

THE
little beet

TABLE

starters

NUESKE'S THICK CUT APPLEWOOD SMOKED BACON 9

SWEET CORN SOUP charred sweet corn, goat cheese, roasted bell pepper, chive oil 9

CRISPY SPIRULINA RICE shishito pepper, garlic, soy, ginger, farm egg 12

DIP TRIO & VEGGIE CRUDITE white bean-avocado, walnut muhammara, cauliflower hummus 13

CAULIFLOWER HUMMUS sorghum, seeds, red onion, dill, grilled bread 14
add raw veggies 5

BLISTERED SHISHITO PEPPERS sesame, yuzu, thai basil 11

ROASTED BRUSSELS SPROUTS salsa verde, sea salt 9

ROASTED SWEET POTATOES smoked sea salt, olive oil 7

WATERCRESS GUACAMOLE jalapeno-scallion pebre, lime, corn tostadas 12

salads

BEET CITRUS SALAD lemon-pepper greek yogurt, roasted beet, almond, quinoa 13

CHICKPEA CAESAR SALAD grilled romaine, chickpea, parmesan, herb crouton 14

BABY KALE SALAD grilled zucchini, blueberries, grand reserve chevre, toasted walnut, white balsamic 15
add grilled chicken 7 add roasted shrimp 10 add atlantic salmon 13 add ny strip steak 15

ROASTED SHRIMP SALAD arcadian lettuce, quinoa, avocado, spiced almonds, golden raisin, white balsamic 20

SESAME-CHILI CHICKEN SALAD market greens, apple, carrot, daikon radish, cashew, togarashi 18

brunch

BANANA BREAD house-made hazelnut butter 8

BERRIES & GRANOLA mixed berries, whole oat granola, almonds, greek yogurt, honey 9

MAPLE FRENCH TOAST fresh berries, creme fraiche, maple syrup 16

AVOCADO TOAST sunny-side farm eggs, sourdough, cucumber, chickpea, cilantro, radish, onion 18
add house cured salmon 3 add nueske's bacon 3

CARNITAS BENEDICT braised pork, avocado chive crema, piquillo pepper hollandaise, griddled corn bread 16

CURED SALMON BENEDICT miso cured salmon, poached eggs, yuzu hollandaise, toasted english muffin 17

HUEVOS FRIJOLES sunny-side farm eggs, black beans, avocado crema, corn tortillas 14

CRISPY SPIRULINA RICE shishito peppers, garlic, soy, ginger, farm egg 12

mains

CHIPOTLE PORK CARNITAS TACOS kimchi-apple slaw, black bean, avocado mayo 19

BEET CHICKPEA BURGER bibb lettuce, tomato, house pickles, white-bean avocado, with sweet potato 16

GRASS FED BURGER wisconsin cheddar, lettuce, tomato, house pickles, special sauce, with sweet potato 18
add nueske's bacon 3 add farm fresh egg 2 add avocado 2

PEA CARROT CAVATELLI spring pea, carrot ginger puree, finger chili, toasted sunflower seed, parmesan 19

GRILLED CAULIFLOWER & GREEN CURRY maitake mushroom, salad of market herbs, apple & almond 19

The Little Beet Table is 100% gluten-free.

For Parties, Private Dining and Events contact chicagoevents@littlebeetable.com

Eating raw or undercooked fish, shellfish, eggs, or meat increases the risk of foodborne illnesses