Top Bridge has been declared one of the Mount Arrowsmith Biosphere Region’s 10 Amazing Places!

Top Bridge is the junction of three parks and a conservation area along the Englishman River, tied together by Top Bridge Crossing suspension bridge. The water that flows through this canyon has been a source of life for humans, wildlife, and plant species for time immemorial. This Amazing Place continues to bring people together through leisure and stewardship.

The Amazing Places Project connects people with nature in Canada’s UNESCO biosphere reserves and educates residents and visitors about the ecological significance of well-loved, publicly accessible outdoor spaces. The project was brought to BC through a collaboration between the Mount Arrowsmith Biosphere Region and Parksville Qualicum Beach Tourism. All Amazing Places were nominated by the public.

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2016 myPQB Story Contest 11 Prizes to be Won!

Enter by November 14: mypqb.ca/mypqb-story-contest
Announcing the Heritage Forest in Qualicum Beach as one of the Mount Arrowsmith Biosphere Region’s 10 Amazing Places!

Alive this time of year with fascinating fungi, the Heritage Forest is a powerful story of community-led conservation and stewardship in the heart of the Town of Qualicum Beach. Besides its natural beauty, the Forest protects and nourishes the salmon-bearing stream known as Beach Creek and is home to Barred owls and Pileated woodpeckers who inhabit the wildlife trees among the old-growth. A breathtaking haven with much to teach us.

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2016 myPQB Story Contest

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11 Prizes to be Won!
MacMillan Provincial Park has made it to the list of 10 Amazing Places in the Mount Arrowsmith Biosphere Region!

In a cathedral-like grove of old-growth Douglas firs, MacMillan Provincial Park is known for its majestic grandeur. A network of trails guides you through a gathering of ancient trees—some over 800 years old. Less obvious to the eye are the small wonders that live within the overarching canopy: lichens, insects, and birds. Something new to take in on your next visit.

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Parksville Community Park receives the Amazing Place designation in the Mount Arrowsmith Biosphere Region!

A beloved gathering place for residents and visitors alike, the Parksville Community Park is located along a picturesque and ecologically significant stretch of the Salish Sea. This park was designed to connect people with nature and to call attention to incredible natural phenomena such as the Brant geese who pause here every spring to feed on herring roe on their journey from Mexico to Alaska. This Amazing Place is the jewel of Parksville.

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Little Qualicum Falls Provincial Park joins the list of 10 Amazing Places in the Mount Arrowsmith Biosphere Region!

Embraced by a lush forest and steep mountain peaks, the breathtaking waterfalls that cascade through a rocky gorge make Little Qualicum Falls Provincial Park a natural gem of the region. The Little Qualicum River watershed starts its journey at Labour Day Lake on Mount Arrowsmith, passing through Cameron Lake before entering the Salish Sea. Many different species of fish depend on the Little Qualicum River for habitat, including steelhead, coastal cutthroat trout, rainbow and brown trout, and chinook salmon.

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Milner Gardens & Woodland is declared an Amazing Place in the Mount Arrowsmith Biosphere Region!

Experience the magic of 28 hectares (70 acres) of unspoiled natural beauty perched on the edge of an oceanside bluff overlooking the Salish Sea. Stroll the winding pathways and magical surroundings of an ancient coastal Douglas fir forest. Find peace and tranquility as you meander 3 hectares (10 acres) of woodland gardens lined with rhododendron, cyclamen and trilliums. Welcome to Milner Gardens & Woodland, an Amazing Place indeed.

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AMAZING PLACES

Englishman River Falls Provincial Park joins the growing list of Amazing Places in the Mount Arrowsmith Biosphere Region!

One of five BC Parks found within the Mount Arrowsmith Biosphere Region, Englishman River Falls Provincial Park features two magnificent waterfalls and is set within a lush old-growth and second-growth forest of Douglas fir, cedar, hemlock, and maple. Breathtaking views, hiking trails, a deep crystal-clear pool for summer swimming, and an ideal place to view salmon spawning in the fall are several reasons to celebrate this Amazing Place. Not to forget is the ecological significance of the Englishman River, an invaluable source of life for plant and fish habitat and for the people who drink daily from its waters.

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REMINDER FOR RDN CURBSIDE COLLECTION CUSTOMERS

Over Christmas and New Years, garbage, recycling and food waste pick-ups will change due to statutory holidays. Check your RDN collection schedule to ensure you put out the correct bin on the correct day. Download the RDN Curbside App, or visit www.rdn.bc.ca/curbiddeschedules to view or print your collection calendar.

Reminder to RDN Residents:
• Your 2016 Curbside Calendar ends December 31, 2016. Turn it over for 2017 Collection Calendar.
• If you have lost or thrown out your calendar, download the RDN Curbside App to view your schedule and any updates on collection disruptions.
• If you are unsure of whether you can recycle a certain item, use the ‘What goes where’ feature in the RDN curbside app. You can also visit www.rdn.bc.ca/curbside to look up the item and learn if the item goes into your Blue Bin, Green Bin, Garbage or if it can be taken back to a depot.
• If you do not have a wireless device or access to the internet please call Solid Waste Services at 250-390-6560, and we will happily mail you a copy of your calendar.

Please note: This information applies to curbside collection customers served by the Regional District of Nanaimo. City of Nanaimo residents should check with the City for information on the City’s collection service.
Cameron Lake is named one of 10 Amazing Places in the Mount Arrowsmith Biosphere Region!

Surrounded by Mount Arrowsmith to the south and Mount Wesley to the north, Cameron Lake’s deep cold water is a favourite destination for locals and visitors to swim, fish, and sailboat. The lake is fed by the Little Qualicum River, which flows from its highest point at Labour Day Lake on Mount Arrowsmith. Part of the Little Qualicum Falls Provincial Park, Cameron Lake and its connected watershed are extremely important for many different species of fish and other creatures like the otter.

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TUESDAYS: Keep Fit, Bag Baseball, Darts, Tile Rummy, Tai Chi
FRIDAYS: Knitting, Line Dance, Bridge, Mexican Train, Maj Jong, Yoga

PARKSVILLE SENIORS’ ACTIVITY & DROP-IN CENTRE (P.S.A.D.I.C.)
144 Middledton Avenue
Mon to Friday 5pm - 8pm

Have a Safe and Merry Christmas!
We are closed Mon. Dec. 26
Amazing Places

Notch Hill is an Amazing Place in the Mount Arrowsmith Biosphere Region!

The southernmost Amazing Place designated in the region, Notch Hill provides incredible views of the land and surrounding waters and is home to the impressive yet endangered Garry oak ecosystem. This ecosystem is a rich mosaic of plant, animal and insect species. Garry oaks (Quercus garryana) themselves are the only native oak trees in western Canada (west of Manitoba). To experience the beauty and unique attributes of this Amazing Place, visit Notch Hill.

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Parksville Qualicum Beach Tourism Association is proud to sponsor “Amazing Places”

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Find complete event info online and on our apps.
Rathrevor Beach Provincial Park is the 10th Amazing Place to be designated in the Mount Arrowsmith Biosphere Region!

With almost a kilometre of sandy beach at low tide, a panoramic view of the Coast Mountains across the Salish Sea, and the spectacular Brant migration occurring each spring, it is no wonder that Rathrevor Beach attracts an average of more than 500,000 visitors annually. Waves, wind, and other natural processes shift the sand along the shoreline, forming coastal dunes, an endangered ecosystem where native plants rely on specialized adaptations to survive. While you admire the view, don’t forget to look down at your feet, and consider the understated, resilient beauty of life on the shores of Rathrevor.

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