EFFECTIVENESS OF COMMUNITY-BASED HEALTH INTERVENTIONS IN POOR COUNTRIES TO IMPROVE MATERNAL & CHILD HEALTH

By Dr. Henry B. Perry & colleagues

**GOAL 1**
Explore strategies on how best to deliver health care in communities

- 87% The vast majority demonstrated "pro-equitable" or "equitable" effects

**GOAL 2**
Study the effects on equity in the population

- 78% were "pro-equitable", showing stronger improvements in the most disadvantaged segment of the population

**GOAL 3**

**EFFECTS ON EQUITY**

82 measurements of the effects on equity identified in 42 projects

**APPROACH**

- Reviewed 12,000 reports
- Identified 700 reports

That described community-based health interventions & interventions in poor countries

**INDICATORS OF SUCCESS**

- Positive changes in coverage
- Improved nutritional status
- Reduced rates of serious morbidity
- Reduced rates of death

**STRATEGIES OF EFFECTIVE PROGRAMS**

- Collaborative program design and evaluation
- Education for community-level staff, volunteers and community members
- Use of community-level workers
- Health systems strengthening
- Community collaboration
- Intervention delivery

**NEWBORN & CHILD INTERVENTIONS**

- Provision of good nutrition and vaccines
- Promotion of healthy behaviors
- Provision of sanitation
- Provision of hygiene
- Provision of safe water
- Promotion of care seeking

**MATERNAL INTERVENTIONS**

- Provision of safe delivery
- Provision of antenatal care
- Education about, warning signs of pregnancy and safe delivery
- HIV prevention and treatment
- Family planning

**STRATEGIES FOR INTERVENTION DELIVERY**

- Recognition and treatment or referral of serious illness by mothers and/or trained health workers
- Health service provision at outreach sites by mobile health teams
- Routine systematic visitation of all homes
- Facilitator-led participatory women’s groups
- Education for community-level staff, volunteers and community members
- Use of community-level workers

**Collaborative program design and evaluation**

**Community collaboration**

**Health systems strengthening**

**Intervention delivery**