

Happy Mother's Day to All the Mom's at the Meadows ♥

When you are a mother, you are never really alone in your thoughts. A mother always has to think twice, once for herself and once for her child.

Motherhood: All love begins and ends there.

Children are the anchors of a mother's life.

Mothers hold their children's hands for a short while, but their hearts forever.

Having children just puts the whole world into perspective. Everything else just disappears.

Mothers were meant to love us unconditionally, to understand our moments of stupidity, to reprimand us for lame excuses while yet acknowledging our point of view, to weep over our pain and failures as well as cry at our joy and successes, and to cheer us on despite countless start-overs.

Being a full-time mother is one of the highest salaried jobs... since the payment is pure love.

A mother's arms are more comforting than anyone else's.

A good mother loves fiercely but ultimately brings up her children to thrive without her.

All these quotes are getting me more prepared to be a Mom again for the third time ☺

I absolutely love my kiddos and the ages they are at right now. My son is 3 1/2 and my daughter just turned 2 in April. My third kiddo (boy) is due May 14!

I can't believe how fast a pregnancy can go when your busy trying to keep up with your other kids and managing a job and trying to keep sane ha-ha!

I have really enjoyed getting to know all of you at the Meadows. Every day I come to work with a smile on my face knowing I get to chat with some of you and hear your stories about your families and growing up. Working here has really made me feel like I'm part of a wonderful family. No one ever judges you or treats you badly. I genuinely admire that about this place. Thank you for making me feel welcome here and appreciated.

I hope that all you Mothers have a blessed Mother's Day and spend it with the ones who care about you ☺

I will see you all when I return from my maternity leave. God Bless!



Allery Klabenes

# Happy Times

May 2018



## Welcome May!

Welcome Spring?? Finally is it here? You would think there will not be any more snow days now that we are in May. As everyone knows there is a lot of activity going on here at The Meadows. Construction is underway and it is an exciting time. Throughout the summer and fall we all look forward to all the progress and building of our new additions. We will also be doing some cosmetic remodeling inside the building also. So much to look forward to.

May Day is celebrated at The Meadows. Those May baskets that you all received are from all The Meadows staff who were delighted in putting together the baskets and delivering them to your doors. We hope you enjoyed them as much as our team enjoyed giving them. This month is an election month and The Meadows is a polling place so we will have the general public in on Tuesday May 15 all day voting for candidates of their choice. Make sure you get registered and vote.

Speaking of politics, I just need to talk about the state of things in the United States right now. The American people voted for the candidate they thought would be the best choice for President of

the United States. I am so disappointed in the press across this nation with all the disrespect they show this president. I am tired of hearing every night on the news how terrible the president is. It seems to me they are out to discredit him on anything they can find. Here is the thing. Whether you like him or not, the office commands respect. I agree with Betty White, a wise older actor in this nation who has seen many presidents come and go. She said in an interview whether he was or was not your choice, you need to show respect for the office and get on with it and accept the people's choice. You don't have to agree with everything or anything but you still need to show respect. I don't think the press and many citizens are giving the respect the office deserves. I am reminded of a saying Paul McIntosh used to tell me over my career, "We can agree to disagree as long as we do it agreeably and with respect for each other." Many Americans need to have a life lesson from Paul.

Jan Nixon

## The Meadows

a *Nyc* Health Services campus

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Chaplain Ed Felgate  
Deb Sohl

Administrator  
Director of Nursing  
Director of Administrative Support  
Director of Life Enrichment  
Director of Culinary Services  
Director of Maintenance  
Director of Environmental Services  
Director of Transportation  
Pastoral Care  
Beauty Shop

