

# REVOLUTION PARKOUR TUALATIN CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11am						PK Games	PK Games
12pm		19860 SW 112th Ave. Tualatin, OR 97062 www.rvpktualatin.com				Beginner Parkour (8-12)	Beginner Parkour
1pm							Beginner Parkour (13+)
2pm				<i>Homeschool</i>		Open Gym	Open Gym
3pm				<i>Jr. Parkour</i>			
4pm		Beginner Parkour	Beginner Parkour / Beginner Parkour II	Beginner Parkour	<i>Jr. Parkour</i>	Birthdays & Events Call for availability!	Birthdays & Events Call for availability!
5pm	Beginner Parkour II	Beginner Flips	Beginner Parkour	Open Gym	Beginner Parkour		
6pm	Beginner Parkour	Open Gym	Beginner II: Flow	Parkour Fundamentals (18+)	Beginner Flips		
7pm	Intermediate Parkour / Intermediate II	Beginner Parkour	Open Gym (16+)	Beginner Parkour (13+)	Open Gym		
8pm							

<u>Class Type</u>	<u>Level</u>	<u>Description</u>
Homeschool	N/A	10-week parkour homeschool series for fall, winter, and spring. Inquire at the front desk or online for more information.
Jr Parkour	N/A	10-week beginner parkour for ages 5-7 series. Inquire at the front desk or online for more information.
Age Restriction Classes	N/A	Age restricted classes to help train with similarly ages groups.
Mixed Classes	N/A	Classes for multiple skill levels. Glimpse how to train in the next level of classes.
Birthdays & Events	N/A	2 hour private event for you and your friends. Great for birthdays!
PK Games	Beginner	The most fun you'll ever have working out! Enjoy a class packed with games and classic favorites.
Beginner Parkour	Beginner	Learn basic techniques including a strong focus on safety. Ages 8-76 unless otherwise designated.
Parkour Fundamentals	Beginner	Low impact class focused on technique and strength building for those new to movement.
Beginner Flips	Beginner	Take this class to learn front flips, side flips, palm spins, vault flips, and variations of flips and spins.
Beginner Parkour II	Beginner II	The second step on your parkour journey! See pre-requisites for Beginner Parkour II classes.
Beginner II: Flow	Beginner II - Int.	Learn fluid movement of your existing parkour skills.
Intermediate Parkour	Trials Level 1	Continue technical instruction, learn advanced movements, build strength, and begin fluidity.
Intermediate Parkour II	Trials Level 3	Incorporating intermediate & advanced parkour concepts and challenges.

*A front desk clerk will be present during all classes.*

All classes and open gyms subject to availability. See our online schedule for class sizes. Some classes may exceed max capacity at the managers discretion.

Schedule updated on 1SEP2017

# REVOLUTION PARKOUR TUALATIN RATES

## Drop-In

Open Gym	\$15
Class	\$25
Day Pass	\$50
8 Pack of Classes	\$150
15 Pack of Classes	\$265
10 Pack of Open Gyms (14+ only)	\$90

Expires 12 months after first use.

Members take 20% off drop-in rates.

## Other

Birthday – 2 hours	\$285
Sat/Sun 4-6pm. Up to 20 participating guests.	
Private Lesson – 1 hour	\$80
Private Lesson – 30 min	\$45
Members take 20% off birthdays and private lessons.	
Homeschool (10-week series)	\$125
20% off for early registration. See online schedule.	

## Individual Memberships

	<u>M2M</u>	<u>6 month</u>	<u>12 month</u>
<b>Basic</b> – 1 class per week	\$70	\$60	\$50
<b>Bronze</b> – 2 classes per week & unlimited open gym <small>Recommended for students interested in fitness and learning quickly.</small>	\$100	\$90	\$80
<b>Silver</b> – 3 classes per week & unlimited open gym <small>Recommended for athletic or performance minded students.</small>	\$125	\$120	\$115
<b>Gold</b> – Unlimited classes & open gym	\$175	\$165	\$155

**Open Gym Membership** – Unlimited open gym \$80 (Ages 14+ only)

\*There is a \$50 one-time registration fee for all new members. No registration fee for college students, military, law enforcement, or firefighters.

## Family Memberships and Discounts

<b>2 Family Members</b>	20% off membership prices
<b>3 Family Members</b>	30% off membership prices
<b>4+ Family Members</b>	40% off membership prices

<b>College Students</b>	20% off membership prices
<b>Military/Law Enforcement/Firefighters</b>	20% off membership prices

All applicable discounts are stackable up to 50% off of the base membership prices and are non-transferable.