



PROSKIDA's cross country ski performance system includes an instrumented ski pole grip, a mobile app, and a cloud-based analysis service



Cross-country skiing specific tool

Proskida quantifies sub-technique choices, effort, force, and sport-specific performance

Move grips between poles

Proskida's proprietary coupler allows grips to be easily moved between poles without tools

Poles require no modifications

Proskida's coupler mounts like typical grip and Proskida's grips use standard adjustable straps



Instantly analyze performance

Proskida makes the relationship between technique, effort, force and terrain highly visible and measurable

Track performance over time

Quantify changes in performance over the season to better understand the impact of the training program

Coaches can compare multiple athletes

Coaches can compare multiple athletes on the same terrain to explain differences in performance and results

Coaches can evaluate performance

A single coach or coaching team can monitor and react to data received from athletes world-wide in near real-time

Secure your team's spot to start measuring real-time performance and efficiency data months ahead of a commercial launch

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