

THE  
**little beet**  
TABLE

## starters

**ROASTED ALMONDS** madras curry 8

**SWEET CORN SOUP** charred sweet corn, goat cheese, roasted bell pepper, chive oil 9

**ASSORTED OLIVES** orange peel, aleppo 7

**WATERCRESS GUACAMOLE** jalepeno-scallion pebre, lime, corn tostadas 12

**CAULIFLOWER HUMMUS** sorghum, seeds, red onion, dill, grilled bread 14  
add raw veggies 5

**BLISTERED SHISHITO PEPPERS** sesame, lime-avocado dip, thai basil 11

**HARISSA & MAPLE ROASTED CARROTS** baby heirloom carrots, greek yogurt, toasted seeds, dill 13

**DIP TRIO & VEGGIE CRUDITE** white bean-avocado, walnut muhammara, cauliflower hummus 13

**ROASTED BRUSSELS SPROUTS** italian salsa verde, sea salt 9

**ROASTED SWEET POTATOES** smoked sea salt, aleppo, olive oil 7

**CRISPY SPIRULINA RICE** shishito pepper, garlic, soy, ginger, farm fresh egg 12

## salads

**BEET CITRUS SALAD** lemon-pepper greek yogurt, roasted beet, almond, quinoa 13

**CHICKPEA CAESAR SALAD** grilled romaine, chickpea, parmesan, herb crouton 14

**BABY KALE SALAD** grilled zucchini, blueberries, grand reserve chevre', toasted walnut, white balsamic 15  
add grilled chicken 7 add roasted shrimp 10 add atlantic salmon 13 add ny strip steak 15

**ROASTED SHRIMP SALAD** arcadian lettuce, quinoa, avocado, spiced almonds, golden raisin, white balsamic 20

**SESAME-CHILI CHICKEN SALAD** market greens, apple, carrot, daikon radish, cashew, togarashi 18

## mains

**GRILLED CAULIFLOWER & GREEN CURRY** maitake mushroom, salad of market herbs, apple & almond 19

**PEA CARROT CAVATELLI** spring pea, carrot ginger puree, finger chili, toasted sunflower seed, parmesan 19  
add grilled chicken 7 add roasted shrimp 10 add atlantic salmon 13 add ny strip steak 15

**BEET CHICKPEA BURGER** bibb lettuce, tomato, house pickles, white-bean avocado, with sweet potato 16

**GRILLED CHICKEN SANDWICH** sesame-chili slaw, avocado, with sweet potato 17

**CHIPOTLE PORK CARNITAS TACOS** kimchi-apple slaw, black bean, avocado, lime 19

**GRASS FED BURGER** wisconsin cheddar, lettuce, tomato, house pickles, special sauce, with sweet potato 18  
add nueske's bacon 3 add farm fresh egg 2 add avocado 2

**ATLANTIC SALMON** sweet corn puree', heirloom tomato, charred mid-west corn, avocado, radish, chive 26

**OVEN ROASTED CHICKEN** mole' oaxaca, jicama, red cabbage, toasted cashew, lime, cilantro 23

**GRILLED BLACK ANGUS STRIP STEAK** bloody mary tomatoes, celery, potato onion puree', fresh horseradish 32

**SEARED SEA SCALLOPS** beet risotto, grilled citrus butter, harissa-glazed heirloom carrots 30

The Little Beet Table is 100% gluten-free.

For Parties, Private Dining and Events contact [chicagoevents@littlebeetable.com](mailto:chicagoevents@littlebeetable.com)

Eating raw or undercooked fish, shellfish, eggs, or meat increases the risk of foodborne illnesses