

Friday, October 14, 2016

1:30-2:00pm Registration/Refreshments/Visit Exhibits

2:00-6:00pm **Osteoarthritis, Total Joint Replacement and the Medicare Comprehensive Care Joint Replacement Bundle Pilot (CCJR)**

Part 1: Osteoarthritis—G. Kelley Fitzgerald, PhD, PT, FAPTA

This program will provide an overview of osteoarthritis as a disease, identify the challenges, and discuss the opportunities for physical therapists in osteoarthritis rehabilitation.

- 1) understand the impact of osteoarthritis to the individual and society.
- 2) become familiar with risk factors for osteoarthritis and its associated disability.
- 3) understand both mechanical and inflammatory origins of osteoarthritis and post-traumatic osteoarthritis.
- 4) identify, through differential diagnosis (biomechanical examination, gait analysis, pain phenotyping examination, functional task evaluation, fall risk), possible subgroups and considerations for Intervention.
- 5) discuss methods to improve patient-centered PT management of osteoarthritis.

Part 2: Total Joint Replacement—Allyn Bove, PT, DPT

This program will increase knowledge and expertise regarding current evidence-based guidelines for managing patients with lower extremity total joint replacement.

- 1) demonstrate increased knowledge of current societal burden of lower extremity joint replacement, surgical indications and techniques, and clinical and cost-effectiveness of surgery.
- 2) attain knowledge regarding recent evidence-based guidelines for the post-operative management of patients with lower extremity total joint replacement.
- 3) gain an understanding of the concept of “prehabilitation” prior to lower extremity joint replacement, including knowledge of available research on the topic.
- 4) critically appraise how current rehabilitation practice may change in the face of altered payment models such as the Medicare Comprehensive Care Joint Replacement Pilot.

Part 3: Medicare CCJR—Debora Miller, MBA, PT, FACHE

This program will provide an overview of the goals of Medicare’s Comprehensive joint Replacement pilot study and the relevance to and impact on physical therapy practice across the continuum of care.

- 1) understand the goals of Medicare’s Comprehensive Joint Replacement 5-year pilot study.
- 2) comprehend the impact on physical therapy practice across the continuum of care.
- 3) implement strategies to prepare for bundled payments for management of persons who will/have undergone total joint replacement surgery.

Saturday, October 15, 2016

7:30-8:00am Registration/Refreshments/Visit Exhibits

8:00-12:00pm **Update to the Treatment Based Classification for Low Back Pain—Triage and Management by the Physical Therapist as the First Contact Practitioner**
Christopher Bise, PT, MS, DPT, OCS

At the conclusion of the program, the participant should be able to:

- 1) recognize when certain conditions require consultation or communication with another health professional.
- 2) Develop referral strategies for problems that can't be addressed by physical therapy.
- 3) Ask important medical history questions, given complaints by the patient or diagnostic information from the physician.
- 4) Complete a verbal review of systems with a patient and identify the need for referral.
- 5) Identify common red flags that may manifest as LBP or have a component of LBP.
- 6) Describe "yellow flags" and the concerns they might present for physical therapy intervention.
- 7) Identify when there are "yellow flag" concerns that need to be co-managed by additional medical providers.
- 8) Identify proposed staging mechanisms for Triage by the Rehabilitation provider.
- 9) Identify potential clinical findings for each proposed stage.
- 10) Identify proposed treatments for each proposed stage.

12:00-1:00pm Lunch (Provided)/Visit Exhibits

1:00-5:00pm **Concussion: Evaluation and Treatment**
Sheri Fedor, DPT, NCS
Cara Troutman-Enseki, PT, DPT, OCS, SCS

At the conclusion of the program, the participant should be able to:

- 1) demonstrate knowledge of the biomechanics and pathophysiology of a concussion.
- 2) understand the risk factors associated with prolonged recovery following a concussion.
- 3) diagnosis vestibular and ocular impairments using the VOMS assessment.
- 4) understand the role of vestibular evaluation and treatment following a concussion.
- 5) understand the role of cervical spine evaluation and treatment following a concussion.
- 6) understand the role of exertion evaluation and treatment following a concussion.