## The Meadows

a *Nyc* Health Services campus

# May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:15 Women's Coffee 1:30 Meadows M&M 3:00 Hymn Fest 7:00 Bingo for All May Day Weekday BINGO	2 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:00 Day of Prayer Service 10:30 Coffee & Coloring 1:15 APT BINGO 1:15 AL Dominoes	3 9:00 Fun & Fitness 9:00 Manicures 2:30 Grace Lutheran Service Nat'l Day of Prayer	4 8:00/10:00/1:00 Shopping 8:45 1st Fri Communion 9:10 Fun & Fitness 10:00 Christian Video w/Ron 11:30 Lunch Brunch 2:00 Root beer Floats	5 10:00 Senior Center Sale 1:15 Cards 4:00 Wellness Clinic Cinco De Mayo
6 10:45 Catholic Communion 2:00 Church 4:00 Wellness Clinic Nurses Week	7 9:00 Fun & Fitness 10:30 Dept. Head Meeting 1:15 AL BINGO 2:00 Yahtzee	8 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:15 Women's Coffee 1:30 Toy Collection 7:00 Beltones Pedicures	9 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:30 Coffee & Coloring 1:15 APT BINGO 1:15 AL Dominoes	10 9:00 Fun & Fitness 10:00 1st Presbyterian Comm 2:00 Dalene's 40th Party :)	11 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:00 Christian Video w/ Ron 1:30 Pitch w Char 7:00 Piano Recital Military Spouse Apprec	12 10:00 Mother's Day Muffins 1:15 Cards 4:00 Wellness Clinic
13 10:45 Catholic Communion 2:00 Church 4:00 Wellness Clinic Happy Mother's Day	14 9:00 Fun & Fitness 10:30 Dept. Head Meeting 1:15 AL BINGO 3:30: Cowboy Jim 7:00 Bingo for All	15 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:15 Women's Coffee 10:00 Catholic Comm Service 1:00 Christ Luth Service 2:00 Craft	16 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:30 Coloring & Coffee 1:15 APT Bingo 1:15 AL Dominoes	17 9:00 Manicures 9:00 Fun & Fitness 2:00 Accordion w Lorene 4:45 Out to Eat at Goodys	18 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:00 Christian Video w/ Ron 1:30 Show N Tell	19 1:15 Cards 4:00 Wellness Clinic Armed Forces Day
20 10:45 Catholic Communion 2:00 Church 4:00 Wellness Clinic Blue Jeans Birthday	21 9:00 Fun & Fitness 10:30 Dept. Head Meeting 1:15 AL Bingo 1:45 APT Drive	22 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:15 Women's Coffee 1:30 AL Drive 3:00 Hymn Fest 7:00 Bingo for All Pedicures	23 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:30 Coffee & Coloring 10:30 Greenhouse trip 1:15 APT Bingo 1:15 AL Dominoes Nat'l Taffy Day	24 9:00 Fun and Fitness 10:30 Craft 1:30 Wizard of Oz Movie 5:00 SPRING FLING!	25 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:00 Christian Video w/Ron 10:30 Grave Decorating 1:30 Flower Planting 7:00 The Jammers Nat'l Wine Day	26 1:15 Cards 4:00 Wellness Clinic
27 10:45 Catholic Communion 2:00 Church 4:00 Wellness Clinic	28 Memorial Day!	29 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:15 Women's Coffee 12:00 Picnic 1:30 Movie	30 8:00/10:00/1:00 Shopping 9:00 Fun & Fitness 10:30 Coloring & Coffee 1:15 APT Bingo 1:15 AL Dominoes 2:30 Sound Off	31 9:00 Manicures 9:00 Fun & Fitness 2:00 Blackjack		

**Pedicures:**  
Janie the pedicure lady will be here every 2<sup>nd</sup> and every 4<sup>th</sup> Tuesday of the month. They are \$25 and she will go to your apartment and do them for you 😊 make sure to watch the board to sign up. Thank you

**Birthdays**  
5/4/2018 Luella Harper  
5/4/2018 Iris Sturgis  
5/8/2018 Robert Mines  
5/10/2018 Dickie Fernau  
5/18/2018 Robert Dahlkoetter  
5/20/2018 Marie Kimball  
5/23/2018 Leona Nissen  
5/24/2018 Gordon Gerharter  
5/26/2018 Ginger Tillson  
5/30/2018 LauraNel Carlisle  
5/30/2018 William Merrill  
5/31/2018 Dean Wohlers

**Staff Birthdays**  
5/1/2018 Karen Johnson  
5/10/2018 Dalene Hurley  
5/10/2018 Lynette Peterson  
5/20/2018 Valerie Lewchuk  
5/23/2018 Sheryl Buss

**Welcome To:**  
June Stanley

**Farewell To:**  
Gladys Rosberg  
Julia Webster  
Margaret Nuesch  
Mary Kruse  
Elberta James  
Delmar Shipley

Start each day with a grateful heart! 😊