

## MISSISSIPPI MUD ROAST

- **Your favorite healthy recipe - Mississippi Mud Roast: Place chuck or rump roast into a crock pot, and cover with ½ jar of pepperchinis (juice AND peppers), 1 pack of dry ranch, 1 pack of dry onion soup, 1 stick of butter, salt and pepper to taste, carrots, mushrooms, and onion. (Potatoes are optional.) Cook on low for 6-8 hours and enjoy!! (before photo attached)**

Submitted from Kayla Cerventas - Lewiston, ID

