**CORNWALL**

**HOLYWELL BAY**

- Distance: 13km/8 miles
- Time: 4 hours
- Grade: Moderate

The glorious sweep of sand that makes up Holywell Bay.

**PLAN YOUR WALK**

**ROUTE**

Start/parking Holywell Bay NT car park, grid ref SW767587

Is it for me? Coast Path; quiet lane; grassy paths in dunes; clear footpaths

Stiles 3

**PLANNING**

Nearest town Newquay

Refreshments Holywell Bay

Public toilets Holywell Bay

Public transport Western Greyhound 587 from Newquay and Truro

Maps Ordnance Survey Explorer 104, Landranger 200

1 Start Leave car park and turn R along path next to road. Follow path as it bears L just before St Piran Inn. This is now the South West Coast Path. Keep ahead on sandy path, bearing L at large slate waymark.

2 1.2km/¾ mile

   The Coast Path climbs gently to pass round Penhalo Point. Follow Coast Path, waymarked by the acorn symbol, on to Hoblyn’s Cove, a deep, narrow cleft in the cliffs.

3 2.4km/1¼ miles

   From Hoblyn’s Cove keep on Coast Path as it goes out round headland of Ligger Point, giving a superb view over extensive Perran Sands to Perranporth. Reaching dunes behind beach the Coast Path passes an information panel at a small old quarry site and then arrives at a fork in the path.

4 3.6km/2¾ miles

   Leave Coast Path which forks to R and follow path to L, a permissive path marked with green waymarks. Follow this across an access track and keep to waymarked path ahead as it undulates across dunes parallel to beach. Be sure not past southern end of woodland, bearing L again a moment later, and follow it to gate into field at far end.

**GRADIENT PROFILE**

**O2**

**DORSET**

**GOLDEN CAP**

- Distance: 10.5km/6½ miles
- Time: 3½ hours
- Grade: Moderate

Golden Cap is the highest point on the south coast of England.

**PLAN YOUR WALK**

**ROUTE**

Start/parking Seatown car park, grid ref SY422918

Is it for me? Field paths; country lanes; steep climb; exposed sections

Stiles Several

**PLANNING**

Nearest town Bridport

Refreshments Anchor Inn in Seatown

Public toilets Seatown

Public transport None to start

Maps Ordnance Survey Explorer 116, Landranger 193

1 Start From car park, walk northwards up Sea Hill Lane, towards Chideock, carrying on past South West Coast Path (SWCP), until you reach stony lane on L. Turn up here, passing to south of Sealphill House, and climb gently towards woods of Langdon Hill. Fork L onto Pettacrake Lane as it heads to ‘St Gabriels’ and then ‘Upcot Farm’. Turn R here onto stony track heading uphill, and follow it for about 1.2km, going through gates along way, until you come to road at Ship Knapp.

2 1.5km/1 mile

   Ignoring path into woods on R, carry straight on through gate, bearing R to go into next field about halfway down hedge. Follow path as it skirts perimeter of Filcombe Wood and travels along lane past Filcombe Farm. Carry on along lane, ignoring paths leading away on either side, along hedge to Muddyford Lane.

3 2.5km/1¼ miles

   Turn L onto road and follow it downhill and up again, past Norchard Farm, to Pickaxe Cross, where there are NT signs

4 4.2km/2¾ miles

   Turn L and continue...
straight ahead past buildings until you come to the hard standing area by last farm. Take footpath along track heading uphill to your L from here, and follow it for about 1.2km to car parking area at end of rough road along the ridge of Stonebarrow Hill.

5 5.2km/3¼ miles
After passing through a kissing-gate, continue ahead into a natural valley running across dunes to the sea. Turn L here and follow sandy path inland. When it forks, bear L to reach MoD boundary and follow path alongside fence to arrive at St Piran’s Oratory.

6 5.2km/3¼ miles
From the oratory continue in the same direction, heading towards a stone medieval cross just visible on the horizon. Walk to cross, which is next to St Piran’s Church.

7 5.6km/3½ miles
From church go to medieval cross and take path which heads roughly towards some farm buildings on skyline and marked by a small white stone. Follow most obvious path, marked by occasional white stones and, later, waymark posts, until it arrives at a surfaced road.

8 6.8km/4¼ miles
Turn L. Descend through hamlet of Mount until road takes a sharp turn R at bottom.

9 8.8km/5½ miles
Bear L along track and keep ahead as it becomes a footpath. Path then passes Holywell Bay Holiday Park before continuing on to arrive at Holywell Bay car park.

10 10km/6¼ miles
Climb to a junction of paths and turn L. Follow obvious path on a green lane, across fields then behind some houses until it arrives at a surfaced track at Ellenglaze.

11 10.8km/6¾ miles
Bear R along track and head to the military training area, marked by red and white posts.

4.8km/3 miles
After passing through a kissing-gate, continue ahead into a natural valley running across dunes to the sea. Turn L here and follow sandy path inland. When it forks, bear L to reach MoD boundary and follow path alongside fence to arrive at St Piran’s Oratory.

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From the oratory continue in the same direction, heading towards a stone medieval cross just visible on the horizon. Walk to cross, which is next to St Piran’s Church.

6 5.6km/3½ miles
From church go to medieval cross and take path which heads roughly towards some farm buildings on skyline and marked by a small white stone. Follow most obvious path, marked by occasional white stones and, later, waymark posts, until it arrives at a surfaced road.

7 6.8km/4¼ miles
Turn L. Descend through hamlet of Mount until road takes a sharp turn R at bottom.

8 8.8km/5½ miles
Turn L off road and immediately bear R onto a footpath. Follow path along R edge of an open, grassy area then through trees and reeds to a footbridge over a stream.

10 10km/6¼ miles
Climb to a junction of paths and turn L. Follow obvious path on a green lane, across fields then behind some houses until it arrives at a surfaced track at Ellenglaze.

11 10.8km/6¾ miles
Bear R along track and head to the military training area, marked by red and white posts.