

breakfast menu

served from 7:00 am to 11:00 am

cereals

cold cereal 4-
with fresh fruit 5-

full grain irish oatmeal
served with raisins, milk and honey 6.5-

fitness first

the continental
your choice of danish, croissant or
english muffin and fresh juice 9-

lido parfait
fresh berries, greek vanilla yogurt,
almond granola 7-

breakfast sandwiches

served with home fried potatoes

sandcastle muffin
fried egg, grilled ham, melted cheese,
english muffin 10-

parisienne
scrambled eggs, applewood bacon, cheese,
toasted fresh croissant 10-

bagel sandwich
scrambled eggs, ham, american cheese,
toasted bagel 10-

beverages

coffee, decaffeinated coffee or tea 3-

hot chocolate 3-

fresh orange or grapefruit juice 3-

tomato, apple, grape, pineapple,
cranberry or v8 juice 3-

iced tea 3- milk 3-

sandcastle favorites

the american
two eggs any style, bacon, sausage or ham,
home fried potatoes, toast 12-

eggs benedict
two poached eggs, hollandaise sauce,
canadian bacon, toasted english muffin 13-

the combo
two eggs any style, two buttermilk pancakes,
ham, bacon or sausage,
home fried potatoes, toast 13-

steak and eggs
grilled flat iron steak, two eggs,
home fried potatoes, toast 15-

omelets

served with home fried potatoes and toast
substitute egg beaters® or egg whites

veggie omelet
onions, mushrooms, broccoli, peppers,
fresh tomato, cheddar cheese 12-

low carb omelet
broccoli, mushrooms, jack-cheddar,
choice of bacon, ham or sausage 12-

lido omelet station
ham, bacon, sausage, onions, mushrooms,
peppers, tomatoes, shredded cheddar, olives
plain omelet 10- add items .50 each

from the griddle

add your choice of bacon, ham or sausage 2-

buttermilk pancakes
honey whipped butter, hot maple syrup,
add blueberries or chocolate chips 11-

belgian waffle
honey whipped butter, hot maple syrup,
fresh berries 11-

vanilla french toast
honey whipped butter, hot maple syrup 11-

an 18% service charge and florida sales tax will be added to each check.

consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk
of foodborne illness, especially if you have certain medical conditions.

menu

breakfast



UP TO 3 PROOFS ARE INCLUDED IN COST OF JOB.
EACH ADDITIONAL PROOF WILL INCUR
ADDITIONAL CHARGES.

PROOF
DATE 9.22.15
JOB 198475 **#1**

JE B
Sandcastle Resort
Breakfast Menu NON-SEASONAL

Please review your proof VERY carefully.
Marking all changes clearly and directly on this
proof will expedite your job.

WE ARE NOT RESPONSIBLE FOR ERRORS, EXCEPT THOSE MARKED ON PROOF

BEFORE WE CAN PROCEED WITH YOUR ORDER,
the section below needs to be completed and
this page **MUST** be returned with proof.

ATTENTION

STEVE UPDIKE
JIM BENNETT
LISA HOFFEY

PRINT NAME

SIGNATURE DATE

- GO TO PRESS**
as is - no changes
- APPROVED with**
3 or less type changes
NOT expecting another proof
- Send Another Proof**
see my changes

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