can be found in the commons and are due by the end of the day Monday, January 22. Forms can be turned into Mr. Anderson. Check your email for more details. If you have any questions see Jacob Till.

Junior boys interested in attending the American Legion Boys State, see Mr. Jess by Monday.

Anyone in grades 8-12 interested in going out for softball this summer, there is an open gym sign up in Mrs. Michels room.

Any juniors or seniors interested in getting their CNA see Mr. Jess. Classes will start March 12th.