



VISIT



LEFT-RIGHT:
View of Mt Warning from Tweed River, Krishna Village
Eco Yoga Community (photo supplied), Margaret Olley
Gallery.

TWEED REGIONAL GALLERY

With a busy calendar of regularly revolving exhibitions across six different spaces, this is the place to see the work of talented local artists. A highlight is the Margaret Olley Gallery, which celebrates the legacy of its namesake, Margaret Olley, Australia's most celebrated painter of still life and interiors. The gallery includes an impressive recreation of areas of Margaret's famous Sydney home studio, including more than 20,000 items she collected as subject matter for her paintings. Stay for a coffee afterwards, from a cafe with magnificent panoramic views over the Tweed River and mountains.

HEALTH RETREATS

Staying over? If eco day spas and health retreats are your idea of a holiday, then you'll want to pencil in an extended trip to Murwillumbah. The sustainable award-winning Gynea Eco Retreat offers health, yoga and meditation retreat experiences with organic day spa body treatments, while at Crystal Creek Rainforest Retreat you can stay in elegant bungalows nestled carefully amid pristine rainforest, with care taken to protect and restore the ecosystem and minimise the impact on the unique surroundings. Switch off at the environmentally conscious Wychwood Forest Escape secluded cottages or get back to nature in luxury hinterland chalets with ecOasis.

KRISHNA VILLAGE ECO YOGA COMMUNITY

Nestled at the base of Mount Warning, this Hare Krishna-owned, 1000-acre Certified Organic property aims to "provide the blueprint of a simple, mindful, spiritually based lifestyle". Affordable eight-day yoga retreats are offered or you can work on the farm for a few hours each day in exchange for free accommodation. Take a yoga or meditation class, relax or heal with reiki or deep tissue massage in the wellness centre, refresh in a swimming hole or re-evaluate your priorities with a life-coaching session. Every Sunday the temple grounds open for the popular Sunday feast, serving up organic vegetarian food, much of which is grown by Krishna Village.

MURWILLUMBAH MARKETS

A variety of locally farmed and seasonal produce – often sold by the farmers themselves – is available at the weekly Farmers' Markets, held each Wednesday from 7am to 11am at the Murwillumbah Showgrounds. Grab your reusable bags and fill up on freshly baked bread, local coffee, organic eggs and a huge range of meats, veggies, fruits, nuts and dairy products. On the fourth Sunday of each month, an additional artisan market is held, featuring about 100 stalls packed with handmade gifts, exotic foods and locally made souvenirs.

more must-dos

YELLOW BRICK STUDIO

Art and craft supply store, drawing and art classes and a gallery featuring exhibitions from local artists.

FARMERS CHOICE ORGANICS

Boutique nursery specialising in Certified Organic traditional, seasonal vegetable seedlings.

TROPICAL FRUIT WORLD

Theme park where the rides involve tractors and the attractions are the 500 species of sustainably farmed tropical fruit.

KADAMBA ECO HAIR SALON

Hair salon using natural and organic products, treatments and hair colours.