

THE
little beet
TABLE

starters

- ROASTED ALMONDS** madras curry 7
ASSORTED OLIVES orange, aleppo 7
CAULIFLOWER HUMMUS sorghum, seeds, red onion, dill, grilled bread 14 **add raw veggies** 5
BLISTERED SHISHITO PEPPERS sesame, yuzu, thai basil 9
SMOKED MUSHROOMS maitake, royal trumpet mushrooms, idiazabal cheese, herbs 13
DIP TRIO & VEGGIE CRUDITE white bean-avocado, walnut muhammara, cauliflower hummus 13
GOLDEN BEET SOUP chantilly cream, dill, goat cheese, toasted seeds 9
ROASTED BRUSSELS SPROUTS salsa verde, sea salt 8
ROASTED SWEET POTATOES smoked sea salt, olive oil 6
CRISPY SPIRULINA RICE shishito pepper, garlic, soy, ginger, farm egg 12
WATERCRESS GUACAMOLE jalepeno-scallion pebre, lime, corn tostadas 12

salads

- BEET CITRUS SALAD** lemon-pepper greek yogurt, roasted beet, almond, quinoa 13
CHICKPEA CAESAR SALAD grilled romaine, chickpea, parmesan, herb crouton 14
BABY KALE SALAD grilled zucchini, blueberries, grand reserve chevre, toasted walnut, white balsamic 13
add grilled chicken 7 **add roasted shrimp** 10 **add atlantic salmon** 13 **add strip steak** 15
ROASTED SHRIMP SALAD arcadian lettuce, quinoa, avocado, spiced almonds, golden raisin, white balsamic 20
SESAME-CHILI CHICKEN SALAD market greens, apple, carrot, daikon radish, cashew, togarashi 18

mains

- BEET CHICKPEA BURGER** bibb lettuce, hibiscus onion, cucumber, white bean-avocado, with sweet potato 16
GRILLED CHICKEN SANDWICH sesame-chili slaw, avocado, with sweet potato 17
GRASS-FED DOUBLE BURGER vermont cheddar, bacon, lettuce, tomato, special sauce, with sweet potato 19
CHIPOTLE PORK CARNITAS TACOS kimchi-apple slaw, black bean, avocado mayo 19
PEA CARROT CAVATELLI spring pea, carrot ginger puree, finger chili, toasted sunflower seed, parmesan 14 | 19
GRILLED CAULIFLOWER & GREEN CURRY maitake mushroom, salad of market herbs, apple & almond 18
ATLANTIC SALMON sugar snap pea, spring onion, radish, pea puree, meyer lemon 26
HERB ROASTED CHICKEN okinawa potato, charred citrus, watermelon radish, aji verde 23
GRILLED BLACK ANGUS STRIP STEAK crispy herbed potatoes, onion puree, fresh horseradish 29
SEARED SEA SCALLOPS beet risotto, grilled citrus butter, house-made garden giardiniera 29

The Little Beet Table is 100% gluten-free.

For Parties, Private Dining and Events contact chicagoevents@littlebeettable.com

Eating raw or undercooked fish, shellfish, eggs, or meat increases the risk of foodborne illnesses