

Sweet Cane Café

– University of Hilo – Student Life Center –
(808) 932-7604 8am - 6pm

-SMOOTHIES-

cane juice based
\$5.75 | 16oz \$7.75 | 24oz

- Acai Smoothie** acai, banana, berries, macnut milk (no cane)
 - Blue Crush** coconut milk, blueberries, banana, ice
 - Chocolate Crave** banana, peanut butter, cacao, ice
 - Coconut Matcha** coconut milk, matcha green tea, vanilla, ice
 - Go Green** kale, parsley, banana
 - Tropics** mango or lilikoi, banana, coconut milk, ice
 - Hawaiian Supa'man** taro, banana, macadamia nut butter
 - Pitaya** pitaya (dragonfruit), berries, banana
 - Protein Shake** cane, macnut milk, hemp & pea protein, avocado, banana
- extras +75¢** bee pollen . chia seeds . pea protein . hemp protein . hemp seeds . honey . spirulina . goji berries

-BOWLS-

\$7 | 16oz \$10 | 24oz

- Acai** acai, berries, banana, macnut milk, homemade granola & coconut
- Pitaya** pitaya, berries, banana, cane, homemade granola & coconut flakes
- + \$2 **Omega** + chia, hemp, bee pollen & honey
- + \$2 **Super** + kale, spirulina, chia, hemp seeds, and honey
- + \$2 **Cacao** + house made cacao sauce, cacao nibs

-DRINKS-

\$4 | 16oz \$6 | 24oz
Local Iced Tea · Cane Juice · Lemon Limeade · Kona Cold Brew
\$5 | 16oz \$7 | 24oz

- Macaccino** cold brew, cane, macnut milk, cacao, maca
- Ginger Kick** cold brew, cane, hemp seeds, ginger, vanilla
- Wake Up Spice** cold brew, cane, coconut milk, cinnamon, cayenne

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-SALADS & WRAPS-

\$7.50 salad
\$8.50 wrap
+ side protein \$3

Farm Fare

organic tossed greens, carrots, cucumbers, tomatoes, sunflower sprouts, and a side of house made sauerkraut, with papaya seed dressing

Vegan Caesar

organic baby romaine, croutons and micro greens with a house caesar dressing and a side of balsamic eggplant

Kale Salad

garden fresh organic kale with seasonal toppings and dressings

Chef Salad

organic lettuce topped with cucumbers, tomatoes, local egg, cheddar cheese and creamy herb dressing

-SANDWICHES-

Avocado Sandwich | \$7.50

avocado, cheddar, carrots, cucumber and sprouts

Sprouted Wheat Bagel | \$6.50

cream cheese, avocado, and sprouts

Fish Sandwich | \$8.50

fresh fish sautéed in lemon & garlic, lettuce, tomatoes

-BENTO BOXES-

build your own \$9

Starch brown rice . quinoa
Protein local fish . Puna Chicks chicken . organic tempeh
Vegetables garden salad

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\$8.50 wrap
+ side protein \$3

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